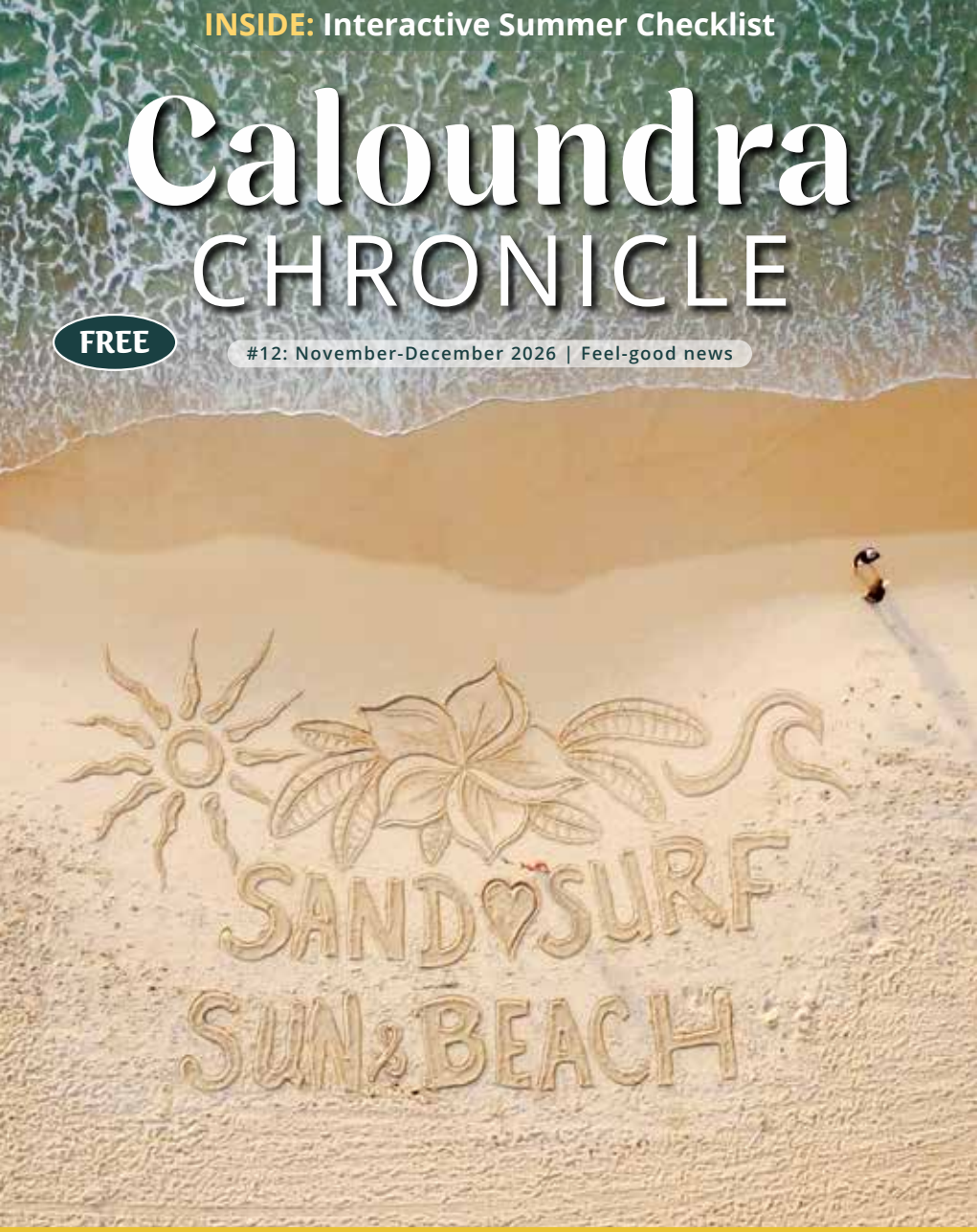
INSIDE: Interactive Summer Checklist

Caloundra CHRONICLE

FREE

#12: November-December 2026 | Feel-good news



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MORE THAN A BEACH BAR

IT'S WHERE THE COAST HANGS OUT







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BEACH BAR Kings Beach

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KINGS BEACH
(07) 5341 8475

1768 DAVID LOW WAY
COOLUM BEACH
(07) 5471 2917

BEACH BAR Coolum Beach

THEBEACHBARS.COM.AU

EDITION #12
NOV-DEC 2026

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We recognise the Kabi Kabi and Jinibara peoples as the traditional custodians and storytellers of Sunshine Coast. We honour elders past, present and emerging.

Dear Readers

What a year! What a place! What a community!

As I sit here putting the finishing touches on our final edition for 2026, just minutes before sending the file to the printer, I find myself unexpectedly moved to tears.

I'm exhausted and I've spent far too many hours in front of a computer. But my heart is full.

This year has brought its fair share of challenges, along with wonderful new connections and opportunities.

Through the collective support of this community, Caloundra Chronicle is becoming the publication I first envisioned.

A place for people-centred stories, feel-good news and celebrating this special corner of the world. A platform for local businesses to share their stories, build trust and connect with their community.

What has impressed me most since launching the Chronicle is the remarkable talent, generosity and spirit of Caloundra.

So many wonderful humans have come into my circle, and bringing their stories together in one place, while hearing how eagerly readers await each new edition, means so much.

As I reflect on the year, my thoughts also turn to the future.

The world is changing at a dizzying pace. Artificial intelligence is finding its way into almost every aspect of our lives, and at times it feels overwhelming, even frightening.

Yet I know that much of what we need lies in reconnecting with what has always sustained us. Nature. Community. Human connection.

Growing our own food, rethinking education, protecting our natural environment and learning to live more gently upon the earth are all essential to our children's future.

We have taken so much from this planet. Perhaps now is the time for greater humility, to listen to those who have cared for Country for generations and to embrace a more sustainable way of living.

I believe strongly in localisation, environmental stewardship, creative innovation and building resilient, self-sufficient communities. There are extraordinary people already leading the way, and I want Caloundra Chronicle to continue sharing their stories, championing local enterprise and celebrating those working in harmony with nature.

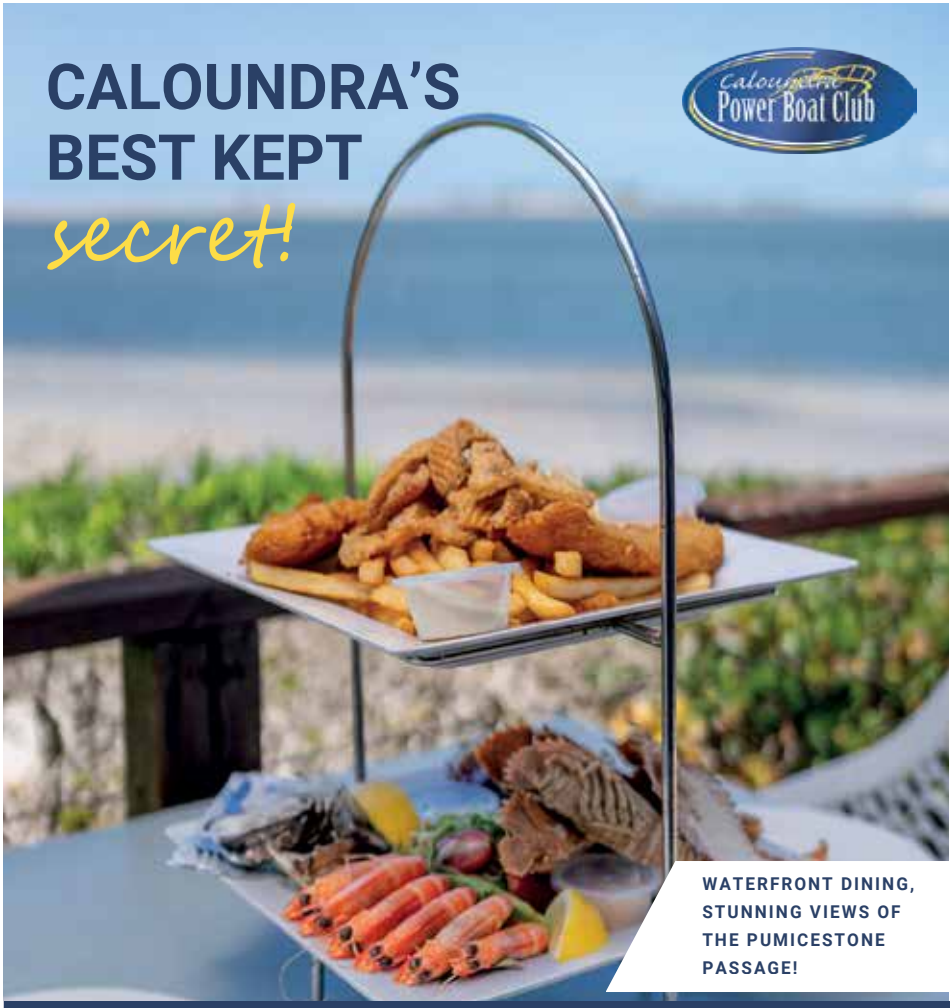
Despite the uncertainty in the wider world, I remain hopeful. There is so much goodness around us, and so much we can achieve together. Thank you for being here, for reading, contributing, encouraging and believing in what we're creating.

Here's to a beautiful summer!

Alana Hall

CALOUNDRA'S BEST KEPT *secret!*

Caloundra Power Boat Club



WATERFRONT DINING, STUNNING VIEWS OF THE PUMICESTONE PASSAGE!

UPCOMING EVENTS AT THE CLUB!



PETE ROWSTHORN LIVE
Dinner & Show
FRIDAY 13 NOV



BEER, WINE & JAZZ FESTIVAL
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SUNDAY 29 NOV



NYE - THE AUSSIE DOLLY SHOW
Dinner & Show
THURSDAY 31 DEC

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caloundrapowerboat.com.au

Your Caloundra Summer Checklist



Summer in Caloundra is here, so we've put together a checklist of local favourites to help you make the most of it! How many can you tick off before the holidays are over.

Live Music Sundays at Bianco Italian

Summer evenings are looking even more inviting at Bianco Italian, where exceptional Italian cuisine, fine wines and live music make for a beautiful combination.

Throughout the Queensland school holidays, from 13 December to 31 January, Bianco will host live music every Sunday from 5pm to 8pm, weather permitting.

Wine lovers can also look forward to the return of Bianco's popular wine dinners in late January, with the next instalment exploring the wines and flavours of Italy's Veneto region.

With more than 200 wines to discover Bianco is a lovely spot to savour summer.

Bianco Italian: 5 Tay Ave, Caloundra

Asian Street Food at Chiobu

Caloundra's newest dining hotspot, Chiobu, brings bold Asian street food, creative cocktails and late-night energy to Bulcock Beach.

Opened in October by local hospitality duo Matt and Mon Savage, Chiobu serves up a mouthwatering mix of Asian favourites, including karaage chicken bao, Peking-style duck pancakes, sizzling Taiwanese chicken and massaman beef cheek.

The vibrant venue features neon lighting, colourful murals by Sunshine Coast artist Marianna Siqueira and a playful cocktail menu, including the signature Chiobu Pretty Lady.

Chiobu: 30 The Esplanade, Bulcock Beach


King Beach


BEACH BAR
BEACH BAR





Kings Beach Bar

With its unbeatable beachfront location, laid-back atmosphere and passion for supporting local, Kings Beach Bar has all the essential ingredients for a cracking Caloundra summer. And with its 10th anniversary approaching in 2027, there's even more reason to raise a glass!

Overlooking one of the Sunshine Coast's most loved beaches, Kings Beach Bar has spent almost a decade serving up freshly prepared dishes, craft beers, classic cocktails and outstanding hospitality.

It's the kind of place where an afternoon can easily slip away over a few drinks and a good feed, with ocean views, salty sea breezes and live music adding to the holiday atmosphere.

With live music every Wednesday and Thursday from 5pm and Sundays from 4pm, there's always a good reason to drop in. The ocean views certainly help, but it's the friendly faces and strong community connections that keep locals and holidaymakers coming back year after year.

The team is truly the heart and soul of Kings Beach Bar. Director Jonny Giles, Operations Manager Ky Graham, Executive Chef Glen Cameron and Head of Leadership and Experience Leo Zupanic lead a passionate crew of chefs, bartenders and hospitality professionals who make everyone feel right at home.

And while hospitality is their business, giving back to the community is something the team takes seriously.

Over the years, Kings Beach Bar has supported a range of local causes, including a beach clean-up in partnership with Hidden Sea Wines, Nate's Steps for STEPS and the venue's own October Brunch for a Cause, which donates $10 from every booking to support breast cancer awareness and research.

That local loyalty extends to what's on the menu and behind the bar. Through its Tap Into Local campaign, Kings Beach Bar is shining a spotlight on Sunshine Coast producers and encouraging customers to think about where their money goes.

Local favourites Your Mates Brewing, Heads of Noosa and Moffat Beach Brewing Co. are among the independent brewers celebrated through the initiative.

Approximately $9 out of every $10 spent across its venues flows back into the Sunshine Coast economy through local suppliers, products and services.

It's a philosophy that makes enjoying a locally brewed beer overlooking the ocean taste that little bit sweeter!

And there's plenty brewing for 2027.

Alongside celebrations marking a decade of Kings Beach Bar, the Beach Bars family is planning to expand into a new location, bringing a fourth venue into the fold.

But first, there's a glorious Caloundra summer to enjoy. With refreshing cocktails, delicious coastal dining, locally brewed beers and live tunes three days a week, Kings Beach Bar invites you to pull up a chair and settle in for a sensory experience that celebrates the simple pleasures of life by the beach.

1/8 Levuka Ave, Kings Beach





Follow the Sun with

Saltwater Eco Tours

Some evenings are meant to be savoured. Picture a golden sunset, the gentle sway of a sailing boat and a cool sea breeze offering welcome relief after a hot summer's day. A refreshing drink is placed in your hand as the soulful sounds of live music fill the deck, setting the mood for a beautiful evening on the water.







Simon and Jenna, the passionate couple behind Saltwater Eco Tours have captured this simplicity with their Sunset Cruise with Live Music, an experience that invites guests to slow down, settle into a live soundtrack and appreciate the extraordinary beauty of our own backyard.

And what a vessel to experience it aboard. Spray of the Coral Coast is a magnificent 118-year-old, 58-foot gaff-rigged Huon pine ketch, steeped in maritime history and brimming with old-world character. Her polished timber, traditional rigging and weathered charm lend a sense of nostalgia to an evening on the water.

As the afternoon light softens over Mooloolaba, local musicians take to the deck, their melodies mingling with the sea breeze and gentle movement of the boat.

There's something wonderfully intimate about live music in this setting. No crowded venue or bustling bar, just a small gathering of people sharing the pleasure of a beautiful performance in an equally beautiful place.

Simon and Jenna have put their hearts into Saltwater Eco Tours, and their affection for the ocean, the vessel and the local creative community is evident in the thoughtful details. Their sunset cruises have become a distinctive stage for Sunshine Coast musicians, bringing audiences and artists together.

Artisan grazing boxes and beautifully crafted cocktails complete the experience, with plenty of time to enjoy good company as the last of the daylight slips away.

With the holiday season approaching, a sunset cruise is a lovely way to reconnect with friends or introduce visiting family to another side of the Sunshine Coast.

Saltwater's Mooloolaba Bushtucker Cruise offers another memorable experience, with a local host sharing stories of Country, history, ecology and sustainable practices as guests explore the waterways and discover a deeper connection to the region's cultural heritage.

saltwaterecotours.com.au



Club Pelican Bowls: on for young and old

Move over, old-school bowls! The humble Aussie bowlo is enjoying a revival, and Club Pelican is getting in on the action, opening its greens every Sunday for a new generation to gather their mates and enjoy some friendly competition with Barefoot Bowls.

Once associated with retirees, crisp white uniforms and strict etiquette, lawn bowls is shaking off its traditional image and finding a new following.

Barefoot bowls has brought a fresh, social spin to this much-loved Australian pastime, welcoming families, friends and younger players onto the greens for a relaxed afternoon of laughs, bowls and perhaps a little healthy rivalry.

And the best part? You don't need experience, fancy equipment or even a particularly good aim. Beginners can have just as much fun as seasoned bowlers, although those deceptively tricky bowls have a habit of keeping everyone humble!

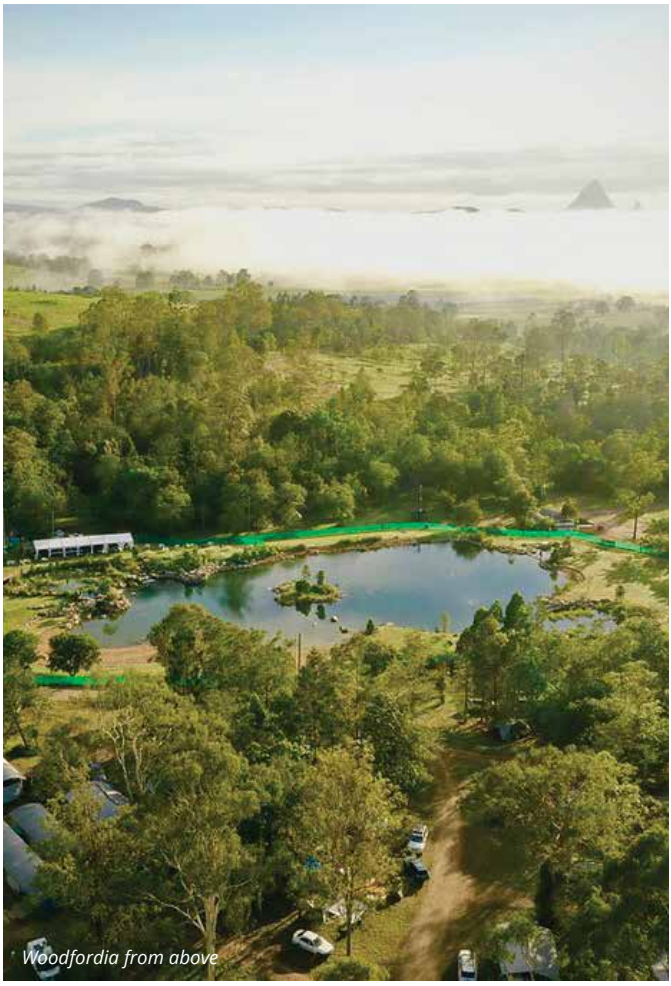
Now Club Pelican at Pelican Waters is getting in on the action, inviting the community to enjoy its new Sunday Sesh Barefoot Bowls.

Held every Sunday, bookings are available between 11.30am and 6pm, with bowls and instruction provided. Group bookings and corporate events are welcome, with restaurant, bar and gaming facilities available.

And one little twist: despite the name barefoot bowls, shoes must be worn.

Call the club on 07 5492 1032 to book.


Hot Potato Band


Woodfordia from above


Frank Yamma


Child with Woodfordia Elders


Georgia Mooney









A World of Wonder Awaits at

Woodford Folk Festival

There's a certain magic about Woodford Folk Festival that's hard to put into words, yet keeps drawing people back year after year. Perhaps it's the music floating through the trees, the colourful parade of eccentric characters, the late-night conversations over chai, or that delicious feeling of wandering without a plan and finding yourself somewhere extraordinary.

For six glorious days, from 27 December to 1 January, Woodfordia becomes a world of its own, alive with music, art, ideas and imagination. Celebrating its 39th year, the festival welcomes 2,800 artists and presenters from 14 countries, alongside representatives from 42 Indigenous Nations. And it's all happening just up the road from Caloundra.

The musical line-up is a feast for the ears. Australian rock legend Peter Garrett takes to the stage with The Alter Egos, while the incomparable Kate Miller-Heidke brings her soaring vocals and theatrical brilliance. Tim Freedman reimagines The Whitlams' beloved songs with an atmospheric country twist in Moonlit Deck.

There's a wonderful collection of homegrown talent to discover, including Emma Donovan's soulful Take Me to the River, Jem Cassar-Daley, Kim Churchill, The Maes and the irrepressible Pierce Brothers.

The Herd celebrates 20 years of The Sun Never Sets, Vikki Thorn of The Waifs spreads her wings as ThornBird, and the Hot Potato Band promises the sort of infectious energy that makes standing still almost impossible.

From further afield, Irish and UK quartet Flook returns to Australia after more than two decades, joined by English folk singer Katherine Priddy, Aotearoa's Theia, Estonia's enchanting Duo Ruut and Canadian favourites The East Pointers.

But some of Woodford's finest moments happen far from the main stages.

Follow a winding path and you might encounter a poet holding court beneath a tree, a circus performer defying gravity, or a spontaneous jam session that stops you in your tracks.

Colourful market stalls brim with handmade treasures, delicious aromas drift from bustling food stalls, and laughter spills from comedy tents. →

There's cabaret, dance, workshops and enough curious little corners to keep even the most seasoned Woodfordian exploring.

First Nations culture holds a meaningful place in the festival, with performances from Jinibara Dance Group and Gubbi Gubbi Dance, alongside the beautiful voices of Stiff Gins and Frank Yamma. Stories, conversations and cultural experiences invite festival-goers to listen and connect with the world's oldest living cultures.

When the summer sun gets a little enthusiastic, the cool waters of Lake Gkula offer a refreshing escape. As dusk settles, lanterns glow, stages come alive and Woodford takes on another personality entirely. Somewhere in the Chai Tent, strangers become friends over steaming cups and conversations that stretch long into the night.

And then there's New Year's Eve, when thousands gather beneath the stars to farewell the old year and welcome the new, surrounded by the warmth and collective spirit that makes this place so special.

Set among the trees on Jinibara Country, Woodford has a beautiful way of making grown-ups feel like children again. Curiosity is rewarded, eccentricity is celebrated, and there's always another delightful surprise around the corner.

If you've never experienced it, perhaps this is your year. Pack your dancing shoes, your sense of adventure and a pair of gumboots, just in case. And leave the timetable a little loose - the best Woodford stories are often the ones you never planned.

Find out more and book tickets: woodfordfolkfestival.com



Maximum Fun Minimum Cost This Summer

The summer holidays are fast approaching, and it won't be long before those dreaded words start ringing out: "I'm bored!" But keeping the kids entertained doesn't have to cost a fortune. Sue Warren shares a few simple, budget-friendly ideas to spark their imaginations and keep the holiday boredom at bay!





Mystery Tours

Use public transport to go to places you never really visit. Catch a train from Landsborough and go either up or down. Jump off wherever and do some exploring such as a museum or a bookshop. Or grab a bus and tootle around the coast – where will you end up?

Library Love

Caloundra City Library has a great program lined up throughout December and January.

Festive Fun: Let your imagination flow and create festive decorations for the tree, as gifts or just for fun.

Santa mail: Write a letter to Santa and mail it at your local library.

Dr Seuss Activity Station: Test your knowledge of Dr Seuss characters and stories with fun mazes, tricky word. searches, dot-to-dots, colouring and more!

Paddle Pop Builds: Turn the humble paddle pop stick into crazy-cool art.

Frisbee Decorating: Decorate a frisbee and enjoy playing with friends and family over the holiday period.

Badge making: Use foam and felt to create your own masterpiece

Bushwalks

Look up some of the many short walks at Visit Sunshine Coast. Pack a picnic, take your water, wear your hat and sturdy shoes and off you go!

Kids in the Kitchen

Simple cooking is always fun! Try out no-bake slices, funny face biscuits, pancake people, fruit salad or mini-muffin pizzas.

Nature Art

Collect bits and pieces on your bushwalks like seed pods, dried leaves, interesting twigs, or shells from the beach and start crafting. Xmas decorations? Bark art? Hot glue for older kids, PVA for the young ones. Limited only by imagination!

Animal Yoga

There are plenty of fun animal-inspired yoga poses to discover online. Try stretching like a cat, arching like a cobra or balancing in Downward Dog. Try out some of the poses and then create your own.

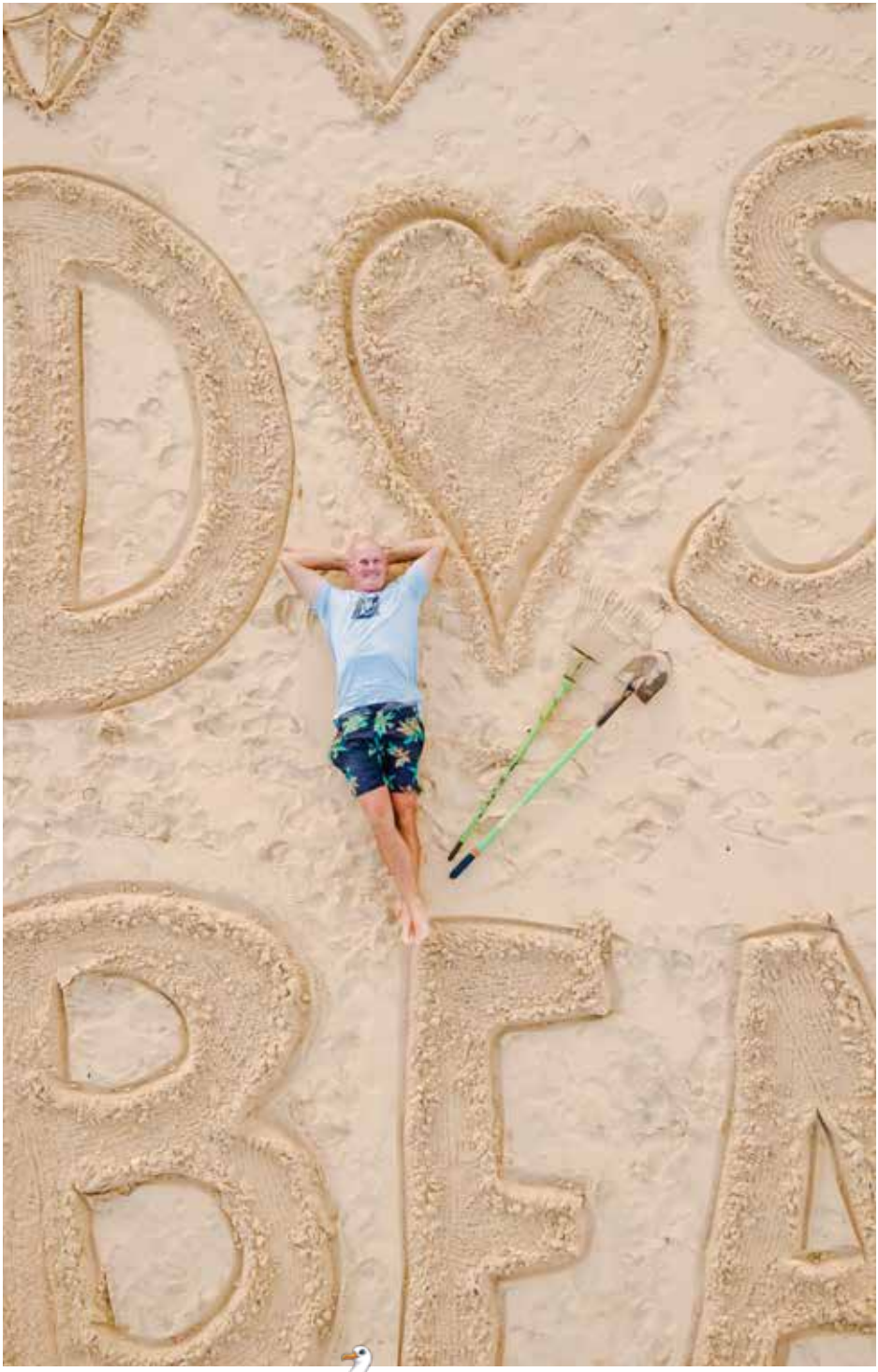
Beach Babes

Of course, the beach is prime for us on the Sunny Coast but maybe try out a different one to your usual or something more out-of-the-ordinary like rock-pooling. Always remember to be safe. Swim between the flags and don't forget the hats and rashies!

Christmas Prep

Involve your kiddos in your preparations for the family's celebrations. They may surprise you with great ideas!

Most importantly, enjoy the time together, make some happy memories and have a wonderful Christmas!



Rakey Master

Coolum artist Owen Cavanagh has long drawn inspiration from the ocean, combining his love of surf culture with a passion for art and community connection. His distinctive airbrush creations are familiar to many locals, but now, under the playful moniker The Rakey Master, Owen has taken his art to an even bigger canvas — the beach.

His spectacular large-scale sand designs are making an impression of a different kind along our coastline. And while the incoming tide eventually washes away his handiwork, the connections and conversations they inspire have a way of lasting much longer.

Armed with a simple rake and a little imagination, Owen has discovered a way of bringing complete strangers together.

"People stop and communicate with each other, asking who did it and why."

And sometimes, the response is emotional.

"Recently, a lady came up to me and she started to cry," he recalls. She recognised Owen from a recent Coolum artwork featuring a whale and the words Life Is Good, which attracted more than 400,000 views on social media.

"She had been going through some things and my message hit home. I get that a lot. It's really special."

Then there are the spontaneous rounds of applause.

"People passing by on their morning walk often stop to watch. Somebody will start clapping and everyone joins in. It's very touching."

It's a remarkable response to something that began with Owen simply picking up a rake and giving it a go.

His friend Kerry, of Kezign, has documented his sand art from the very beginning. Her first social media reel attracted more than 100,000 views, and his second creation caught the attention of The Courier-Mail.

Each artwork takes between one and two hours, although Owen admits he sometimes has to make himself stop.

And there's an added fitness benefit.

"It's a really good core workout!" he laughs, recalling how sore he felt after his first attempt.

A recent visit to Happy Valley revealed another surprise. While outlining his design with a shovel, Owen uncovered dark mineral sand beneath the lighter surface.

"As soon as I put the shovel in, it created a black line around the edge. I thought, wow, it really makes it pop."

"But it's not just about being creative; it's about sharing and connecting with each other," he says.

Owen has been busy creating beautiful sand art commissions for private celebrations, corporate functions and community events, including marriage proposals and heartfelt tributes to loved ones who have passed.

With professional drone footage, photography and editing packages available, these fleeting works of art can be captured and treasured long after the tide has washed them away.

For commissions: owensurfart.com

Robyn Hills



Photographer, artist, fashion designer, property developer and helicopter pilot – Robyn Hills has never been one to follow a conventional path. Over a rainy video call and cuppa with Kimberley Mather she shares that sometimes the best opportunities come from the most unexpected places.

Born in Toowoomba and raised in Nambour, Robyn knew from an early age that creativity would shape her future.

"When I was about 12, I declared to the world that I was going to earn a living out of art," she laughs. "Everyone said, 'Don't be silly. The only rich artists are dead.'"

Leaving school at 14, Robyn began working in an accountancy office before buying her first camera at 16. A bookkeeping position at Robinson Studios in Nambour introduced her to professional photography, but finding work behind the camera proved difficult.

"I was told I'd just grow up, get married and have children," she recalls.

Rather than accept the limitations others placed on her, Robyn opened her own photography studio before turning 20.

"I was working six and a half days a week. It was extremely hard work."

That determination helped build an extraordinary career, including recognition as Australian Professional Photographer of the Year. Yet for Robyn, the greatest rewards have often come from the people she's met and the stories she's been privileged to tell.

One particularly memorable chapter began when a planned volunteering trip to the Solomon Islands fell through, leaving her with two unexpected weeks free.

Seizing the opportunity to fulfil a lifelong ambition, she travelled to Yuendumu, deep in Central Australia's Tanami Desert, to photograph members of the Aboriginal community.

During her stay, a visiting Parisian art dealer spotted her portraits and suggested an exhibition in France.

"Don't tell me that if you don't mean it," she remembers telling him.

He meant it. Robyn's photographs eventually made their way to Paris, and the experience inspired her book, The Dots of Life: Aboriginal Artists of Central Australia.

"I call it the dots of life because everything seems to connect," she says.

And those connections continue to lead her in unexpected directions.

Her photography has evolved into wearable art, with her images transformed into scarves, leggings and neckties. Most recently, Robyn collaborated with seamstress Donna Waterford to create The Last Peacock,

an imaginative outfit made from 250 neckties that won the People's Choice Award at the 2026 Australian Wearable Art Festival.

Beyond her artistic pursuits, Robyn's passion for making a difference has taken her to Cambodia, where she's working with Australian charity RAW Impact on a project to build three additional rooms at a rural hospital in August 2027.

Closer to home, she finds inspiration in Caloundra's coastline, particularly the rock pools at Kings Beach.

"I always know when I've rested and feel topped up because I'll start taking photos and noticing things."

Despite her many accomplishments, portrait photography remains close to her heart.

"I talk to people about what they'd like to say to the world that the world might not know about them," she explains.

It's a fitting philosophy for someone whose own life has been anything but ordinary.

Discover more at: robyngraphs.com.au robynhills.com or Instagram @robyngraphs.





Dicky Beach IGA



Ask Dicky Beach IGA Local Grocer owner Shane Kensett what his perfect morning looks like, and he paints a pretty inviting picture.

"A swim at the beach, a morning coffee and a chat with the locals. There's the skatepark for kids and kids at heart, parks to relax in, and then lunch at my favourite fish and chip shop or one of the great cafés and eateries along the strip."

It's that easy-going lifestyle and sense of community that Shane loves most, and he's proud to be right in the midst of the action.

His IGA Local Grocer is a handy stop for locals and beachgoers, stocked with fresh sandwiches, hot food, baked treats, gelato, cold drinks and everyday essentials. Perfect for grabbing lunch on the go, an ice cream after a swim or supplies for a beachside barbecue.

Being right in the heart of the village, Shane sees plenty of familiar faces coming and going, and enjoys the friendly connection between the local businesses.

"We're locals and we look after locals," Shane says. "We work together and try to complement each other rather than compete on the same products. That way, everyone gets their fair share of trade."

There's always something happening at Dicky Beach, especially during the holidays. And if you're looking for a local recommendation, Shane's always happy to point you in the right direction.

8 Beerburrum Street, Dicky Beach.

Sun, Surf and Fish 'n' Chips

Fish and chips have been a Dicky Beach tradition since 1974, and Harry is keeping the legacy alive with a fresh take on the local favourite.



Since taking over the former Clancy's in 2025, he's brought new energy, a creative menu and some seriously clever marketing to Dicky Beach Seafood and Burger Co.

The old Clancy's photos still hang proudly on the wall, but outside, Harry and neighbouring IGA owner Shane have created a little beachside dining destination, complete with umbrellas, bench seating and ice cream next door.

A former Dicky Beach Surf Club head chef, Harry brings a passion for quality beachside fare. His menu features big, wholesome burgers, fish cooked three ways and the popular $49 Captain Pack for two, loaded with seafood favourites. Everything is fried in rice bran oil for a lighter, crisp finish.

The Chronicle recommends the tempura fish burger with dill tartare and pickled onion.

Harry's love for Dicky Beach runs deeper than the fryer.

"It's sort of in my heart. People over here are like family," he says.

And his marketing? Absolutely on point! From cheeky chip-thief characters to a brilliantly designed website, Harry has given the humble fish and chip shop a personality all its own.

www.dbseafoodandburgerco.com.au

Between the Flags

At Dicky Beach, local cafe Between the Flags is part of what gives the neighbourhood its character. Since opening in 2019, the café has become a familiar meeting place.



Owners Mitch and Clair Parkin opened the café just three months before COVID restrictions hit, but its beachside location and steady stream of takeaway coffee customers helped the business find its feet.

"That was really the start of building a strong sense of community in the area," Mitch recalls.

"Making everyone feel welcome has always been our focus. We've seen so many friendships and relationships start between people who've met in the café," Mitch said.

When the neighbouring tenancy recently became available, the couple saw an opportunity to expand, adding a kitchen, and more seating to spread out.

Coffee remains at the heart of the business with Mitch establishing Flags Coffee Roasters in 2022, a natural progression to have more control over the quality of the product they were serving. "Keeping everything in-house means we can serve the best quality coffee possible."

Another initiative is supporting the community that supports them, including local sporting clubs and surf lifesaving organisations.

"There's so much to love about this neighbourhood. The beach is incredible and local businesses work together. It's a really good feeling seeing people go out of their way to help each other."

1/10 Beerburrum Street, Dicky Beach







Tirzart is a treasure trove of gorgeous fabrics, feminine silhouettes, artisan accessories and Italian-made western-style boots that are practically impossible to walk past.

Tirzart: Wearable Art

Forget mass-produced fashion. This is an independent boutique with a beautifully curated collection for women who love to dress with personality, appreciate beautiful craftsmanship and aren't afraid to make a statement.

Owner Karin fell for Tirzart's eclectic, playful aesthetic when she took over the business just over three years ago.

"I loved the gorgeous fabrics, feminine styles and, of course, the boots. I believe fashion should make you feel absolutely fabulous."

While the boots are undoubtedly the showstoppers, Karin hopes they're just the beginning of a shopping experience that celebrates individuality and creativity.

Chunky silver jewellery, leather handbags, hats and distinctive clothing ranges fill the store, with many pieces created by independent artisans and small, family-run businesses.

"You feel like you're buying a piece of art," Karin says. "The bags, the hats, the boots and accessories are those finishing touches that make an outfit special."

Karin takes particular pleasure in discovering the stories behind the brands she stocks, many of which are women-led.

"I love meeting the designers and connecting with their passion for quality."

Among them are two women from Thredbo who design and screen-print their own T-shirts, and a local creative repurposing vintage crochet tablecloth.

These relationships and the passion behind each product are central to what makes Tirzart unique.

With its small-run collections and one-of-a-kind finds, Tirzart offers women an opportunity to express their personality through fashion.

And if a fabulous pair of boots happens to come home with you, all the better.

2/104 Bulcock Street, Caloundra

1/2 PRICE SALE

The Diamond Mine Jewellers
of Pelican Waters

Shop 5, Pelican Waters Shopping Centre
PH: (07) 5492 4477



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DIAMOND MINE JEWELLERS
of Pelican Waters

Master Jeweller Graham Baker invites you instore for a custom premium jewellery experience. Pelican Waters Shopping Village.

Whitepepper

There's always something exciting happening at Whitepepper Home & General Store, where owner Karen Jordan has brought together a bevy of beautiful brands and creative business women to create a thriving retail collective.



After more than 10 months behind the scenes, the much-loved Caloundra destination has unveiled a magnificent renovation, with soaring ceilings and a spectacular arched doorway opening onto Hazel Green Lane.

The extended Conservatory by Bespoke Plants is a highlight, alongside an apothecary-inspired wellness space and a new larder stocked with artisan jams, relishes, pickles and treats.

Whitepepper's love of beautiful interiors and unusual finds is reflected in its thoughtfully sourced collections, including many products created by Sunshine Coast artisans.

Collaboration is equally important. Whitepepper's popular in-store Pods give women in business the opportunity to showcase their collections within a shared retail space, fostering a supportive community of independent brands.

Willelaine, Blushing Ivy and Vera the Label are among those refreshing their spaces as part of the transformation.

And with Christmas approaching, the timing couldn't be better!

A nostalgic, European-inspired Christmas wonderland awaits, complete with beautiful ornaments, thoughtful gifts, festive music and complimentary gift wrapping.

The Whitepepper team invites visitors to explore, discover something unexpected around every corner and enjoy the warm, welcoming atmosphere that makes this local store so special.

26 Bulcock Street, Caloundra.





Blushing Ivy's Lorrae Davies is bringing a taste of the Mediterranean to Caloundra with Summer Vacay, a new home fragrance collection created in collaboration with Perth artist Pia Reynolds.

Blushing Ivy's Summer Vacay

"I went to Italy and Greece with my family in June and absolutely loved it," Lorrae said. "When we came back, I thought, let's bring a little bit of that here."

The inspiration came from a particularly memorable stay in Sicily.

"We hired a villa on the edge of a cliff with our own private beach. We'd walk past coastal grasses, flowering cacti and lemon trees to swim in the Mediterranean. That grassy, salty, citrus smell stayed with me."

Back home, Lorrae set about recreating those sensory memories, spending three months testing fragrances featuring sea salt, crushed lime, spinifex and citrus, including a playful Aperol Spritz-inspired blend.

"They're fresh, but a little unexpected. Different to anything else we have."

For the artwork, Lorrae was keen to support a fellow creative, choosing to collaborate with a real artist at a time when AI-generated designs are becoming increasingly prevalent.

"I came across Pia on Instagram and loved her work and her story. She's a lesser-known artist, which I really liked too."

A former healthcare professional, Pia found her creative calling while caring for her child with a significant disability. Her colourful still-life paintings celebrate nature and the beauty in everyday life, making her work a lovely fit for the collection.

Launching in late October, Summer Vacay includes individual candles, a votive trio featuring all three designs, and room diffusers in coloured glass bottles.

With its Euro summer mood, the range invites a little holiday daydreaming and might just inspire you to finally book that overseas trip.

Explore the range at Whitepepper: 26 Bulcock Street, Caloundra.

Christmas Street Fair and Tree Lighting Market

On Friday, 27 November the community will come together for the Christmas Street Fair and Tree Lighting Market in Bulcock Street. Coinciding with Black Friday, it's the perfect opportunity to shop local, support our wonderful small businesses and spend in person rather than online this Christmas.

From 5pm to 8:30pm, bring the whole family along to enjoy twilight market stalls, delicious food, live entertainment and late-night shopping. We've been chatting with the team at the North Pole, and Santa may also be making a special trip to the coast, bringing some of his helpers along for the festive fun!

As the sun sets, join us for the official Christmas tree lighting, supported by Sunshine Coast Council, and soak up



the magic of Christmas in the heart of Caloundra.

Best of all, this is a free family event, with everyone welcome!

Community groups interested in supporting Christmas activations are invited to contact the Chamber at admin@caloundrachamber.com.au.

Carols on Kings sponsored by the Caloundra RSL

There's something special about singing Christmas carols as the sun sets over the coast, and this year the Caloundra Chamber of Commerce brings the festive spirit to Kings Beach on Saturday, 12 December.

From 4pm to 8pm, families and visitors can enjoy live performances, Christmas favourites, food trucks and a visit from Santa and his helpers. Bring a picnic rug and settle in for a free evening of festive fun by the sea.

Proudly sponsored by Caloundra RSL and delivered by Caloundra Chamber of Commerce, the celebration is made possible through generous local and government support.

Sundale and Uni Industries are Community Impact Partners, alongside grant funding from Sunshine Coast Council and financial support from State MP Kendall Hatcher. Federal MP Andrew Wallace is assisting with printing the



song booklet, with the help of Caloundra Chronicle.

Special thanks also go to Kim and the team at REP Merch, Henzells Agencies and Century 21 Lifestyle for their sponsorship, with QU Events helping deliver the celebration.

Road closures will be in place, so walking, cycling or carpooling is encouraged.

Carols on Kings promises a wonderful evening of Christmas cheer, community spirit and festive magic by the coast.

A LOCAL'S GUIDE TO Christmas in Caloundra



13 NOV
CHRISTMAS TREE LANE INSTALLATION
5:00-9:00pm, Bulcock street

19 NOV
CHRISTMAS COFFEE IN CALOUNDRA
TICKETS AVAILABLE
7:30-9:00am, STEPS on George

24 NOV
COMBINED CHAMBER XMAS PARTY
TICKETS AVAILABLE
5:30-8:00pm, Banana Bender Pub

27 NOV
CHRISTMAS STREET FAIR & TREE LIGHTING MARKET
5:00-8:30pm, Bulcock street

12 DEC
CAROLS ON KINGS SPONSORED BY CALOUNDRA RSL
4:00-8:00pm, Kings Beach Amphitheatre

Scan to explore XMAS events

CALOUNDRACHAMBER.COM.AU

Caloundra's Newest Taste of Italy!



Freshly made gnocchi, rich Italian sauces and a whole lot of amore! Discover what all the fuss is about at Caloundra's newest Italian eatery.

Locals are invited to experience a little taste of Italy as Gnocchi Gnocchi Brothers celebrates its first few weeks in the neighbourhood.

Located at Shop 5/80 Lower Gay Terrace, the restaurant is the brand's second Sunshine Coast location, following the success of its Maroochydore venue.

Known for its soft, pillowy, freshly-made potato gnocchi, rich Italian sauces and relaxed dining experience, Gnocchi Gnocchi Brothers brings authentic Italian comfort food without the fuss.

Founded in 2015 by Ben Cleary Corradini and Theo Roduner at Brisbane farmers markets, the brand has since grown into a much-loved Italian favourite.

"We've received such a fantastic welcome from Caloundra locals, and we're incredibly grateful for the support," said the co-founders.

"We've built a loyal following in Brisbane over the years, and we'd love for Caloundra locals to discover what makes our gnocchi so special.

"Whether you're a lifelong gnocchi lover or trying it for the first time, come in, explore our menu and see what all the fuss is about!"

Your new favourite Italian meal might be just around the corner. Buon appetito!

Shop 5/80 Lower Gay Terrace Caloundra.



CALOUNDRA DISTRICT INDOOR BOWLING ASSOCIATION

Presents

BINGO



GAMES. FUN. PRIZES
NEW PLAYERS WELCOME

Tuesday Mornings - 10:00am

Wednesday Nights - 7:30pm

Thursday Mornings - 10:00am

Sunday Afternoon - 1:30pm

COME & TRY INDOOR BOWLS

SCAN ME!



MON, TUES, THURS
NAMES IN BY 12:45PM
PLAYS STARTS AT 1:00PM

TUES NIGHTS
NAMES IN BY 6:45PM
PLAYS STARTS AT 7:00PM

55 BURKE ST GOLDEN BEACH

Studio Pilates Pelican Waters

With Pilates studios popping up everywhere, what makes Studio Pilates Pelican Waters stand out? We caught up with the friendly local team to find out what makes their approach different, and why first-timers can feel confident giving the reformer a go.

What makes Studio Pilates unique?

Our group classes have a personal training feel. Instructors tailor exercises to individual abilities, correct technique and provide the right challenges for a great workout.

Tell us about your instructors?

Our team of 10 highly trained instructors brings experience in personal training, yoga, dance, exercise physiology and more. We're a close-knit team, passionate about supporting our clients' progress and wellbeing.



What can first-timers expect?

A warm welcome, encouragement and a great workout! We introduce Pilates foundations, including activating deep core muscles you never knew existed. Every body is welcome!

Ready to give it a go?

With over 60 weekly classes, convenient parking and 45-minute sessions, it's easy! We also offer flexible class packs to suit your schedule. New clients can enjoy six classes for $60, including an orientation and five reformer classes. Holiday passes are also available.

Phone 0474 298 498 to learn more.



COMMUNITY SPIRIT SHINES BRIGHT!

The holiday season is a time for giving, gratitude, and community - and our Annual Christmas Drive is back to do just that! Each year, we come together to support local families who could use a little extra cheer during the festive season.

We're inviting our wonderful community to join us once again in spreading kindness and compassion by donating non-perishable food items and nominating families in need.

Your donations help fill hampers that will go directly to these families, bringing them a bit of joy, warmth, and relief this Christmas.

Each donated item also doubles as a chance to win our Major Prize Hamper, valued at over $750 RRP - a small way to thank our generous community for their kindness and support.

SCAN TO VIEW HAMPER

HOW YOU CAN HELP

- **Donate non-perishable items to our office**
  For every item you donate, you'll receive one entry into our Major Prize Hamper Draw (valued at $750+ RRP!).
- **Nominate a family who deserves some extra Christmas magic.**
  Know a family doing it tough this year? You can quietly & kindly nominate them to be one of the anonymous families we'll be supporting.
- **Spread the word by telling your friends, family, and neighbours!**
  The more people involved, the greater the impact we can make together.

Don't miss your chance to make a real difference this festive season and maybe even take home a beautiful Christmas hamper yourself!

For further details and to stay up to date with our Christmas Drive and Hamper Giveaway, head over to Social and follow our pages.

facebook.com/C21Lifestyle

@c21lifestylecaloundra

M: 0427 154 915
E: danelle.wiseman@century21.com.au

2/24 Bulcock St, Caloundra
caloundra.century21.com.au

CENTURY 21.
Lifestyle







Tropical All Day

There's a tropical breeze blowing through Caloundra, bringing a splash of colour, a whole lot of local pride and Hawaiian aloha vibes to town!

Kerri-Ann from Tropicallday is on a mission to celebrate the not-so-humble Hawaiian shirt, and quite frankly, we reckon she's onto something.

"Everyone needs a Hawaiian shirt at some point in their life," she laughs. "You're bound to get invited to a party that requires one!"

But forget the cheap, throwaway party shirts. Kerri-Ann's creations are lovingly made in Australia using authentic Hawaiian fabrics, with beautiful tropical prints and 100% cotton quality that's made to last.

Her colourful collection includes unisex shirts, kids' clothing and gorgeous Hawaiian-made ladies' dresses from Honolulu label Two Palms. Think laid-back island style with a splash of personality.

But the Hawaiian prints are only half the fun. Tropicallday also offers a collection of Caloundra souvenirs perfect for holidaymakers wanting to take a little piece of paradise home.

There are Caloundra magnets, keyrings, stubby coolers, stickers, caps, beach towels and T-shirts, plus an adorable collection of Aussie kangaroos and koalas.

So next time you're wandering through Caloundra, pop into Tropicallday. You might arrive looking for a souvenir and leave dressed for a luau!

Shop 2/38 Esplanade, Bulcock Beach

Yoga or Pilates in the Hot Room

Your holidays plans just got a little hotter! The welcoming community at Bikram Yoga Sunshine Coast in Caloundra loves good yoga and a good sweat.

Their traditional Bikram Yoga class (26 and 2) follows a series of 26 postures and two breathing exercises practised in a heated room. It's the same sequence every class, giving participants the opportunity to learn the postures, build strength, improve flexibility and notice their progress along the way.

Over the summer holidays, owner Belle is offering two weeks of yoga for just $49, giving locals and holidaymakers a chance to experience what Bikram Yoga is all about.

Got 90 minutes?

The full traditional Bikram experience allows time to work through every posture and breathing exercise.



Short on time?

The 60-minute Bikram class offers the same 26 and 2 sequence in a shorter format. Still a proper workout, just a little easier to fit into a busy day.

Fancy something different?

Inferno Hot Pilates offers a high-energy, low-impact workout, while Yin Yoga is ideal for those who prefer to slow things right down.

If you've never tried it, beginners are welcome. If you haven't practised in years, it's never too late to return. And if you already love yoga, you'll feel right at home.

Call Belle on 0450 497 016. Be sure to mention Caloundra Chronicle to take advantage of the summer offer.



Retailers Rally for Bulcock Street

Caloundra's CBD has always had passionate business owners championing its future. Now, two local retailers are continuing that tradition, bringing fresh energy and ideas to Bulcock Street.

Dannielle Alexander of Rayanna and Alan Jones of Bulcock Street Bazaar have joined forces under the unofficial banner of The Retail Collective, with a shared goal of connecting retailers, strengthening relationships and getting things happening.

Their aim is simple: to bring retailers together, encourage conversation and strengthen the local business community.

"Once a month, we walk up and down the street and talk to retailers face to face," says Alan. "We take time out of our own shops to see what's going on, share information and just have a chat."

Those conversations also create opportunities to tackle shared opportunities and challenges, including late-night trading and vacant shopfronts.

"As retailers, we're boots on the ground, seeing these empty shops every day. Rather than complaining about it, why not get together, share our connections and come up with some solutions?" says Dannielle.

"We had an idea about late-night trading, but when outside bodies approach retailers, it can all seem too hard. If we get the conversation going amongst ourselves, we can build a groundswell of support to get things happening."



The pair also share a seat on a council task force, giving local retailers a voice in discussions about the future of the precinct.

The Collective's next focus is Black Friday on Friday 27 November, coinciding with the Christmas Fair Markets in Bulcock Street.

It's an opportunity to encourage locals to support independent retailers while enjoying the festive atmosphere.

"Bulcock Street has such a vibrant mix of independent boutiques, family-owned businesses, cafés and restaurants. There's something special about walking down the street, waving to people you know and stopping for a chat," says Dannielle.

"And where else can you go for a walk on the beach, enjoy the sea air, visit the Christmas markets and do your Black Friday shopping?

"We want people to come down, support the retailers and make it a success. If it works, we'll keep doing it."

Save the date! Support Bulcock Street and CBD retailers Friday 27 November.



Malibu works her magic at Golden Beach Newsagency

There's a new face greeting customers at Golden Beach Newsagency, and she's already stealing hearts. Rescue dog Malibu, has a remarkable story and a very important new job as the newsagency's official mascot.

After being thrown from a car window and given a second chance at life, Malibu has found her happy place alongside owners Jen and Brad, who recently took over the much-loved local business.

Having retired from public service, the couple weren't quite ready to put their feet up. They wanted a business where Malibu could come to work with them, and somewhere they could become part of the community.



Just four weeks in, the welcome has been overwhelming. Customers have arrived bearing homemade cookies, a crocheted blanket and even birthday treats for Malibu, who has also been enjoying puppuccinos courtesy of coffee runs to The Real Grocer.

And Malibu is already working her magic! Her weekly Powerball syndicate, aptly named Malibu Magic, has sold out quickly each week, with participants enjoying a win every time so far.

Meanwhile, Jen has big plans for the newsagency itself.

A complete refurbishment is planned for March–April 2027, with new flooring, illuminated arches, a locally painted mural and a smaller, more accessible counter.

Jen is also introducing a beautiful selection of Sunshine Coast-made gifts, including Nicola Fleming pottery, Sunshine Chocolatier sweets, handcrafted lanterns, textiles and other locally created treasures.

With fresh ideas, local giftware and one very lovable four-legged employee, Golden Beach Newsagency is entering a delightful new chapter.

46 Landsborough Parade, Golden Beach.

Sweetest Little Chocolate Shop in Town



Chocolate is always a welcome gift, whatever the occasion. There's something special about the indulgence, the nostalgia and the anticipation of discovering something delicious inside, making the simple gesture of giving, and the pleasure of receiving, all the sweeter.

At Sunshine Chocolatier in Caloundra, husband-and-wife team Kate and Tommy are keeping that magic alive with handcrafted chocolates made in small batches, using quality ingredients, care and intention.

Their chocolate-making dream began with just eight products at the Eumundi Markets. Today, their shop at The Strand offers more than 100 creations, including rocky road, handmade marshmallows, honeycomb, macadamia brittle and their popular Dubai-style pistachio chocolate.

"We love what we do. That's the essential part," says Tommy, who brings years of chocolate-making experience to their small family business.

These days, the couple make everything themselves, sometimes working late into the night to fill orders. They favour local fruits and nuts, make their own fillings and pack every chocolate by hand.

Kate particularly enjoys getting to know customers and sharing stories across the counter, bringing a lovely old-fashioned warmth to the experience.

With beautiful handcrafted chocolates and locally made gift hampers, Sunshine Chocolatier offers a delicious way to share a little holiday joy.

Shop 11, The Strand, Bulcock St, Caloundra



The Heart Behind Caloundra Community Bank

How many bank managers would give up their weekend to help customers save money on their home loans?

When Community Bank Caloundra manager Pip Fawcett and home loan specialist Ange Forster received just 48 hours' notice of an impending fixed interest rate increase, they knew some customers could be facing a significant financial hit.

Rather than wait until Monday, the pair took their laptops home and spent the weekend contacting customers and processing paperwork. By Tuesday, they had helped 19 households secure their fixed rates before the increase.



Pip Fawcett and Michael Williamson participating in the annual Steps for STEPS Walk 2026.

It's the kind of personal service that has earned Pip and her team wonderful relationships across Caloundra, including a special connection with STEPS.

That partnership began several years ago at a Caloundra Chamber coffee morning, when Pip connected with STEPS Executive Manager of Business Partnerships Michael Williamson.

What started with a simple conversation and a shared commitment to community has grown into a partnership spanning more than a decade. Today, Community Bank Caloundra continues to support STEPS Pathways Charity through fundraising, sponsorships, and volunteering.

The team sponsors the Autism Treehouse Christmas Party, participates in fundraising activities and helps with Christmas gift wrapping. A referral partnership also directs 0.2 per cent of eligible home loan values back to STEPS Pathways College.

"Giving back and reinvesting in our community is at the core of what we do. STEPS Pathways College helps young people with a disability and autism live independently, which enriches our community and makes Caloundra an even better place to call home," Pip said. The bank supports Meridan State College, Baringa State High School, Dicky Beach Surf Life Saving Club, junior rugby and local netball associations, along with SconeTime.

Pip also volunteers at accessible beach days, helping people with disabilities enjoy the ocean.

With a long-serving team behind the counter, there's a genuine sense of connection with the community.

And as Pip and Ange demonstrated that weekend, sometimes the greatest community contribution is simply taking the time to care.

Community Bank Caloundra is located at 89b Bulcock Street, Caloundra.



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SHANE GALVIN

The Man Behind SG Photos

A lightning bolt splitting a fiery sky, the determination on a young footballer's face or sunrise on a remote Indonesian island. Sunshine Coast photographer Shane Galvin has spent more than 20 years behind the lens, bringing his SG Photos motto, 'Caught in the Moment', to life.



His career began with a chance conversation in a café in his hometown of Port Douglas.

"I was running a café and got talking to a customer who was a photographer for National Geographic," Shane recalls.

"His guidance at the time was priceless and meant a lot to me in really learning the trade."

That encouragement helped turn a hobby into SG Photos, taking Shane to elite sporting events, the streets of Japan and extraordinary landscapes across Australia and beyond.

His latest assignment took him to Tanahbala, off western Sumatra, photographing a new boutique resort.

"The sunrise on my first morning on the island I will never forget."

Closer to home, Shane loves chasing wild weather, particularly the elusive lightning shot.One favourite photograph, pictured above, was taken at Golden Beach and captured a spectacular bolt of lightning against a blazing red sunset.

"Watching the storm build and unfold in front of your eyes is the best," he says.

Moffat Beach and the open landscapes behind Aura are other favourite locations, especially when storm clouds gather.

A lifelong AFL enthusiast who has played competitively around Australia and coached junior programs locally, Shane also brings this passion behind the lens.

His sporting portfolio includes AFL Queensland, the Brisbane Lions and their Academy, with junior games and the women's league holding special appeal.









Another location close to Shane's heart is Tasmania's Cradle Mountain. Having visited more than 20 times since the early 1990s, his photographs have appeared on postcards and in Tourism Tasmania brochures.

Shane's dream assignment? He's torn between photographing AFL full-time and travelling the world documenting remarkable places and experiences.

SG Photos offers photography, video and drone imagery for businesses, accommodation providers and destinations, giving Shane plenty of opportunities to put his creative eye to work.

Discover more of Shane's work on Facebook at SG Photos or through SGPhotos.com.au.



TERESA DURIE

Colour Across Cultures

A chance encounter in a Korean art gallery has taken Caloundra artist Teresa Durie on an extraordinary creative adventure, filled with cultural connections, new friendships and a series of wonderful coincidences that seem almost too good to be true.

Teresa was holidaying in South Korea when she wandered into a small gallery in Jeonju, a city celebrated for its traditional Korean culture. As luck would have it, gallery owner and artist Lee Taek-ku happened to be there that day, despite normally working from his studio.



The pair struck up a conversation, and when Teresa showed him some of her artwork, a cross-cultural exchange was set in motion between Korean and Australian artists.

Taeku invited Teresa to participate in his international art exhibition, and in 2025, he travelled to Caloundra to exhibit at Talented Friends Gallery, with the support of gallery owner Robyn, who helped bring the collaboration to life.

The friendship continued to flourish, and in July 2026, the tables were turned. Teresa was invited back to Korea, this time as the featured artist.

With 22 pastel artworks carefully packed into her hand luggage, Teresa made the trip accompanied by a small entourage of family and friends, including Robyn and fellow artist Judith Rose.

The exhibition opening was something the group will never forget. Held in a traditional Korean hanok, the celebrations began with a tea ceremony and an official opening by the Mayor of Jeonju.

Then came a moving dance performance. A contemporary ballet dancer and choreographer travelled from Seoul to perform an interpretation of Teresa's paintings, scattering rose petals across the floor as she danced.

"We were in tears," Teresa recalls.

The evening continued over a traditional Korean feast, accompanied by a serenade from the tea master, who also happened to be a talented classical guitarist and multilingual singer.

As well as opening international doors, Taek-ku's influence has helped Teresa find a new creative direction.

A lifelong admirer of the human form, Teresa returned to art after a career in graphic design, developing her distinctive ballet-inspired pastel works through five years of study at Buderim's Art School Co.

Her earlier paintings embraced ballet's romantic softness, until Taek-ku encouraged her to push the chroma, or intensity, of her colours.

That advice transformed her approach. Today, her vibrant, expressive works capture the athleticism, energy and movement of dance in a style she calls Chroma Kinetic Ballet Art.

And Teresa isn't stopping there.

With a playful nod to artistic movements such as Impressionism, she's coined and registered her own: Vividism.

The idea is to bring together fellow artists who share her passion for bold, high-chroma colour, with a collaborative exhibition already taking shape in her imagination.

Another international collaboration awaits in February, when Teresa travels to Japan to exhibit alongside the award-winning photographer, Kazuo Ota, whose ballet images first inspired her work.

For now, she's enjoying every unexpected opportunity.

"I'm just going with the flow of everything that's happening," she says.

And judging by the colourful connections she's making, there's plenty more to come.

See Teresa's work: Talented Friends Gallery, Caloundra, until 1 December, then Kawana Library until 6 January.

Caloundra's Dining Scene Strikes Gold

Award-winning chef Sam Pang is bringing his delicious take on traditional yum cha to Caloundra. His new Golden Dragon Yum Cha Restaurant in Minchinton Street serves up more than 60 mouthwatering dishes, offering locals an authentic taste of Chinese dining.

And if there's one thing Sam knows, it's how to keep the good food coming.

A passionate chef and ambitious entrepreneur, Sam has spent much of his life travelling the world, learning his craft and perfecting his cooking skills.

His culinary adventures have taken him to Japan, Thailand, India, Italy, Malaysia, Korea, China and the Americas, picking up techniques and flavours along the way. But it's yum cha that has captured his heart.

And Sam doesn't do things by halves. Having opened nine businesses across Brisbane and Tasmania throughout his career, he knows a thing or two about running a successful restaurant.

His former Hobart restaurant, Asian Gourmet on the Pier, was twice recognised at the Tasmanian Hospitality Association Awards for Excellence. More recently, he established Ding Sing in Launceston, which became a popular destination for traditional yum cha.

Now he's bringing that experience, enthusiasm and culinary expertise to Caloundra, where everything is made fresh, by hand, every day.

"All our dumplings are handmade fresh each morning. Nothing is frozen," Sam explains. "We take great care to make sure every dumpling is the same weight, with the same beautiful flavour and quality."

It's a labour of love, with an almost machine-like precision behind every perfectly folded dumpling.

For those unfamiliar with the tradition, yum cha literally means 'drink tea' and refers to the Chinese custom of gathering over tea and sharing small dishes known as dim sum.

Think steaming bamboo baskets filled with delicate prawn dumplings (har gow), pork and prawn siu mai, fluffy barbecue pork buns (char siu bao), silky rice noodle rolls and golden egg tarts.

It's a deliciously social way to dine, with plenty of little plates to share and every excuse to order just one more basket.

And Sam is already cooking up his next big idea, with plans to open another yum cha restaurant further north on the Sunshine Coast.

Despite the long hours, his motivation is simply to make people happy through good food.

"It's hard work, but I love it," Sam says. "I'm confident that once people taste our food, they'll come back. Everything is so fresh, and that's what makes the difference."

Phone (07) 5491 2788 to book.




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CALOUNDRA GOGUIDE

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CONCERTS



Johnny Cash: The Man in Black Returns

SAT 20 FEB | 7.30PM
THE EVENTS CENTRE, CALOUNDRA

Step back into 1968 as JJ Geary and the Tennessee Three recreate the sound and spirit of Johnny Cash's legendary Live at Folsom Prison concert. Hear favourites including Folsom Prison Blues, Ring of Fire, I Walk the Line, Cocaine Blues and San Quentin in a powerful tribute that brings the Man in Black and his unforgettable songbook back to life.

Tickets: theeventscentre.com.au



The Eagles Greatest Hits

FRI 29 JAN | 7.30PM
THE EVENTS CENTRE

Celebrate the music of The Eagles with a two-hour concert featuring the songs that defined an era. A six-piece band led by David Thompson and Jethro Andrews, performing as Don Henley and Glenn Frey, brings favourites including Take It to the Limit, Desperado, Lyin' Eyes and Hotel California to the stage in a tribute to one of rock's greatest bands.

Tickets: theeventscentre.com.au



New Year's Eve: The Aussie Dolly Show

THURS 31 DEC | DOORS 6.30PM
CALOUNDRA POWER BOAT CLUB

Ring in 2027 with dinner and the songs of Dolly Parton and Kenny Rogers at Caloundra Power Boat Club. Husband-and-wife duo Donella Waters and Greg Bray bring the country legends to life through solo hits and famous duets. With a black-and-white dress theme, great food and plenty of country nostalgia, this celebration is set to bring in 2027 on a high note.

Tickets: caloundrapowerboat.com.au

Christmas Tree Laneway, The Strand

FROM 14 NOVEMBER
THE STRAND, CALOUNDRA

Christmas Tree Laneway is back, and Caloundra businesses are invited to get creative! Last year, more than 60 businesses joined in with their themed tree creations. We've seen trees made from shoeboxes, newspaper, plaster, bricks and even mannequin legs, decorated with product samples, giveaways and special offers. Big, small, colourful or quirky, every contribution adds to the fun and gives visitors another reason to explore town. Sponsored by Caloundra Chamber of Commerce.

Installation takes place all day Friday 13 November.

Christmas Artisan Fair

SAT 14 NOV | 9AM–4PM
SUN 15 NOV | 9AM–2PM
CALOUNDRA ARTS CENTRE

Browse handmade Christmas gifts while supporting local creativity as Caloundra Arts Centre celebrates 50 years. Discover pottery, paintings, jewellery, textiles, woodwork, homewares and festive decorations created by local artisans. Enjoy live music, food and drinks, plants, pre-loved books, cakes and fresh produce, then visit the onsite North Street Made gift shop for more locally crafted treasures. Every purchase supports this not-for-profit community arts hub.



Free entry and parking, with undercover, air-conditioned facilities.



Golden Bch/Caloundra Handmade Artisan Christmas Market

SAT 12 DECEMBER |8AM–1PM
CALOUNDRA INDOOR BOWLS

With a festive Christmas theme, the market offers plenty of inspiration for ticking off your Christmas shopping list. Featuring both indoor, air-conditioned and outdoor stalls, talented local makers showcase unique gifts, homewares, crafts and specialty products. Visitors can also enjoy fresh food, coffee and a relaxed community atmosphere, with easy access, ample parking and step-free entry making it an enjoyable outing for the whole family.

Free entry and free parking.



Mirusia's Christmas Celebration

FRI 11 DEC | 3PM
THE EVENTS CENTRE

World-renowned soprano Mirusia returns to Caloundra for an afternoon of traditional carols, classical favourites and nostalgic festive songs. Joined by her Christmas Vocal Quartet and band, the Angel of Australia brings her glorious voice and warm stage presence to a cherished Christmas tradition filled with music, memories and seasonal joy for audiences of all ages.

Tickets: theeventscentre.com.au

SLEIGH: The Christmas Cabaret

FRI 18 DEC | 7PM
SAT 19 DEC | 2PM & 7PM
SUN 20 DEC | 2PM
THE EVENTS CENTRE

You better watch out: Sunshine Coast producer, director and performer Riley Cope is bringing his cheekiest Christmas creation home to Caloundra.

SLEIGH: The Christmas Cabaret is an adults-only musical comedy that takes familiar festive traditions and gives them a joyfully camp, deliciously naughty twist. Santa, Mrs Claus and Rudolph share the Christmas wonderland with sexy elves, familiar Cope Creative characters and a few outrageous new faces. Expect a lavish variety spectacular filled with music, comedy, irreverent humour and surprises that definitely did not come from the family Christmas stocking.



The production marks Cope Creative's seventh show at The Events Centre since 2023, following favourites including Holy Ship, Grease, Heathers, High School Musical and the sell-out Frozen.

Created as an end-of-year celebration, SLEIGH is ready-made for friends, workmates and Christmas party crews looking to swap the usual festive function for a wild night at the theatre. Gather the gang and climb aboard.

Tickets: theeventscentre.com.au

the events centre
CALOUNDRA | SUNSHINE COAST

The Best of Bublé
Tribute Experience



Enjoy a daytime concert filled with the smooth sounds and festive sparkle of Michael Bublé's greatest hits and Christmas classics.

Rhydian Lewis performs beloved Bublé songs like ***Sway, Feeling Good*** and ***Haven't Met You Yet***, plus festive favourites including ***White Christmas*** and ***Winter Wonderland.***

Wed 9 Dec, 11am

christmas actually
The Music of *Love Actually* Live On Stage!

Hear all the hits from the beloved holiday classic!

Including songs by
Mariah Carey, Joni Mitchell,
Norah Jones, Eva Cassidy
Kelly Clarkson, The Beach Boys
The Beatles



Fri 18 Dec, 7.30pm

LITTLE RED

BOOK NOW: 07 5491 4240 | theeventscentre.com.au





Arthur Street Country Markets

EVERY SUNDAY | 7AM-12NOON

CALOUNDRA RUGBY UNION CLUB

Arthur Street Country Markets are held every Sunday morning from 7am to 12noon at the Caloundra Rugby Union Club.

The Markets are a valued part of our local community, offering fresh produce, organic and Asian fruit and vegetables, handmade crafts, collectables, books, coins, plants and more.

Proceeds proudly support Dicky Beach Surf Life Saving Club, helping fund essential lifesaving equipment and training that keep our beaches safe.

New stallholders are welcome, with casual or ongoing sites available, competitive pricing, and convenient access for vehicles on-site.

Call Lindsay to book: 0418 972 875.

Stage & Screen Spectacular!

From the dazzling lights of Macau to London's concert halls, local musician Kate Leiper has enjoyed a career that's taken her around the world. Now, she's bringing a touch of Broadway magic to Caloundra with the Sunshine Coast Symphony Orchestra's Screen and Stage Spectacular.

BY KIMBERLEY MATHER

Kate will perform For Good, the much-loved duet from Wicked, alongside Renae Suttie at the Sunshine Coast Symphony Orchestra's upcoming Stage and Screen Spectacular, celebrating some of the most memorable music from theatre and film.

A classically trained trumpet player, Kate's musical journey began at the Queensland Conservatorium of Music, where she completed a Bachelor of Music majoring in classical trumpet performance.

After playing with Brisbane Brass and several Australian orchestras, her career took an unexpected turn when she moved to Macau, China, spending three years working in the wardrobe department on Cirque du Soleil's spectacular Zaia production.

While living overseas, she also performed in a production of Beauty and the Beast in Hong Kong.

London came next, where Kate balanced teaching secondary school music and English with performing in several orchestras, including the



Finchley Chamber Orchestra, East London Symphony Orchestra and North London Orchestra.

After years abroad, Kate returned to Australia to start a family, taking a break from performing to raise her children. But music was never far from her heart.

Now teaching Senior Drama, Music, English and Literature at Siena Catholic College, Kate has embraced the local music scene, joining the Sunshine Coast Symphony Orchestra, Kawana Concert Band and Sunshine Brass Band.

She's also preparing to direct Siena's 2027 musical production of Beauty and the Beast, bringing another chapter of her international experience closer to home.

And there's a chance for the audience to steal the show, too! Concertgoers are encouraged to dress as their favourite stage or screen character, whether it's Glinda from Wicked, a Hollywood icon or a Disney favourite. A season ticket is up for grabs for Best Costume at an Orchestral Concert.

With Broadway favourites, a Frozen instrumental medley and Hollywood classics, Stage and Screen Spectacular promises a memorable night of music and movie magic in Caloundra.

Saturday 12 December, 7pm, The Events Centre, Caloundra.





Community & Commerce

with Michael Shadforth

Caloundra's true strength lies in community

As we approach the end of another remarkable year, the festive season offers us an opportunity to pause, reflect, and most importantly, reconnect. It's a time when we see the true spirit of Caloundra shine, as residents, visitors, and our incredible local businesses come together to celebrate and support one another.

At the Caloundra Chamber of Commerce, we believe that a connected community is a thriving community. This year, we are thrilled to present an exciting calendar of festive events designed to bring us all closer together.

We kick off on Thursday, 19 November, with our final Coffee in Caloundra for the year at George Street Café. Join us for a festive morning brew, best-dressed prizes and the chance to shop handmade Christmas gifts from the STEPS team, with purchases supporting a great cause. It's a lovely opportunity to get some Christmas shopping done while giving back to the community.

The celebrations continue with our Southern Sunshine Coast (Caloundra, Glasshouse, Maleny and Montville) Combined Chamber Christmas Party on Tuesday, November 24 at Aussie World. An evening to unite businesses from across four regional chambers, strengthening our network as we celebrate our shared achievements.

The holiday magic continues on Friday, November 27 with the Caloundra Christmas Street Fair & Tree Lighting Market. Coinciding with Black Friday,



Bulcock Street will transform into a twilight night market featuring late-night shopping, local food vendors, entertainment, and the official tree lighting supported by Sunshine Coast Council and Kendall Hatcher MP. Be sure to also stay tuned for announcement details regarding an additional local tree-lighting celebration happening across our community!

Finally, no coastal Christmas is complete without Carols on Kings, proudly sponsored by the Caloundra RSL, on Saturday, December 12 at the Kings Beach Amphitheatre from 4–8pm. A community collaboration with Caloundra Chamber of Commerce, Sundale, Uni Industries, Qu Events, REP Merch, Henzells Agency, Century 21 Lifestyle, Sunshine Coast Council and Kendall Hatcher MP and an array of local businesses. It promises to be an unforgettable evening of live music, food trucks, and thousands of voices singing by the ocean.

Christmas reminds us that our true strength lies in our community. When we support our local traders and stand shoulder-to-shoulder with our neighbours, we reinforce the close-knit bonds that make Caloundra such an extraordinary place to live and do business. I warmly invite every member of our community to join in, connect, and celebrate the heart of our region this festive season.

To discover all upcoming holiday events, visit the website at caloundrachamber.com.au/our-events.

Wishing you and your families a joyful, safe, and Merry Christmas!



Living Well for Longer in Retirement

with Simon Pederson, Founder
Sunlit Path Retirement Partners

With a Master of Finance, Bachelor of Business and over 15 years' experience, Currimundi local Simon is a Lead Retirement Planner passionate about helping others plan for life after work.

The retirement check-in worth making this Summer

Christmas on the Coast is often a full house. For many retirees, it's one of the few times of year when the whole family is together, and that time has a way of highlighting what's important in life.

Once the visitors head home and life settles back into its usual rhythm, there can be a natural moment to take stock and think about what's next. After all, retirement can span a third of people's lives so it's important to make sure it's on track.

There are 5 key areas to consider:

People: Who do you want to spend your days with now that familiar workplace friendships might have faded?

Play: How do you want to make the most of your active years? What do you want to do and see, and how will you incorporate movement you enjoy?

Passion: What interests, creative pursuits or meaningful projects will keep your weeks full and interesting?

Plenty: Do you have a regular retirement income to fund your lifestyle now and into the future?

Place: Will your current home still suit your needs later in life?

These questions can be the difference between simply retiring and truly thriving.

Make sure your retirement is on the right path: sunlitpath.com.au



Pelican Waters Probus members enjoying a Sundowners picnic.



50 Years of Probus in Australia

In 2026, Probus is celebrating 50 years in Australia. Probus is a community organisation for retirees and semi-retirees who want to stay socially connected, active, and engaged in life after work.

The Probus motto "Fun, Friendship and Fellowship in retirement" perfectly describes the reason the organisation exists. Typically, a Probus Club will bring people together through regular meetings, events, outings, guest speakers, and shared activities.

These activities may include day trips and tours, dining at local restaurants, walking groups, book clubs, local, national or international travel, and discussion groups.

Probus Clubs are non-political and non-sectarian, providing a welcoming environment where retirees and semi-retirees can enjoy friendship, social connection, and shared experiences.

There are three Probus Clubs based in Caloundra.

Caloundra 86 meets on the third Tuesday of the month at Rumba Resort, Currimundi meets at the Caloundra Indoor Bowls Club on the second Wednesday each month, while Pelican Waters has their meetings at the Caloundra Power Boat Club on the second Tuesday of the month.

The Regional Liaison Officer for the Sunshine Coast is Helen Myers. Helen was a Probus member in Brisbane before moving to Caloundra in 2024.

Soon after settling in, she joined a local club and immediately felt at home, thanks to the warm welcome and genuine friendliness she received from fellow members. For Helen, Probus is a wonderful way to connect with like-minded people, build lasting friendships, and stay actively involved in the community. She believes the organisation truly embodies its motto of friendship, fellowship and fun, creating opportunities for meaningful connections and shared experiences.

Any retired or semi-retired person who wishes to join a Probus Club can contact Helen at helen.myers@paqnetwork.com.au, or can check out the website of the Probus Association of Queensland at paqnetwork.com.au.

A Fresh Start for Kairos Caloundra

Students at Kairos Community College Caloundra returned for Term 4 to a brand-new, purpose-built campus, with contemporary learning spaces designed to support their education, wellbeing, mentoring and vocational pathways.

The move marks a welcome milestone for the college, which has been helping young people reconnect with education since 2015. With a focus on building confidence, encouraging a love of learning and helping students find their feet, Kairos now has a facility designed specifically around their needs.


Kairos' Math teacher Shanaye Botten

"Importantly, it gives Kairos its first purpose-built facility to cater to the needs of our young people," Executive Principal Tony Andrews said.

As an independent, fee-free Special Assistance School for Years 10–12, Kairos takes a different approach to education, with small classes, individual support and strong relationships at the heart of learning.

Students also develop practical life skills and explore pathways to further education, training and employment, helping prepare them for life after school.

With construction complete and final landscaping and fencing to follow, the college looks forward to welcoming the wider Caloundra community.

For local students and families, the new campus offers a welcoming place where young people can feel supported, discover their strengths and work towards a brighter future.

kairos.qld.edu.au

Sisters: Doing it for construction!

Caloundra-based Nyblad Construction co-owner Sanna Davis has won the Female Leader Award at the 2026 Awesome Women in Construction Awards. Sanna works alongside sister and co-owner Linn Batey, with father Kenth leading construction and mother Susanne supporting behind the scenes.

The family renovation business was also a finalist for Small Business of the Year and is a finalist in the upcoming 2026 Sunshine Coast Business Awards. Sanna hopes celebrating women in construction will inspire the next generation to explore local career opportunities in the industry.

nybladconstruction.com.au

Free night classes for Caloundra

STEPS is launching free night classes in Caloundra, helping locals fit learning around work and family commitments.

The Skills for Education and Employment (SEE) Program builds practical reading, writing, numeracy and digital skills for work, study and everyday life. Eligible participants can also explore pathways to nationally recognised qualifications in business, individual support and hospitality.

The evening classes respond to growing demand for flexible study options, with training tailored to each learner's experience.

Apply at stepsgroup.com.au/see.







From the Clubhouse

with CEO Ashley Robinson

Cracking start to a safe swimming season

It certainly has been a cracking start to spring at Kings Beach, with Metropolitan SLSC volunteers resuming patrols on weekends and public holidays. Alongside the Lifeguard Service they're keeping this end of the coast safe for swimmers.

There are exciting times ahead, with Hutchinson Builders ripping into the construction of the new boatshed that will benefit nippers, members and the Lifeguard Service in the new year. This, of course, would not be possible without funding from the Sunshine Coast Council.

The big news from Kings Beach Surf Club is that the renovations are nearly complete, thanks to Farago Design, who have done an awesome job.

Now, I may be a little biased, but it is really worth a visit to 1 Spender Lane if you haven't been in to check out the new fit-out, with the bar and bistro looking exactly like what you would expect from a bar and bistro at the beach.

It has inside and outside options, a retractable roof and state-of-the-art audiovisual equipment, just in time for the cricket season and the Spring Racing Carnival.

The Kings Beach Surf Club is the fundraising arm for the lifesaving club and provides financial support for first aid and surf rescue training, nippers and surf sports, as well as supporting many other organisations in the Caloundra area.

Everyone is welcome and should feel comfortable knowing that their contribution could go towards saving a life or building one.

See you in the club or on the beach, and don't forget to swim between the flags.

kingsbeachsurfclub.com.au



Andrew Wallace MP
Federal Member for Fisher

Celebrating Fisher's community champions

The ninth annual Fisher Community Awards have once again shown just how many remarkable people and organisations we have across our Sunshine Coast community.

Almost 300 nominations were received across 11 categories this year, with the winners announced at our Gala Dinner at the Sunshine Coast Function Centre, Caloundra RSL.

I established these awards in 2018 to recognise the people who quietly get on with making our community stronger, often without expecting anything in return.

Each of these winners represent a different form of service, leadership, courage and generosity.

Their work includes educating young people about knife violence, opening pathways into employment, protecting our environment, mentoring young people, supporting disadvantaged students and strengthening our local community.

But these awards are about more than the names called on the night.

Every nomination began with somebody taking the time to recognise another person's contribution and say, "You deserve to be recognised."

This year's winners are:

Educator of the Year: Michael and Kerri-Lyn Stewart, The Balin Stewart Foundation

Education Provider of the Year: STEPS Group Australia

Young Achiever of the Year: Jessica Cronin

Employee of the Year: Genice McCall, Alex Surf Club

Environmental Leader of the Year: Trent Brumby, Microplastics Awareness Systems

Sports Club of the Year: TKO Boxing Academy

Senior Community Group of the Year: Kawana Waters VIEW Club

Senior of the Year: Kathleen "Kath" Morris

Sportsperson of the Year: Bella Taylor-Rose

Business of the Year: Kilcoy Global Foods

The Andrew Wallace Award for Community Group of the Year: 106 Army Cadet Unit

To every nominee and finalist, congratulations. To everyone who submitted a nomination, thank you.

And to our 2026 winners, thank you for everything you do to help make Fisher the best place in Australia to learn, earn and retire.

Authorised by A Wallace, Liberal National Party, Lake Kawana Blvd, Bokarina QLD 4575



Complete Finance

with Bryan Meri

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Planning to buy one of Caloundra's newest apartments?

With so many great new developments popping up around Caloundra, it's understandable that buyers are asking how the finance side actually works. There are a number of important differences when purchasing off the plan.

Firstly, you are likely purchasing on an unconditional contract, i.e. no finance clause (you've signed it, you've bought it!). The second big difference when buying off the plan is the timing. You may sign a contract today, but settlement could be many months – or even years – away.

Getting your finance reviewed early is important, but it's also important to understand that a pre-approval today isn't a guarantee that your loan will be approved when settlement eventually arrives. Your financial circumstances can change, lender policies can change, and there can also be a difference between the purchase price and the lender's valuation. If the valuation comes in lower than the contract price, you may need to contribute a larger deposit yourself.

From a broker's perspective, this is why I always encourage buyers to look beyond simply asking, "Can I get a loan?"

The better question is: "How does the finance work from contract through to settlement, and what do I need to be prepared for along the way?"

If you're considering an off-the-plan purchase, having a conversation about your financial position before signing can help you understand the process and what may need to be considered.

completefinance.com.au

Get your business Found First: Free Caloundra Workshop

When locals search for a cafe, plumber, physio or business of any kind, they'll pick from the top three that they find. More and more are now also asking AI tools like ChatGPT for recommendations too. If your business isn't showing up, those customers go straight to someone else.

Jack Slater, runs the Found First Workshop, a free 60 minute online session that shows business owners exactly how to show up at the top of their area on both Google and AI search.

You'll learn why your Google Business Profile is one of the most valuable assets you own as a local business, and the three things you need to do to be the one that appears when customers search for what you do.

It's kept nice and simple, with a Q&A at the end to answer your questions.

Register at rank.presidian.co.



Caloundra students make a difference in Cambodia

For a group of Caloundra State High School students, a recent journey to Cambodia became far more than an overseas adventure. It was an opportunity to experience another culture, confront history and make a lasting difference in the lives of others.

At the centre of the experience was a humanitarian project in the village of Samraong Kompheim, where students worked alongside locals to build a new home for a family in need.

Over several days, students witnessed their efforts transform into something life-changing. The completed home was celebrated with a traditional blessing ceremony, an emotional occasion that highlighted the significance of their contribution.

Beyond the building project, students immersed themselves in village life, helping prepare meals, visiting a local school and developing and delivering lessons to Cambodian children.
The cultural exchange built genuine friendships, making the final farewells particularly emotional.

The journey also provided powerful lessons in history. Visits to the Tuol Sleng Genocide Museum and Killing Fields offered confronting insights into Cambodia's past. Meeting Chum Mey, one of the few survivors of the notorious S-21 prison, was an especially moving experience.

Every day offered something new; exploring ancient temples including Angkor Wat, Bayon and Ta Prohm, cycling through villages, experiencing Cambodian cuisine and learning about landmine-detecting HeroRATs.

The trip concluded with a trip to the Cambodian circus and a spirited tuk tuk race through Siem Reap, bringing plenty of laughter to an experience filled with unforgettable moments.

For these students, Cambodia offered lessons no classroom could replicate. They returned home with a deeper appreciation of cultural diversity, the importance of community and the extraordinary impact of lending a helping hand.

caloundrashs.eq.edu.au

Honouring and Remembering a Loved One

Holy Cross Funerals is a not-for-profit Catholic funeral home offering a range of affordable funeral services across the Sunshine Coast, Brisbane, Gold Coast, Ipswich, Toowoomba and surrounding areas.

Services include traditional and informal funerals, cremations, burials, graveside services, direct cremations and memorial services.

When selecting a funeral company, families are seeking compassion, respect, professionalism and affordability. It is also important that families have options for commemorating their loved one in a personalised way.

Once a funeral company has been selected, an arrangement meeting can be organised to discuss the funeral and complete the paperwork, including the personal details required for a death certificate. This meeting can take place in the family's home or at the funeral home's office and usually takes around one to two hours. The meeting is generally held with the executor of the deceased's will or their next of kin.

During the arrangement meeting, the type of service is chosen, often reflecting the person's cultural background, faith, traditions and personal wishes, alongside the preferences of their family.

Families can discuss their many options, including selecting the venue and choosing a coffin, flowers, music, a slideshow, livestreaming, booklets and catering. The staff at Holy Cross Funerals are committed to providing options and supporting you through the process of creating a meaningful funeral that is unique to your loved one.

For support with arranging a funeral or pre-planning a funeral service, speak to one of the friendly staff at Holy Cross Funerals, who can guide you through the process.

holycrossfunerals.com.au





Caring for Caloundra

with Kendall Hatcher MP



Caloundra Transport Corridor Upgrade begins

The Caloundra Congestion Busting Plan has finally kicked off. I'm incredibly excited to see construction begin on the Caloundra Transport Corridor Upgrade (CTCU).

This is the first of five key projects that make up our Caloundra Congestion Busting Plan.

Before I was elected, I spoke with thousands of people across our community, and one issue came up time and time again, traffic.

For too long, residents have been frustrated by congestion on Caloundra Road and across our growing transport network.

Families have been spending too much time sitting in traffic, getting to work, school, appointments, and home.

That is why I have continued to fight hard to get this project moving and to deliver the transport infrastructure our growing community needs.

Premier David Crisafulli and I turned the first sod and works have now commenced on both the Omrah Avenue to Arthur Street section and the Nicklin Way and Third Avenue extension.

Once completed, the upgrade will provide an alternative route into the Caloundra CBD and take pressure off some of our busiest roads and intersections.

This is about more than building another road. It is about making everyday journeys easier, improving connections and ensuring our region has the infrastructure to keep pace with its growth.

The Caloundra Transport Corridor Upgrade is just the beginning. It is the first piece of the puzzle in our five-project Caloundra Congestion Busting Plan.

There is still plenty of work to do, but seeing construction crews on the ground is a significant milestone.

Our community has been calling for action on congestion for years. I am proud that we are getting on with delivering it.

kendallhatcher.com.au

Inclusive Play at New Nirimba Park

Boab Oasis Park has opened in Nirimba, bringing Aura's first pump track and an all-abilities playground to local families.

The five-hectare park features a fully enclosed playground with a ramp-access play tower, inclusive equipment, sensory activities and quiet retreat spaces.

Riders can explore beginner and advanced pump track sections on scooters, skateboards and BMX bikes. Wide pathways, shaded seating, picnic areas and barbecues provide space for a relaxed family outing.

Boab Oasis Park, 2 Boab Cct, Nirimba.





The Law in Plain English

with Rebecca Wilson
Director, Griffith Parry Lawyers

Good agreements start with good questions

Caloundra's business community is built on people supporting people. The café owner recommends the accountant down the road, the tradie buys locally and, over time, customers become familiar faces and sometimes friends.

It's one of the things I enjoy most about volunteering as Secretary of the Caloundra Chamber of Commerce. I get to see local businesses share their knowledge, support each other and want to see others succeed, often building relationships that extend well beyond business.

Before long, friends start businesses, family invests in an idea, or colleagues decide to build something of their own. There's plenty of discussion about the exciting parts, but not always about what happens if things don't go to plan.

What if one person wants to leave? What happens when you disagree about an important decision? What if one person contributes more money or time? These conversations are much easier while everyone is getting along.

Talking about this early gives you the chance to agree on who is responsible for what, how decisions will be made and what happens if circumstances change. When your business partner is also your brother-in-law, that clarity might protect both the business and Christmas lunch.

In my legal practice, I'm increasingly seeing agreements prepared using AI that look polished and pretty, but don't reflect what the parties need. AI can be a great tool, but it only works with what you give it. The questions that matter to two friends buying a café are very different to mates starting a construction business. If you don't know the problems that can arise in your particular business, you won't know the right questions to ask, and AI won't know to address them in the agreement for you.

So, while everyone is getting along, have the uncomfortable conversations and get professional advice early. An experienced adviser can highlight the problems that commonly arise, ask the questions needed and prepare the right agreement for you. A little time spent getting things clear and the right agreement in place can save a lot of money and heartache later.



gplaw.com.au

Bowls After Dark: New Lights for Club Pelican

Club Pelican has officially switched on its new bowling green lighting, opening the way for bowls to be enjoyed after dark at Pelican Waters.

The project delivered on a Queensland Government election promise, with funding provided through a Sport and Recreation grant.

The lights were officially unveiled on Monday 2 November, by Kendall Hatcher MP, Member for Caloundra. Members celebrated with a sausage sizzle and an evening game of bowls, marking an exciting new chapter for the club.

Club Pelican thanks the Queensland Government for its support in making the project possible.

For more information, contact Bob Reid on 0451 908 897.



Happy Days

with Andrew Champion

Phone 0428 714 357

Sand, erosion and a little council history

Beaches need sand

In my last column, I called Caloundra "The City of Beaches" because we have so many beautiful beaches close to where we live. We have Golden Beach, Bulcock Beach, Happy Valley Beach, Kings Beach, Shelly Beach, Moffat Beach, Dicky Beach, Currimundi Beach, Wurtulla Beach, Bokarina Beach, Warana Beach and Buddina Beach. They're all beautiful, but Golden Beach is crying out for sand.

Council is micro-dredging way too close to the Golden Beach foreshore. Apparently, it's because they haven't been able to get state approval (for quite some time) to establish the channel towards the centre of the passage. We need help from Caloundra State MP Kendall Hatcher to get the permits changed so council can dredge further away from the foreshore and pump sand to form a 20-metre-wide buffer, above high tide, along most of our Golden Beach foreshore.

Kendall has been a strong advocate for securing funding for the Bribie breakthrough works. Fingers crossed her advocacy helps council secure the permit changes.

Ongoing beach erosion

Since 1965, over 80 million cubic metres of sand have been dredged or extracted between Moreton Island and Caloundra and sold for industrial landfill. If that's not bad enough, the state government intends to increase extraction by a further 96.5 million cubic metres.

Every coastal engineer without a vested interest knows that sand moves north along our beaches, from the Gold Coast towards Noosa. It's Beach Protection 101.

I'm hoping our local state MP Kendall Hatcher will advocate to protect our beaches by ensuring the sand is pumped to Bribie and Caloundra, rather than removed and sold. You can't remove 176.5 million cubic metres of sand without our beaches eroding. Increasing erosion is happening at Bribie Island, Kings Beach, Moffat Beach, Mooloolaba and Alex.



Image: Bluey's Photography

For future generations, our sand must be protected from being extracted and sold. Sure, the shipping channels can be dredged, but pump the sand to our beaches, where it's been moving north for thousands of years. Are we prepared for a future with no beaches and only ugly rock walls?

What's in a name?

Did you know Caloundra City was previously called Landsborough Shire? Caloundra was a better name for identity, marketing and business. We became a city because we met the strict criteria for city status.

Representation

Before 1985, there were five councillors representing the area between Golden Beach and Currimundi. From 1985 onwards, there were four, plus two from Kawana. Caloundra has just one now, and Kawana has one and a half. I'd like to publicly acknowledge that Councillor Terry has been putting in the hard yards, given the increased pressure.



The Sportsman's Paradise

Much of the developed Caloundra we know today can be traced back to Robert Bulcock Senior, who purchased 277 acres (112 hectares) of land in central Caloundra in 1875 for just £70, payable in annual instalments over 10 years.

BY JOHN & JANICE GROVES AND ANNE WENSLEY

In 1917, his son, Robert Bulcock Junior, began subdividing part of the family's land into residential blocks, marketed as The Bulcock Estate.

The colourful auction poster promoted Caloundra as "The Cream of the Seaside Resorts", offering 404 "superb seaview sites" in what it called "The Sportsman's Paradise", with fishing, surfing and boating among the attractions.

The first allotments went under the hammer at an auction in Brisbane on Thursday 16 August 1917, conducted by Isles, Love & Co. Buyers were enticed with affordable terms, including a £10 deposit and monthly instalments of £1 per allotment.

The subdivision covered an area roughly bounded by today's beachfront, Tay Avenue and Bowman Road.

Adding to the appeal was the promise of improved transport connections, with the auction poster highlighting a proposed tramway terminus. At the time, there were also plans for a railway

line to reach Caloundra, terminating near what is now the Golden Beach turn-off. The prospect of a rail connection offered hope for the town's growth, but 109 years later, Caloundra is still waiting for that train to arrive.

More than a century after those first blocks were offered for sale, the Bulcock family name remains firmly embedded in Caloundra's history, most notably along its bustling main street, Bulcock Street.

Caloundra: The Past 100 years

Local Historians, Anne Wensley and John and Janice Groves have written many books about Caloundra's past. Books are available at the Book Shop at Caloundra, Moffat Beach Post Office or directly from John and Janice Groves 0434 680 312 or Anne Wensley 5437 0011.



Shaping Caloundra: The Conversation Begins

Caloundra is growing, and the decisions we make today will help shape the region we become tomorrow.

This was one of the key sentiments from Shaping Caloundra, the inaugural event hosted by the Caloundra Chamber of Commerce on Wednesday, 21 October, 2026. The event brought together local business leaders and regional stakeholders to discuss the future of our community.

A standout insight from data scientist Hari's presentation was the scale of growth projected for the southern Sunshine Coast. Our region is set to experience significant change over the coming decade, bringing exciting opportunities for local businesses and the wider community.

Growth is something to embrace. But to make the most of it, we need to plan ahead and ensure infrastructure, transport, housing and essential services keep pace with the needs of our expanding population. We also need to create the right conditions for businesses to invest, grow and provide local employment.



L-R: Panelists Rob Comiskey, Paul Martins, Hari Hara Priya Kannan and Host Brittany Lane.

What encouraged me most was seeing people from different sectors come together, share their perspectives and consider how we can work collectively towards a stronger future for Caloundra.

As a Chamber, we want to keep these important conversations moving forward and ensure local business has a voice in shaping our region.

Thank you to everyone who contributed to this first event. I look forward to continuing the conversation at our next Shaping Caloundra breakfast in April 2027.

Michael Shadforth
President
Caloundra Chamber of Commerce

Pumicestone Passage

We Need a Plan

BY KEN MEWBURN



Pumicestone Passage has seen decades of management strategies, but have they delivered real change? It may be time to turn good intentions into meaningful action.

One of the early requirements for the Sunshine Coast Waterways Authority (SCWA) is to create an Integrated Management Strategy. An extract from the Bribie Review suggests this:

"This area deserves a single, coordinated, consultative and comprehensive management plan; other areas may as well. Current arrangements could be coordinated to support a shift towards proactive management. A partnered approach is recommended as it is consistent with an agile and iterative strategy that prioritises near-term action."

The SCWA requirement is for the creation of an Integrated Management Strategy, whereas the Bribie Review identifies the need for a plan. What is the difference between a plan and a strategy? Do we need a masterplan for our waterways, or is a strategy sufficient?

These terms, plan and strategy, are often used interchangeably, but they serve different purposes and play unique roles in reaching goals. A plan and a strategy are not the same thing, and understanding the difference is crucial to effective decision-making.

A strategy is your long-term vision. It answers the big questions, like "what" you want to achieve and "why" it matters. Essentially, a strategy provides a roadmap, guiding the direction and making sure that efforts and resources are aligned with the desired outcomes.

A plan is a detailed outline of the steps you need to take to achieve a specific goal. It breaks down your strategy into actionable tasks, specifying what needs to be done,

Image: Bluey's Photography

how it will be done and when it should be completed. A plan is essential for translating your strategy into action.

Pumicestone Passage is a classic example of a location in need of a masterplan. In 1993, the government of the day created an Integrated Management Strategy, which has never been implemented as a plan. In 1999, a community group, Pumicestone Regional Catchment Co-ordination Association (PRCCA), created a similar management strategy, which gained little, if any, traction towards management of the passage. Without a plan, management by the current government and non-government bodies is mainly reactive rather than proactive and is constrained by numerous legislative requirements.

In my working days, I used a simple mnemonic to help me with analysis and planning. It simply read: "I had six honest serving men; they taught me all I knew. Their names were What and Where and When and How and Why and Who." This seems a simple and practical system for designing the management plan needed to effectively manage the waterways into the future. Frequently, action plans start with the "Who" and lose much of their effectiveness as a result.

Management of the passage would be complex enough on its own, but when combined with the mix of environmental and commercial needs of the other waterways managed by the SCWA, a complete and thorough understanding of the catchments and their direct impacts on the waterways is necessary.

It will take time to fully understand all the issues. Hopefully, with a clear plan and long-term approach, management will at last address the underlying causes and not just the symptoms seen in the passage and other waterways.









Reflections from my Heart

with Rashida Cottrell



The space between

We are very good at filling the spaces in between.

Stand in a queue and the phone comes out. Sit on a bus and we scroll. Wait for a coffee, arrive five minutes early, sit in a waiting room, and almost automatically we look for something to fill the gap.

But I wonder what we are losing when every empty moment needs to be occupied.

There is a word, liminal, which comes from the Latin word for "threshold". It describes the space between one place and another, between what has finished and what is yet to begin.

We experience big liminal spaces in life: children leaving home, retirement, changing relationships, moving house, grief, beginning again. But there are tiny ones scattered throughout every ordinary day too.

Perhaps those little spaces are worth keeping.

Next time you're waiting in a queue, try not reaching for your phone. Look around. Notice the sky. Watch people. Feel your feet on the ground. Let your mind wander. Be bored for a moment. You might be surprised by what appears when there is nothing demanding your attention.

We often talk about "killing time", but time is our life.

Maybe the queue isn't interrupting your life. The bus ride isn't dead time. The waiting room isn't somewhere between the important moments.

It is the moment.

Perhaps presence begins in the spaces we usually try to skip.

And maybe those spaces were never empty after all.

judgelittlelovelots.com

Nourished in Real Life

Karin 'Kaz' Littleton

A calmer way through the festive season

As the end of the year approaches, the calendar fills up, routines change and looking after yourself can quietly slip further down the list.

Then the Christmas functions begin. You rush there straight from work, realise lunch was hours ago and arrive ready to eat everything on the grazing table. That is not a lack of willpower, you are hungry.

Eating very little beforehand to "save room" can make it harder to recognise when you have had enough. Continue eating your usual meals and, if dinner will be late, have a snack before you go.

At the event, look over what is available before filling your plate. Choose the festive foods you genuinely want, then add something satisfying, such as chicken, seafood, cheese, eggs, hummus or nuts, alongside some fruit, vegetables or wholegrain crackers when available.

Protein and fibre can help make the food more satisfying, while the Christmas treats make it enjoyable. There is room for both.

If you are drinking alcohol, alternate it with water or sparkling water. This supports hydration and gives you something refreshing to sip without suggesting you cannot enjoy a festive drink.

Most importantly, slow down enough to taste what you chose. Christmas food is part of the celebration, not a nutrition test.

A calm approach is not about constructing the "perfect" plate or controlling every mouthful. It is about arriving nourished, choosing with intention and enjoying the occasion without turning food into another source of stress.

kazlitnutrition.com

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Karin "Kaz" Littleton
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QCWA Caloundra 2026 Wrap-up

As Christmas approaches, things will begin to quieten down at QCWA Caloundra as we prepare to wrap up another busy and rewarding year.

Our final gathering will be our Christmas Party on 9 December, followed by a well-earned break before returning in mid-January. Keep an eye on our Facebook page, QCWACaloundra, for updates on our return.



A Taste of Samoa

Each year, the QCWA explores the culture and traditions of a different country. This year's country of study is Samoa – Bold, Bright and Beautiful.

Thanks to our wonderful Branch International Officer, Georgina, members enjoyed a delicious spread of Samoan and Polynesian-inspired finger foods, including chicken wings, pork mince balls, coconut buns, corned beef fritters and plenty of sweet treats.

A particular favourite was the Mango, Pineapple and Coconut Muffins, and we're delighted to share the recipe on the opposite page.

Morning Tea on ABC Sunshine Coast

Have you heard Jill and Leisa on the radio? Twice a month, they join Sarah Howells on ABC Sunshine Coast 90.3FM to share a delicious Morning Tea recipe.

Tune in on Tuesdays at 9:45AM for a little kitchen inspiration!

Come Along and Join Us

There's always a friendly face and a warm welcome at QCWA Caloundra. Our regular gatherings include:

- Craft, Cuppa and Chat: Wednesdays at 9:30AM
- Patchwork Group: Mondays at 9:30AM
- Monthly Branch Meeting: Third Wednesday of each month at 9AM

Regular activities will resume after our summer break.

Giving Back to Our Community

Supporting our local community remains at the heart of everything we do. Throughout the year, QCWA Caloundra has proudly contributed to Caloundra State High School through student bursaries, provided ANZAC-related books to six local primary school libraries, and supported Caloundra Community Kindy and Wishlist.

Established in 1937, QCWA Caloundra has a long and proud history of bringing women together through friendship, practical support and community service. Almost 90 years later, that tradition continues.

We wish everyone a safe and happy Christmas and look forward to welcoming familiar faces and new friends in the new year.

Contact Jill on 0401 299 197 or visit Facebook: QCWACaloundra.



Pineapple, Coconut and Mango Muffins

Makes: 12 | Prep time: 20 minutes
Cook time: 25 minutes

Ingredients

1 egg, lightly whisked
270mL can light coconut milk
1½ cups self-raising flour
400g can pineapple pieces in juice, drained
1 cup (130g) dried mango, finely diced
¼ cup sugar
½ cup rolled oats
½ cup shredded coconut
2 tablespoons honey

Method

PREHEAT oven to 180°C and line a 12-hole muffin tin with baking paper.
ADD egg, coconut milk, flour, pineapple pieces, ¾ cup of the diced mango and sugar to a large bowl. Mix well.
SCOOP batter evenly into the prepared tin.
ADD remaining mango, oats and shredded coconut to a separate bowl.
HEAT honey in the microwave for 15 seconds until runny, then pour over the oat mixture and mix well.
DISTRIBUTE oat mixture evenly over the top of each muffin.
BAKE for 25 minutes or until golden brown and a skewer in the centre comes out clean.

Recipe courtesy of the Country Kitchens 2026 Country of Study Collection – Samoa.

For more healthy recipes visit: qcwacountrykitchens.com.au

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Happy Holidays
FROM ALL OF US AT
Caloundra CHRONICLE



From The Source

with Norm and Suzie

A little jar of joy, a sprinkle of magic and a whole lot of Christmas!

Christmas is coming, and here at The Source Bulk Foods Caloundra, we're sprinkling a little extra magic over the festive season!

Forget the frantic shopping, endless wrapping and wondering what on earth to buy Aunt Sharon this year. We're making Christmas gifting deliciously simple, thoughtful and just a little bit different.

Let's start with Christmas in a jar or should we say Rudolph in jar!

Our gorgeous selection of Recipes in a Jar is the ultimate feel-good affordable gift. Beautifully layered with yummy ingredients, they're ready to be baked into homemade treats with just a few simple additions. Think scrumptious cookies, decadent brownies and other irresistible goodies. They're thoughtful, very practical and fabulous!

Perfect for teachers, neighbours, workmates, Secret Santa or that friend who already has everything. Because who doesn't love a gift that ends in chocolate?

Gifts that make Christmas delicious! Our shelves are bursting with fabulous festive gifting ideas. From premium nuts and indulgent chocolates to dried fruits, sweet treats and delicious pantry favourites, there's something for every foodie on your Christmas list.

Create your own personalised hamper, mix and match their favourites or discover



something deliciously unexpected. Big gifts, little gifts, thoughtful gifts.... we've got Christmas covered!

And for the Christmas bakers...

There's nothing quite like the smell of homemade Christmas treats filling the kitchen. But let's be honest, sometimes life gets a little busy! That's where we come in. Discover our selection of pantry staples like flours, sugars, nuts, oils, raw local honey, herbs and spices and so many more goodies available to purchase in-store. Perfect for cooking, sharing, gifting, entertaining or simply enjoying.

Pop into The Source Bulk Foods Caloundra and get your gifts, goodies and Christmas treats sorted before the festive rush! Because Christmas should be about making memories, sharing delicious food and enjoying the magic, not racing around the shops on Christmas Eve.

Get in early, grab the goodies and let the festivities begin!

Merry Christmas from our family to yours.

The Source Bulk Foods is located at 22A Bulcock St, Caloundra



Give and Let Give in Century 21's Christmas Drive

A little kindness can help make Christmas brighter for a local family.

Century 21 Lifestyle Caloundra's annual Christmas Drive is back, inviting locals to donate non-perishable food items to help fill hampers for families doing it tough.

Drop donations into 2/24 Bulcock St, Caloundra. Each item earns an entry into the Major Prize Hamper Draw, valued at over $750.

Know a family who could use some extra support? Contact the team to nominate them privately.

Tell your neighbours, gather a few pantry staples and help share some Christmas cheer.

Follow @c21lifestylecaloundra or call 0427 154 915 for details.

Spread your Wellness Wings

with Janice Johansen



Can optimism be learned?

Negativity can be a real stealer of joy. When we become caught up in what's going wrong, dwelling on disappointments and complaining in general, it can become a habit. Before we know it, we're noticing problems more than possibilities. The good news? Optimism can be learned.

Psychologist Martin Seligman, a pioneer in positive psychology, helped establish the idea that optimism can be learned. His work suggests that the explanations we give ourselves when things go wrong can influence how resiliently we respond. Instead of thinking, "This always happens to me, and nothing will change," an optimistic approach asks, "What can I learn from this? What is within my control? What can I do differently?"

Optimism isn't about pretending everything is hunky-dory or ignoring genuine problems. It's about choosing where we place our attention. Just as importantly, we can ask ourselves, "What can I appreciate today?"

Research suggests that practising gratitude can help us develop a more optimistic outlook. Savouring moments such as a kind gesture, a simple cup of good coffee or a moment of laughter can help us lean into optimism, even when life is challenging.

Optimism doesn't change everything around us, but it can change how we experience life.

www.chrysaliswellness.com.au

The Good Old Days



Seniors often yearn for the good old days. But were they really that good?

BY WIN FOWLES

Freedom for kids was certainly good in the 1950s. No screens, not even a blaring television. No self-appointed influencers peddling fact-free opinions and the must-have benefits of Made-in-China rubbish.

Freedom was ambling to primary school in scuffed sandals; riding an ancient Malvern Star to the distant beach on summer Saturdays; an unfussed mother whose son disappeared to God knows where but was back home for dinner.

Yes, freedom was good. That's what we want to remember because it is human nature to remember the good things, the positives.

But all was not positive in those good old days.

The scourge of polio is now all but forgotten. The iron lungs of the 1950s are gone thanks to the Salk, and later Sabin, vaccines. Kids at school in leg callipers are no longer the regular sight they once were.

We now live longer. Life expectancies climbed dramatically from an average 69 years in the early 1950s to 84 years now. That's an improvement beyond imagining in those not so distant good old days.

Maternal mortality has more than halved although still disproportionally high in rural and remote areas when compared with cities and larger towns.

Infant mortality was around 22 deaths per 1,000 live births in the 1950s. Today the rate is under 3 per 1,000. That's 700% better.

The 1950s saw 24% of Australians own a vehicle – bus or truck or car. And today? 80%, yet road fatalities have fallen dramatically.

Around 2,000 Australians died on the roads each year in the 1950s when the national population was about nine million. That's 23 road fatalities per 100,000 population.

The worst year ever was 1970, with 3,798 road deaths. That's 30 per 100,000.

Today? 2025 saw 1,314 deaths, or 4.8 per 100,000. That's a small but worrying uptick from 2019, the "best" year ever at 4.3 per 100,000.

Any road fatality is one too many but today's Australia would see 9,000 road fatalities annually if the 1970 rate still applied.

Real wealth is far higher now. But only 67% own their home today, a fall from the high of 71% in the mid-1960s. The good old days were a touch better.

Home ownership was better then but the houses were not. Three bedroom one bathroom brick veneer homes with linoleum floors in the kitchen and asbestos in the eaves and wall cladding were common. Are today's McMansions better? Maybe, but they are less affordable.

The 1950s corner store is long gone. So are twice daily mail deliveries and home deliveries of milk and bread. But the back yard dunny is also gone, and today's much-criticised supermarkets carry a range of goods unheard of in the days of the corner store.

So which era is better? That's in the eye of the beholder. But it's fair to say that any nostalgic look back at the good old days should be viewed through spectacles that are not rose coloured.

Colourful Slang of the Mid-20th Century

PART TWO

BY ANNE WENSLEY

In our previous edition, we revisited the cheerful expressions of the 1950s and '60s. This time, we're venturing into more colourful territory, with sayings that could make even a bullocky blush, inspired by Hugh Lunn's 2006 book, *Lost for Words*.

Dissatisfaction was often expressed with great colour, particularly by the male of the species. A disgruntled bloke might exclaim, "Blast, bugger, bitch, bum!" or tell you, "Your brains are in your arse."

If something went wrong, he might have "slipped and gone A over T", been ready to "shit a brick" or cried, "Hell's bloody bells!" An irritating person was "a pain in the rear end", while something plainly untrue was "heifer dust" or "a load of old tripe".

Then there were the threats: "I'll have your balls for a necktie." No room for misunderstanding there.

Swearing in the 1950s could also be wonderfully restrained. Instead of reaching for today's favourite four-letter words, people cried, "Jumping jewfish!", "Holy moly!", "Cripes!", "Crikey!", "Strewth!", "Jeepers!", "Oh, jingo!", "Gee whiz!", "Holy smoke!", "Holy cow!", "Holy mackerel!" or "Blow me down!"

Those approaching dangerous territory might pull themselves up with "Sssshhhh—ugar!" A cheeky opponent could be told to "ping off", "get nicked" or go "up your arrrrrrmpit". Other favourites included "shut your gob", "pull your head in", "fat chance" and "tough titty".

Being cheated meant you had been "fleeced", "skinned" or "dudded". A suspicious arrangement involved "jiggery-pokery", while a comfortable situation was "a cushy little number". If thoroughly confused, you were "all sixes and sevens"

Mothers had their own collection of threats, although they may not pass today's parenting standards: "I'll tan your hide", "I'll skin you alive", "I'll thrash you to within an inch of your life", "I'll slap you with a wet train ticket", "I'll spiflicate you" or "Don't play silly buggers with me!"

School had another language altogether. Children risked "getting the cuts", "six of the best" or a "cuff over the ear". A daydreaming pupil might hear "Wake up, Australia!" while a teacher delivering punishment could solemnly declare, "This hurts me more than it hurts you."

Then came the familiar advice: "Hard work never killed anybody."

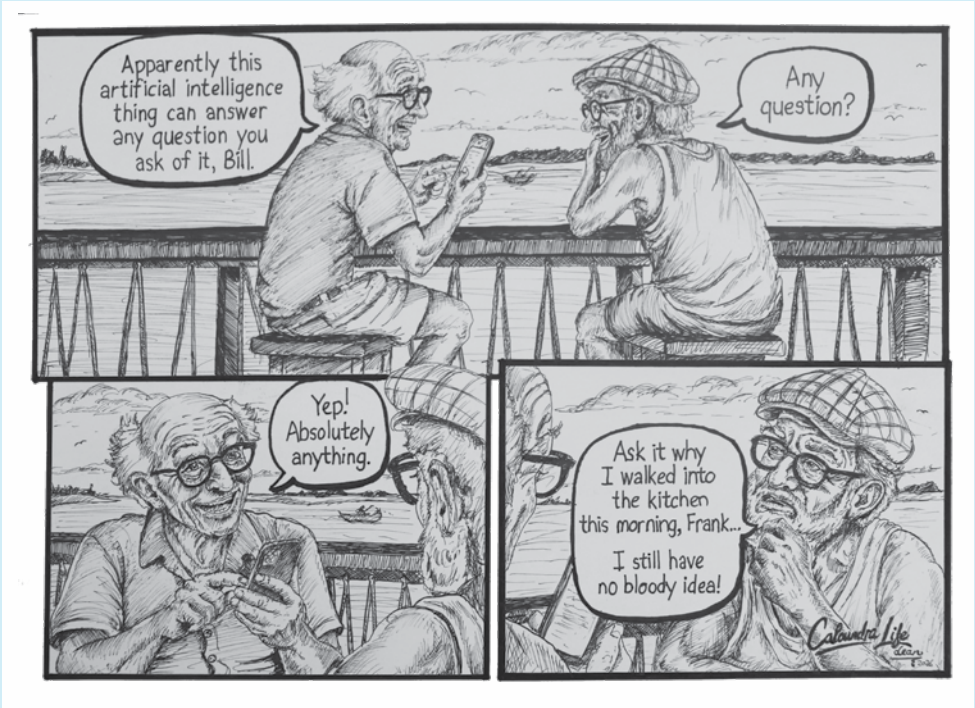
To finish, here are a few more expressions to test your memory. Can you guess what they mean?

"I'm on a promise here", "This one has bedroom eyes", "I'm still in the land of the living", "I'm at the end of my tether", "Hiding behind the door when brains were handed out", "Diddly-squat".

"Stiffen the wombats!", "Nervous as a cat in a room full of rocking chairs", "Wouldn't that blow a hole in your nightie?", "Penny dreadful", "You never know your luck till a dead horse kicks you", "Hubba-dubba, dingle-dangle, you look good from any angle" and "Don't come the raw prawn with me".

They may not all be polite, but they're certainly more colourful than "awesome".




Apparently this artificial intelligence thing can answer any question you ask of it, Bill.
Any question?
Yep! Absolutely anything.
Ask it why I walked into the kitchen this morning, Frank...
I still have no bloody idea!
Caloundra Life



FIND SANDY SEAGULL IN THE PAGES TO WIN!

Thanks to 3 Black Bears Pizza Caloundra and Dicky Beach Seafood & Burger Co, we've got some delicious prizes up for grabs!

Count how many times Sandy Seagull appears in the magazine, including this page!

The first five readers to email the correct answer to **goguide@caloundrachronicle.com** will each win a pizza from 3 Black Bears, while 10 runners-up will receive a $10 voucher for Dicky Beach Seafood & Burger Co.

THERE'S A WORD FOR THAT?!

Do you know the old-fashioned expression meaning trickery, dishonesty or underhanded dealings. You do now...

jiggery pokery

SUDOKU: HARD

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Animal Antics

BY DIZ JONES

Katta-Kun, Kindy Pelican

A pink pelican in Japan loved kindergarten so much that he kept going back for 20 years!

Katta-Kun was raised by humans and lived in Tokiwa Park, Japan. One day, he flew into Meiko Kindergarten, about 800 metres away, and apparently decided he'd found his people.

For the next two decades, he became a regular visitor, sitting in on lessons, dancing and playing with the children, and even joining the class for walks down the road. He also had a habit of admiring his reflection in glass windows.

Good News, Dudes!

Green sea turtle numbers have grown by approximately 28% since the 1970s, thanks to decades of conservation efforts around the world.

In an enormous win for wildlife, the species has officially been downgraded from Endangered to Least Concern on the IUCN Red List of Threatened Species.

Decades of hard work paying off for one of the ocean's most magnificent creatures. Boom!

Ed the Zeb

A pet zebra named Ed (hang on... you can have pet zebras!?) disappeared from his owner's Tennessee property and spent eight days on the run.

He was eventually spotted in a pasture, and was returned home via helicopter.

Wait... WHAT!? Yes, Ed the zebra was literally flown home, dangling beneath a helicopter. Just your average neighbourhood pet retrieval, really.

Clever Cockatoos

Wild sulphur-crested cockatoos in Sydney have taught themselves how to open wheelie bins. Yes, really.

These clever birds lift the lids and rummage through the rubbish in search of a tasty snack. The behaviour has spread rapidly across Sydney, but interestingly, cockatoos in different suburbs use different techniques. Researchers say they're learning from one another rather than simply figuring it out by chance.

Which raises one very important question... if they can learn to take rubbish out of the bins, can we teach them to put rubbish in there too?



Salty Sessions

with Angie Pallisier

Here are five things that have helped me move from Queen of the White Wash to feeling more confident in the lineup.

1. Surf Coaching

We are so lucky to have wonderful surf coaches and schools here on the Sunshine Coast. Coaching helped me build my foundations, understand the ocean and, importantly, build confidence in the lineup.

Group sessions are fantastic for meeting people, but I also highly recommend a few one on one sessions. Having someone watch your surfing can help identify the little things holding you back.

2. Having the Right Equipment

That shortboard sitting in the garage for 20 years might look cool, but it may not be helping you progress! When you're learning, stability and volume are your friends. The right board and correct fins can give you more opportunities to catch waves, practise and build confidence.

Knowledge is key, so I swapped some Netflix time for YouTube surf videos and tutorials. I highly recommend local surfer Kate's YouTube channel, *Surf's Up Kate*, for detailed advice on boards and equipment.

3. Surf Skating

Surf skating helped me understand how to use my hips, knees and shoulders together rather than surfing like a very enthusiastic robot!

It's also a great way to work on movement when you can't get to the ocean. I loved doing surf skate sessions with Surf Proud at Bokarina.

4. Surf Apnea

Wipeouts used to really hold me back. Being held under and thrown around made me nervous, and that fear affected my progression.

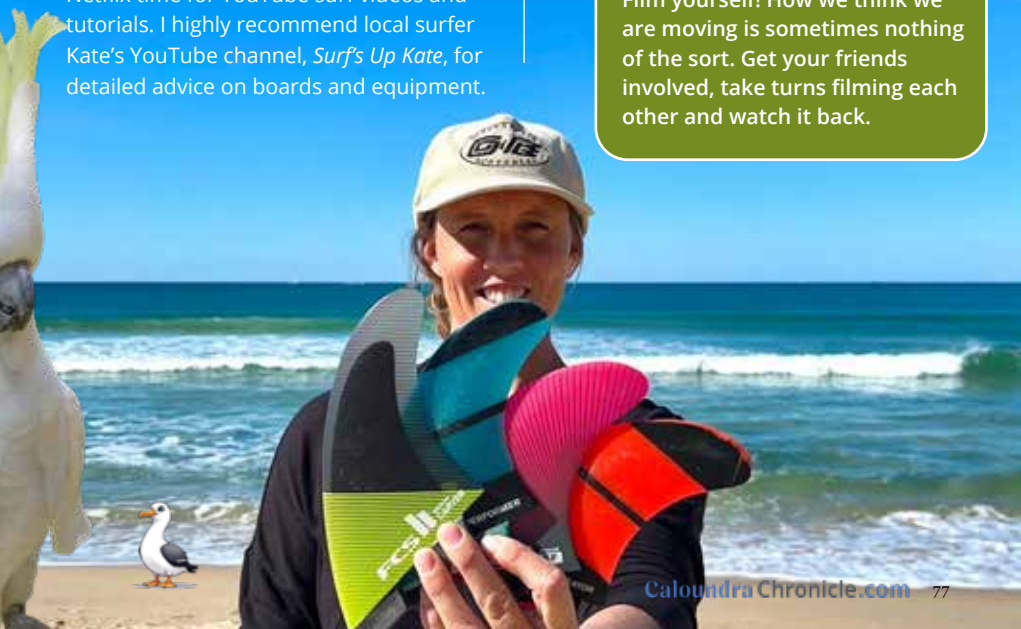
Learning breathwork and how to stay calm when being held under helped me change my relationship with wipeouts. Sisterhood of Surf runs Surf Apnea training, a game changer for me.

5. On Land Exercises

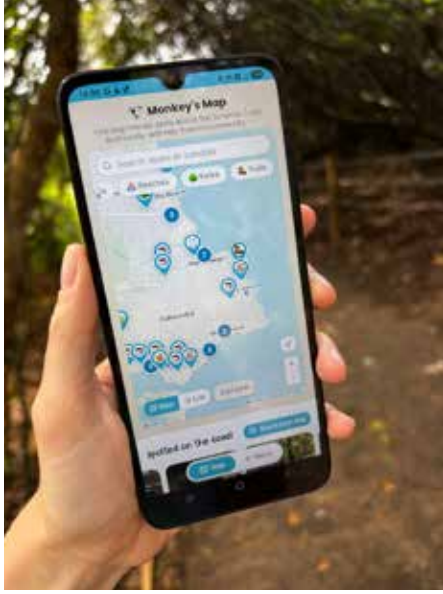
Surfing is physical! Working on strength, mobility, balance and surf specific movement has made a huge difference to my sessions.

SALTY SESSIONS TIP:

Film yourself! How we think we are moving is sometimes nothing of the sort. Get your friends involved, take turns filming each other and watch it back.







Monkey's Map

BY KIMBERLEY MATHER

Your pup's guide to the Sunshine Coast

The Sunshine Coast might be a dog's paradise, but finding somewhere your four-legged friend is actually welcome isn't always a walk in the park. From confusing beach regulations to cafés that don't allow dogs, planning an outing with your pooch can be surprisingly tricky.

That's where Monkey's Map comes in.

Created by Kings Beach local Amberlyn Baines Carbis, this handy online guide takes the guesswork out of exploring the Sunshine Coast with your best mate.

The idea began with a special four-legged friend named Monkey, whom Amberlyn met while volunteering at Sunshine Coast Animal Refuge (SCARS).

"I fell in love with a dog called Monkey and hoped to adopt him, but unfortunately it didn't work out. I'd already started building Monkey's Map, though, and what began as a personal project quickly grew into something much bigger," Amberlyn said.

Today, Monkey's Map helps dog owners discover local cafés, beaches, parks, walking trails and hidden gems, while navigating sometimes confusing dog access rules. And the Sunshine Coast community has embraced it.

"The response from the Sunshine Coast community has been incredible. People are constantly suggesting new spots, sharing photos of their dogs enjoying them, and helping spread the word," Amberlyn said.



Around Caloundra, there's plenty to explore, from Currimundi to Golden Beach, while Kings Beach remains a personal favourite for Amberlyn.

If you're a local looking to shake up your daily walk or visiting the coast with your pup in tow, Monkey's Map is a great place to start.

Ready to sniff out somewhere new? Grab the lead and visit monkeysmap.com to plan your next dog-friendly adventure.

Photos by Bella Jade

Dog's best FRIEND

Boss Dogs in Local Business



Maureen, a very pregnant Cindy and Lucy at Totally Natural Hair and Beauty



Jen and Malibu at Golden Beach News Agency



Owen and Max at Kings Beach



Chloe and Lilah at Totally Natural Hair and Beauty



Nick and Oscar at Caloundra Gem Centre

Could Poppy be your perfect match?



Six-year-old Poppy is a gorgeous Maltese cross with a big smile, magnificent underbite and gentle, affectionate nature.

Currently in foster care with 4 Paws Animal Rescue, this 11.7kg sweetheart loves cuddles, treats and being close to her people. Still building confidence, Poppy needs a patient, loving family who will let her explore at her own pace. An adult household or one with teenagers would suit her best

Poppy is healthy, desexed, vaccinated and microchipped, and ready for her forever home.

To adopt Poppy, visit 4pawsanimalrescue.org.au.





Bucki's Journey

With Kabi Kabi Elder, Aunty Bucki



The voices of Elders echo across the Earth

For nine days, the rain fell on the Yuni-Sun Gathering, a persistent drumbeat on the Dha'gūn. But it was not a sound of sorrow; it was a cleansing, a blessing on a profound gathering.

Elders from across the continent and Aotearoa had travelled far, their wisdom etched in the lines of their faces, to answer a call. Here, on Kabi Kabi dha, they came together to reignite the voices of the elders—voices that had too long been silenced by the noise of a world that wants to silence the elders' voices.

The air was thick with story and shared purpose. Laughter and deep conversation wove through the camp, forging bonds of solidarity under the grey sky.

The gathering was an opportunity to bring ancestral knowledge to the fore, strengthen cultural connections and ensure the wisdom of the elders continues to be heard.

A powerful new chapter was written with the help of an archaeologist from New York. He joined our men on a trek to Djaki Kundu, our sacred site. There, they uncovered further archaeological findings, tangible proof that this sacred site is undeniably Kabi Kabi. This discovery is a truth that will now be documented for the world to see.

The rain was continuous, a test of our spirit, but it only strengthened our resolve.

We sought a positive outcome, and we found it, leaving Yuni-Sun not just with new evidence, but with a renewed fire in our hearts. The voices of the elders are remembered, and they are reawakened, echoing across the earth once more.

Email: dhayarngathering@pm.me



THE ARTIST'S WINDOW
November: Teresa Durie

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The team behind SG Builder: Stacey and Josh

SG Builder: Nailing it

You dream it, we'll nail it. That's the motto behind SG Builder, and for Sunshine Coast builder Josh, it's an attitude that comes naturally.

His love of construction started young. Always happiest with tools in hand and something to create, Josh left school at 17 to begin his apprenticeship, turning an early interest into a career and becoming a licensed builder in 2018.

Today, Josh puts his skills and experience to work transforming homes across the coast, specialising in renovations and extensions, with particular expertise in NDIS home modifications.

A hands-on tradie at heart, Josh brings an easy-going, down-to-earth approach to every project, combining practical know-how with an eye for detail and a genuine pride in quality workmanship.

Every home and family has different needs, and Josh enjoys finding practical ways to make a space work better. That might mean opening up a living area or adding extra bedrooms to accommodate extended family.

Alongside him is Stacey, the other half of SG Builder, who helps keep everything running smoothly behind the scenes and isn't afraid to roll up her sleeves and get on the tools when needed.

Together, Josh and Stacey take pride in working closely with homeowners, understanding their ideas and helping them make informed decisions along the way. Clear communication, attention to detail and quality workmanship are central to how they run their business.

Have a project in mind? Find out more at www.sgbuilder.au.

SG BUILDER

Your Local Sunshine Coast Builder

Renovations & Extensions | New Homes

Decks and Outdoor Living | Bathrooms

NDIS Home Modifications

QBCC Licensed - Fully Insured - NDIS Registered

You dream it, we'll nail it! 0400 934 945 | sgbuilder.au



There's always a reason to get together.

Tucked into the rainforest at Glenview, Daisy's Place has been part of the Sunshine Coast story since 1923, when Daisy Johnson opened the original Rustic Cabin. More than a century later, the setting remains unmistakably Daisy's, surrounded by lush forest, rich with character and full of the warmth that has defined it for generations.

Breakfast · Lunch · Celebrations







Made for every moment.

Come for a relaxed breakfast, lunch and drinks with friends or to celebrate with the people who matter. From quiet tables for two to lively afternoons shared with family and friends, Daisy's Place invites you to enjoy great food and make a little more time for each other.

Make your way to Daisy's Place.

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daisysplace.com.au

11 Frizzo Connection Rd, Glenview
Thursday – Monday | 8am – 3pm