

Caloundra Chronicle

#2: March 2025 | Feel-good news



**When
Fishing is
Your World**

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**Coffee
with Heart**

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7-9 Tay Ave Caloundra

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**DROP IN TO SEE GRANNY & ORRY FOR FRIENDLY
SERVICE AND EXPERT LOCAL KNOWLEDGE**



Pumicestone Passage: Rebecca Sian

In the spirit of unity and healing, we acknowledge the
Kabi Kabi people as the traditional custodians of this land,
where we live, play and share our stories.

We honour the ancestors, elders and caretakers of earth and their
enduring spiritual connection to the land, waters, and sky.

WELCOME

Dear Readers

Our first edition was warmly welcomed by the community—thank you to all the local businesses that stocked the magazine in-store. Copies were picked up at an encouraging pace, so we've increased distribution at key local hotspots.

A heartfelt thanks to everyone who has kept the home fires burning and to those who have generously contributed their time and energy. Our team is growing, and we're excited to welcome Jodie and Mia to the fold, as well as columnists Lisa, Rashida, Stuart and Ashley.

A special mention to our resident cartoonist, Peter Carnavas—a former Caloundra High student and now an internationally best-selling children's author. If you haven't yet discovered his beautiful and profound storybooks, I highly recommend you do.

February marked the launch of our first e-newsletter, and we now have a dedicated Caloundra GoGuide calendar online. Thank you to David for his incredible effort in making this happen!

As is the nature of independent publishing, we strive to find a perfect balance between editorial and advertising—giving and receiving in a way that allows us to share as much information as possible. If you love what we do, we invite you to support us as a sponsor or advertiser.

We're also on the lookout for a Caloundra-based advertising representative—someone passionate about our community and aligned with our vision.

In this edition, we've added fashion and surfing to our pages and launched a new reader contribution segment, inviting photos and written pieces from the community. You can find out more on our website.

Caloundra businesses, I'd love to hear how we can best serve you and how you envision this publication evolving. If you have any ideas, please email me directly at connect@caloundrachronicle.com.

Yours in creative collaboration,

Alana Hall
Editor

CREDITS EDITION #2 MARCH 2025

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Caloundra Chronicle

The opinions and views expressed in this magazine are those of the individual contributors and do not necessarily reflect the views of the editorial team. While we strive for accuracy, we cannot guarantee the completeness or reliability of the information shared. All content is intended for informational purposes only.





Dave and Andy, circa 1983, on a beach fishing trip. Right: Today, at Caloundra Fishing World.

when fishing is your world

Walking into a store and being greeted by name is a rare experience these days. That personal touch is what sets Caloundra Fishing World apart. David Granville—better known as Granny—and Andrew Orr (Orry) have transformed a simple seaside bait shop into a thriving fishing community. In just two and a half years, their expertise, generosity, and genuine personalities have made CFW the go-to fishing store in town.



Their lifelong mateship, spanning 35 years, forms the foundation of their success. It began with their fathers—Granny's dad, Ron, and Orry's dad, Geoff—fishing mates from rival clubs. From the age of five, the boys joined their dads on annual camping trips to Double Island Point or Fraser Island, casting lines into the then-deserted surf beaches.

"We loved fishing in the surf for tailor, bream, and dart," Dave recalls. "Even as a young fella, Andy was a really good beach wormer—his job was to pull the worms, then we'd go fishing. Those were the best times of our lives."

Both grew up in Brisbane—Dave in Graceville, Andy in Ashgrove. Dave's dad, a shipping manager for Shell Oil, was part of the Shell Fishing Club, while Andy's dad, a fishing writer at the Courier Mail, belonged to Victory Fishing Club. The clubs, both under the South Queensland Amateur Fishing Association (SQAFA), competed fiercely yet also supported each other.

"Things were a lot different back then," Dave recalls. "The club scene was all about catching as many fish as possible—no bag limits. We'd haul in 100 fish a night, and that was just normal. Nothing went to waste. After a club session, Dad would spend half the next day at the filleting table, and neighbours would drop by for their share. We'd even barter fish for fresh fruit and veggies."

The Brisbane River was their go-to fishing spot. While Dave focused on jew fish, Andy specialised in sharks. Fishing was in their blood. Andy would

ride his pushbike 30 kilometres from Ashgrove to the river, to fish alongside Suncorp Stadium. Nights were spent fishing under the bridge at Norman Creek, hauling in massive jew fish.

As they grew into adulthood, life took the mates in different directions, each pursuing careers and experiences that kept them connected to the ocean and fishing in their own way.

In 2020, with a wealth of knowledge under their belts and a desire to collaborate, Andy and Dave decided to turn their lifelong passion for fishing into Rockstar Tackle, an online store specialising in unique fishing gear. However, they quickly discovered that online retail lacked the personal touch they had always valued, reducing competition to price alone. Despite significant investment in SEO and a warehouse in Warana, the business struggled to gain traction.

Then, in August 2022, Caloundra Fishing World came onto the market. Seeing an opportunity, they bought the store and spent the next two and a half years transforming it into today's successful business. "It's a completely different shop now—nothing like when we took over," Dave says. "It was pretty run-down. The previous owner had been here for years and was over it."

Now, they stock all major brands. "Once we got Shimano, everything changed. It allowed us to take the shop to the next level. More recently, we added Daiwa, giving us the two biggest names in fishing tackle. And now, we've finally secured Alvey."

"Caloundra is Alvey heartland," Dave says. "Alvey is known for its side-cast reels, and for estuary and beach fishing, it's long been the reel of choice for many local anglers."

"Like any small business, it hasn't been easy," Dave admits, "but Andy and I are proud of what we've built." Andy elaborates on their dynamic, saying, "Our business partnership is bloody brilliant. Dave's the brains, and I'm the mouth. I'm happy to let Dave handle ordering; we discuss it, he orders it, and I sell it."

They don't see big-box stores like BCF and Anaconda as competition. "When people walk into those places, they don't get the personalised service we offer. Here, we know most of our customers by name, and that connection is invaluable. Many have become friends."

One of their best ideas was Lure of the Week. "Back when TikTok was booming, we realised we could reach a massive audience without spending a cent. Every Friday, we pick a new lure and Orry presents it.

We just have fun with it, taking the mickey out of each other. There's no sponsorship, no cash-for-comment—just genuine enthusiasm. Over two and a half years, we haven't missed a single week, and it's gained a loyal following across Australia. Recently, Orry was recognised all the way down in Tasmania, and even wholesalers ask when their lure will be featured!"

Granny and Orry encourage anglers who haven't visited in a while to return and see what's new. With the store expansion, top fishing brands, and the best bait on the Sunshine Coast, there's never been a better time to drop by and stock up for your next fishing trip.

Read the unabridged story
online at caloundrachronicle.com

Follow Granny and Orry on
[facebook/caloundrafishingworld](https://facebook.com/caloundrafishingworld)

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2/14 BEERBURRUM ST, DICKY BEACH

kavabowlpoke

CHILL CAFE 89

Dave and Ashley Deambrogio's passion for quality food, great coffee and exceptional service has won the hearts of customers in the Golden Beach community. Dave recaps their journey and the formula behind their success.



"This August marks 10 years since we started. I come from a food background in Cairns, where I ran a successful fish and chip shop. When we found this little gem at Golden Beach, we saw its potential, developed it, and got busy. My son Ash moved down from Cairns to help run the business, and now we manage it together as a family enterprise.

"We pride ourselves on two things: exceptional customer service and a great coffee experience. We use a specialised blend from Genovese - a Melbourne-based family business that has been in the coffee industry for over 14 years. Bringing that quality coffee to Golden Beach has been a great success, paired with the many inspired flavours we offer on our menu.

"We complement our coffee with a variety of homemade delicacies—90% of our cakes, muffins, and scones are baked in-house, adding to the warm, welcoming experience we aim to provide.

"We take pride in our all-day breakfast and lunch menu. We open our doors at 4.30am, 364 days a year—we only close on Christmas Day.

"Breakfast is served from 6am and runs all day, with a lunch

menu starting from 11am, Monday to Thursday.

"On Fridays, Saturdays, and Sundays, we extend our hours from 4.30am to 8.30pm, offering a completely different dinner menu.

"Live acoustic music adds to the atmosphere on Fridays, Saturdays, and Sundays from 4.30pm to 7.30pm. We strongly recommend booking ahead, especially from Thursday to Sunday, as we are often fully booked.

"We also have a special from 3pm to 5pm on weekends, featuring fresh oysters at \$2.50 each, with Kilpatrick and Mornay options.

"Seafood is at the heart of our menu. With my background in Cairns, we've built strong relationships with trawlers and local fishermen. Our seafood selection includes Moreton Bay prawns, Spanish mackerel sourced from North Queensland, barramundi from Daniel St Fish Markets, and salmon and oysters from trusted suppliers. We also cater for special events such as weddings and birthday parties, offering custom menus for these occasions.

"Golden Beach has a wonderful, community-focused atmosphere. About 88% of our customers are locals, and we also welcome tourists who appreciate the same level of service. Our café enjoys stunning



ocean views, and on clear days, you can see cruise ships heading towards Brisbane Port.

“We’re incredibly grateful for the support of our customers and community over the past decade, and we look forward to many more years ahead.”

Through Chill’s coffee loyalty program—customers will receive a complementary coffee when they present this magazine, and a loyalty card for future visits, with the tenth coffee also free.

CHILL CAFE 89
89 Esplanade
Golden Beach



CHILL GELATO BAR

Opening on Boxing Day 2023, Chill Gelato Bar has been proudly serving the Golden Beach community for over a year. Paulette and her team are grateful for the support of both locals and holidaymakers, who have embraced their passion for quality treats. Regular customer, Helen, has been visiting Chill Gelato Bar seven days a week—often multiple times a day—always indulging in her favourite treat: mango and macadamia gelato.

The fresh juices and smoothies are made using locally grown produce, and the team are committed to supporting local businesses. The gelato and sorbet is supplied by Maleny Food Co.

Chill’s gelato is gluten-free, with a selection of dairy-free flavours available and 24 delicious flavours to choose from. The gelato shakes are extremely popular, and they serve up a great coffee made from the well-loved Genovese coffee bean.

Chill Gelato is active in giving back to the community, sponsoring local schools and sports clubs.

CHILL GELATO BAR
Shop 5/44, Golden Beach



REAL GOOD COFFEE

At The Real Grocer, coffee isn't just a drink; it's a carefully crafted art form, made with passion and precision.

"We wanted to be more than just a health food store that sold coffee," says Katrina, the owner. "We wanted the coffee to be so good, it brought people to the store." Sourcing their beans from Ground Control, a small roastery on the Tweed, the café serves organic coffee that's perfectly balanced, offering a punch of flavour that keeps customers coming back for more.

But it's not just great organic beans. Katrina explains, "We take it to the next level. We pump Mt Beerwah Natural Spring Water from tanks beneath the store to the coffee station. The water's pH level balances out the acidity of the coffee, making it more digestible."

In addition to their premium coffee, the café only uses organic milks—Barambah and Mungali—as well as the finest alternative milks available. "We even make our own almond milk here," Katrina adds. Every detail is considered to ensure each drink is as fresh and flavoursome as possible.

The baristas at The Real Grocer are trained offsite before they begin working at the café, followed by further training with one of the head baristas. This ensures consistency and quality in every cup. But Katrina reminds us, "It's about the energy. You've got to put that love into it."

THE REAL GROCER
42 Landsborough Parade
Golden Beach



TAKE 5 WITH TAHLIA

1. How do you take your coffee?

The trusty ol' flat white, or if it's a sweaty day, an iced long black.

2. What is the best thing about working for The Real Grocer?

Watching strangers meet, have a laugh and become buds. It happens all the time.

3. Favourite Caloundra spot?

If I'm not at TRG, I'm likely at Kings Beach basking in the water.

4. What lights you up?

Unexpected connections with new people and dancing.

5. Your fave drink to make at TRG?

Cacao Bliss (crowd favourite) or if my latte art is on fire, a flat white.

BRAIN TEASERS

- You're driving a city bus. At the first stop, three women get on. At the second stop, one woman gets off and a man gets on. At the third stop, two children get on. The bus is orange and it's raining outside. What colour is the bus driver's hair?
- The more you take, the more you leave behind. What are they?
- What can fill an entire room without taking up any space?

a) Whatever colour your hair is. b) Footsteps. c) Light.

USE THE CODE TO REVEAL THE QUOTE

Place each letter represented by a symbol into the grid to unveil some words of wisdom.

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Alice Morse Earle

Quiz Answers: 1. Hippopotamus 2. Eucalyptus leaves 3. Snails 4. Zero 5. Three 6. Blue whale 7. Hummingbird 8. Cheetah



Hi, my name is Isla, and I loved making these fun and games pages! I hope you enjoy all the fun challenges and activities here.

This month see if you can track down Sandy as she looks for a feed throughout the mag. Write us a creative letter mentioning how many times she appears in total (including this page). Mail to Po Box 986 Caloundra, QLD, 4551. **Winner receives a gift voucher to Chill Gelato Bar, Golden Beach!**



THERE'S A WORD FOR THAT?!

HYGGE

The Danish and Norwegian word that describes a cozy, contented mood; feeling comfort and relaxation. Pronounced 'hoogah'.

Bella had a choice to make:
chase the turkey or finish her puppuccino.



PC

HOW WELL DO YOU KNOW...

Animals?



1 Which mammal is known to have the most powerful bite?

2 What is the primary diet of a koala?

3 Which animal can sleep for three years?

4 How many bones do sharks have in their bodies?

5 How many hearts does an octopus have?

6 What is the largest mammal in the world?

7 What is the only bird known to fly backwards?

8 Which is the fastest land animal?

Quiz answers, pg 10.

4x4 SUDOKU

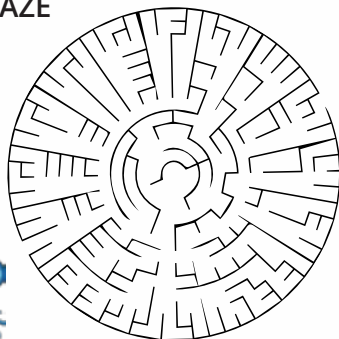
Fill in the blank squares so that every row across, every column down and each 4x4 box contains the numbers 1 to 4.

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CIRCLE MAZE

Help Reggie find his way through the maze.





a cuppa with Joy Potter

Thrills Espresso Cafe, Currimundi Lake

Over a cuppa with Joy Potter, Alana Hall discovered Joy's life secret and motto: 'Women can do anything!'

Joy Potter was born in Nelson, New Zealand at Te Rangi Hospital. The first born daughter after four boys, she was taken as a wee baby to the Māori Pā where her family lived and her father worked running a sheep farm. There she was raised by forward-thinking parents who instilled in her the values of equality, responsibility, and the belief that women can accomplish anything.

Her mother and grandmother played pivotal roles in shaping Joy's confidence, emphasising the importance of women and encouraging her to take on new challenges throughout her life. "My mother always said women can do anything, and I never forgot it," Joy recalled. This mentality fuelled her determination to pursue nursing and take on leadership roles in various jobs later in life.

When the family first arrived at the Māori Pā, there was no school, so Joy's mother took matters into her own hands. "She went about organising my brothers, my father and his friends, and they brought a school from miles away on a truck.

They placed it on a block of land, and she became the schoolteacher until the government brought in a real schoolteacher years later."

Joy's mother and father met at a dance; her mother was Baptist, and her father was Catholic. "No one thought it was going to work, so neither of their parents came to the wedding," Joy shared. Despite their differing religious backgrounds, they held a strong belief in raising children with responsibility, freedom, and joy. "If you have children, you bring them up correctly, let them have fun, but they must be responsible for who they are," Joy recalled. As they grew older, the children were given the freedom to make their own decisions. "People would ask me which church I went to, and my parents said, you go to the closest church, no matter what denomination."

Living on the Māori Pā as a Pākehā (white) family was a unique experience. "It was the most incredible place to be, because there was freedom, but also responsibilities," Joy reflected. Even as a young girl, she had duties,

like caring for a lamb that needed feeding. "My mother believed in gender equality, and we all learned the same things," she explained. "If she cooked a cake, the boys learned how to cook a cake alongside the girls." Her mother's influence made a lasting impression on her.

At intermediate school, one of her teachers asked, "Joy, what do you want to do when you leave school?" Joy responded, "I want to be a nurse," and that goal became a reality. "I left college at 15 and couldn't get into nursing right away, but I was determined," she said. She marched herself to an old people's home and asked the matron to teach her. The matron said yes and by the following Monday, Joy was working as a nurse.

For her 21st birthday, Joy's mother made her a beautiful cake. While cleaning up afterward, Joy casually told her mother, "I'm leaving tomorrow. Are you coming to the airport?" Her mother replied, "Are you going back to Nelson?" Joy responded, "No, I'm going to Australia." Her mother was so excited.

When Joy arrived in Melbourne, she went straight to her cousin's place in Canterbury. There, Joy met a lady who was very sharp. "She said, 'Joy, there's a position vacant in theatre. Would you like to start tomorrow?'" Joy accepted the offer, even though she had no previous experience. "I took the job, learned along the way, and absolutely loved it."

Near the hospital, there was a large church. "The matron told me, 'There's a church up the road, but we don't suggest you go there. It's just a lot of loud music.'" But Joy thought, "This is right up my alley." She played the guitar and other musical instruments, so she went to the church, introduced herself, and ended up in the choir.

At a concert held at the church, Joy saw a group called the Firebrands, and she noticed the drummer, who turned out to be her future husband, Jonathan. "He had black hair, was

absolutely gorgeous-looking, and I thought, 'Pick me.'" After the concert, despite many girls vying for his attention, Joy confidently walked up to him, and began talking. "We had coffee, and the rest is history. They got married in New Zealand and then returned to Australia to start their life together.

The arrival of their children Nathan and Lisa completed their family and in 1981 they moved to Caloundra, and found their forever home. The small seaside town with its welcoming country-style community was exactly what they were looking for.

In Caloundra, while caring for her community or taking on new challenges, Joy continues to embody the lessons learned from her upbringing. Her self-confidence, belief in equality, and sense of responsibility proving time and again that with determination and heart, anything can be achieved.



Anro Asia

Stuck for Good?

By historians Anne Wensley,
and John and Janice Groves



The dramatic grounding that turned into a media spectacle and tourist sensation

In 1981, a fully loaded 13,500-tonne container vessel from Malaya ran aground on the northern tip of Bribie Island near the entrance to the Pumicestone Passage at 7:20 pm.

At the time, Coast Guard officials reported, "She is stuck fast but in no danger of breaking up in the calm seas." The vessel had been preparing to enter the North West Shipping Channel when it struck the sandbank at full speed.

The ship's captain requested a tug at high tide to assist in refloating the vessel, but the attempt was unsuccessful. From the shore, it appeared to be positioned directly across the then-bar at Pumicestone Passage near Bulcock Beach.

For two weeks, the stranded vessel became both a media sensation and a major tourist attraction, causing persistent traffic congestion at Happy Valley.

The ship sustained damage to seven ballast and oil tanks, raising concerns about its stability if and when it could be freed from the coffee rock and sandbank.

Lloyd Clark, an experienced mariner who had rescued numerous boats from Caloundra Bar and skippered the survey vessel when the North West Shipping Channel was being marked, stated, "It appears the Anro Asia passed the number one red buoy and failed to execute the required 80-degree turn." Official reports attributed the incident to pilot error.

Multiple refloating attempts failed, leading authorities to offload all 80 shipping containers onto the sand at Happy Valley. Chinook helicopters were deployed to complete the task, with a convoy of semi-trailers standing by to transport the cargo to Brisbane.

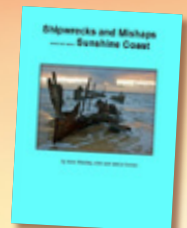
During the vessel's two-week stranding, thousands of spectators gathered along the shoreline, equipped with binoculars, cameras, and refreshments to witness the unfolding efforts.

At one point, when hopes of refloating the ship seemed slim, there were proposals to repurpose the ship as a floating tourist hotel.



Caloundra's Past – Preserved in Books

Local historians Anne Wensley, John Groves, and Janice Groves have authored numerous books on Caloundra's history. These books are available at the Book Shop at Caloundra and the Caloundra Lighthouse on the 2nd and 4th Saturday of each month. Also available directly from John and Janice Groves at 0434 680 312 or Anne Wensley at 5437 0011.



Right: Shipwrecks and Mishaps...Sunshine Coast

Autumn ALLURE

Autumn brings a cool change, inviting gorgeous prints, pops of colour and chic, comfortable fashion to embrace the season.



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BOUTIQUE

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Tropicallday

Available from Tropicallday
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0417 506 579



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(07) 5491 6499





GROWING ON COUNTRY

When it comes to growing food on this ancient land now known as 'Australia,' who better to learn from than its sovereign custodians?

First Nations peoples have long held the knowledge required to care for and heal the Earth.

Recognising the need to share Indigenous food growing perspectives with non-Indigenous people, Gamilaroi woman Dominique Chen and Barkindji woman Zena Cumpston created Growing on Country, an online educational course.

With deep respect for cultural protocols, the course not only teaches practical allyship skills but also explores ways to foster meaningful connections with First Nations people and knowledge systems. Growing on Country invites participants to engage with food growing in a way that honours its origins, ensuring that Indigenous wisdom remains valued and protected.

Chen, whose work in academia has long focused on Indigenous food sovereignty, explains, "I started a PhD looking at urban Aboriginal food growing and how to strengthen the continuation of culture in these urban environments, particularly around food growing and access to spaces and the politics involved." Through this, she realised the gap in understanding among non-Indigenous allies who wanted to be more supportive but didn't know where to start.

The resurgence of interest in bush foods has also been a major factor in this educational push. "The bush foods industry is having a big resurgence—no one's really looked at our foods with any value for the last 235 years. It's a \$30 million industry, and only about 1% is engaging Indigenous people, while at the same

time one in five Indigenous families in urban areas go without food every week,” says Chen.

At the heart of Growing on Country is the recognition that knowledge-sharing within Indigenous communities is deeply rooted in integrity and responsibility. “Everything about our knowledge systems comes back to protocols and respect—the relationships and reciprocity that underpin it, so it doesn’t just become an extraction of our knowledges,” says Chen.

Chen also highlights the power of small-scale actions. “I’m a pretty grassroots person and feel there’s so much people can do even in their backyards. If you’ve got a 400-square-metre yard, there’s still social justice and environmental justice work that can be done in that little area. We don’t have to wait for governments or large-scale projects.”

With a deep connection to Country, First Nations people hold invaluable insights into living in harmony with nature. Chen explains, “We don’t distinguish between the health of Country and the health of people. As 3.8% of the population, we need everyone to help us look after Country.”

As Chen encapsulates, “In Gamilaraay, we say ‘Gunii Ma’—like Mother Earth. ‘Gunii’ means mother and ‘ma’ means hand, so it’s thinking about mother’s hands that are

holding us, and the importance of looking after our mother.”

All profits from Growing on Country go directly to Yuruwan—an Aboriginal-run not-for-profit supporting culturally centred, urban food and medicine growing initiatives by and for First Nations people.

More information can be found at yuruwan.org.au.



Dominique Chen (top) and Zena Cumpston, co-creators of Growing on Country.

Sign up for Growing on Country at growingoncountry.com.au.



ZACK DE JERSEY: PROPERTY INTO PROSPERITY

At just 25, local entrepreneur Zack de Jersey is making his mark in the real estate industry. Through his agency, De Jersey Estate Co—prominently located on Kings Beach Headland—he is helping clients maximise their property sales and transform their financial futures.

By Mia Ludwig

Raised in Caloundra, Zack discovered his passion for real estate at 18, inspired by his mother's love for the industry. Combined with the entrepreneurial spirit of his father and grandfather, this influence ignited his ambition to launch his own business. His journey is driven by a deep passion for helping people change their reality.

"Seeing that excitement is the best," he said. "Let's say clients want a certain figure, and you get them \$50,000 or \$100,000 more. It can change their lives. They can then buy a property they thought they originally could not afford."

Specialising in beachside properties, Zack is dedicated to the community that shaped him. "I grew up here my whole life, it's a special area," he said. He attended Talara Primary College before moving on to Unity College for high school. Alongside his studies, he was actively involved in the local sporting scene, playing junior and senior rugby league with the Caloundra Sharks.

Unlike large real estate agencies, Zack focuses on creating a personalised experience, ensuring



clients receive his full attention rather than being handed off to other agents. He prioritises providing the necessary information and allowing clients the space to decide in their own time, without external pressure.

Looking ahead, Zack is committed to continuing to deliver high-level service while also creating opportunities for newcomers in the industry. "I want to grow the team and mentor people as they work their way up through the industry, just like I was," he said.

Dedicated to his craft and his community, Zack de Jersey is reshaping the real estate experience for people buying and selling properties in Caloundra.

dejerseyestateco.com.au

FAMILY-FRIENDLY MARKET FUN

The Caloundra Markets group is proudly owned and operated by the Caloundra Chamber of Commerce. Hosting 2 weekly and 4 monthly markets we offer a vibrant and bustling experience for locals and visitors alike.

Operating exclusively in the 4551 postcode, our markets are family-friendly, accessible and welcoming of dogs. Each event has live music, market stalls and food vendors that compliment our local small businesses. Our stunning locations, range from Currimundi Lake to Pelican Waters Marina, the master planned community of Aura and downtown Caloundra.



Whether you're looking for fresh ingredients, artisanal products, or simply a fun outing, we offer a delightful experience that reflects the relaxed and welcoming vibe of the Sunshine Coast.

We can't wait to see you soon!





Arni hanging with his holiday buddy Adrienne, while his mum Angelique is away, Bulcock Street



Joanne and Maia at Kings Beach Convenience Store

Dog's
best
FRIEND

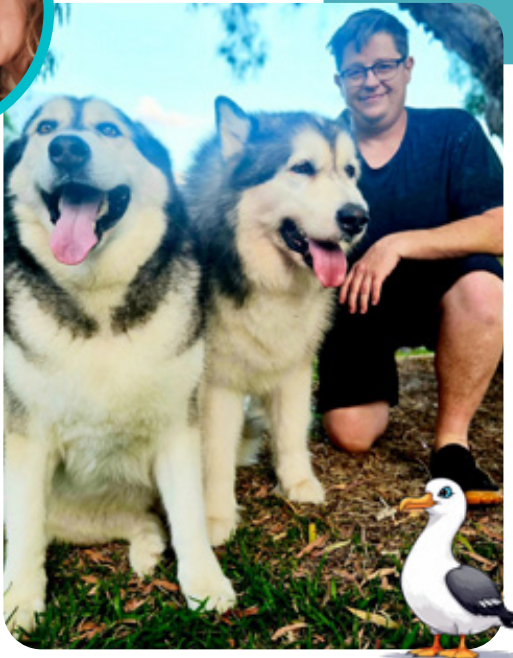


Keep an eye out around town for our junior photographer snapping local dogs with their BFF. You could be next!

<< Our junior photographer Bella, with her bestie Lulu



Belinda and Pudding at Dicky Beach



Lunar, Loki and Ben at Currimundi Lake



Hattie and Danyelle at Golden Beach Community Garden



Tom, Amiga, Wilfred at Caloundra Street Fair



Steph, Chip and Evie at Caloundra Street Fair



James, Madeleine, Zoe, Mum and Paddington, the crazy labradoodle

My goal in life is to be the kind of person my dog thinks I am.

— Paul Dunn



View the GoGuide online at
caloundrachronicle.com/events
To submit your events, email
goguide@caloundrachronicle.com



ENTERTAINMENT



A GIRL'S GUIDE TO WORLD WAR 14 & 15 MARCH, 7PM THE EVENTS CENTRE

A home-grown smash hit musical about the Aussie women who defied convention, snuck onto the front line, and became war heroes. Told with rollicking humour and stirring live music, this is a TRUE story the history books didn't want you to know about!

theeventscentre.com.au

BUBLÉ, BROADWAY & BEYOND 19 MARCH, 11AM THE EVENTS CENTRE

A glorious daytime concert featuring a beautiful combination of story and song. This uniquely intimate show features stunning vocals and breathtaking piano arrangements of beloved songs from Michael Bublé and Elvis Presley to name a few.

theeventscentre.com.au

HAYSTACK MOUNTAIN HERMITS 19 MARCH, 7.30PM THE EVENTS CENTRE

Multi-award-winning Haystack Mountain Hermits, bring a sound steeped in tradition yet entirely their own. Known for their extraordinary vocal harmonies, impeccable musicianship, and a seamless blend of traditional and original bluegrass and folk songs.

theeventscentre.com.au

SC SYMPHONY ORCHESTRA 29 MARCH, 7PM THE EVENTS CENTRE

Selections from the top 100 ABC Classic feel-good favourites you voted for in 2024, including Dvorak's Symphony 'From the New World', Vaughn-Williams' Lark Ascending and highlights from Bach, Bizet, Copland and more.

theeventscentre.com.au

THE BLACK BLUES BROTHERS 30 MARCH, 6PM THE EVENTS CENTRE

Acrobatic & Cirque Spectacular! A must-see international show with a blend of contemporary circus and musical comedy with numerous sold-out performances, standing ovations, and four- and five-star reviews.

theeventscentre.com.au

LIVE MUSIC

FRI / SAT / SUN

CALOUNDRA POWER BOAT CLUB

Enjoy the perfect mix of live music and stunning waterfront views at Caloundra Power Boat Club—Fridays and Saturdays from 7pm, and Sundays from 12pm.

caloundrapowerboat.com.au

WED / THURS / SUN

KINGS BEACH BAR

Kick back and let the view of the ocean and the sound of Kings Beach Bar's local musicians wash away your worries, while the kitchen takes care of dinner. Live music from 5pm.

[instagram/kingsbeachbar](https://www.instagram.com/kingsbeachbar)



FRI / SAT / SUN

CHILL CAFÉ 89

Unwind on Chill Café's scenic seaside verandah, where you can enjoy inhouse specials and live acoustic performances every Friday, Saturday, and Sunday evening from 4.30pm to 7.30pm. Savour the melodies as the sun sets, creating the perfect backdrop for a laid-back, weekend experience by the water.

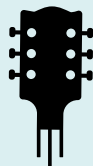
[facebook.com/chill89cafe](https://www.facebook.com/chill89cafe)

FRIDAY NIGHTS

SISILY AT THE COVE

Grab your crew and a picnic blanket and make your way to Sisily at the Cove. Vibe to the tunes while savouring delicious street food from guest food trucks. Live music from 4.30-7.30pm.

[instagram/sisilyatthecove](https://www.instagram.com/sisilyatthecove)



FRI / SAT / SUN

THE CORNER IN CALI

The Corner in Cali hosts live music every Friday, Saturday and Sunday from 5pm to 8pm, showcasing soulful tunes from accomplished artists.

[instagram/thecornerincali](https://www.instagram.com/thecornerincali)

SUNDAYS

MARINA BAR AND BISTRO

The Marina Bar and Bistro presents live music every Sunday from 3pm-6pm. Enjoy wood-fired pizza from 4pm. Dine in with full table service or takeaway.

[instagram/marinabarandbistro](https://www.instagram.com/marinabarandbistro)



DAVE BARRIE & IZZIE

NEW SINGLE TOUR

Award winning Noosa singer-songwriter Dave Barrie releases his new single 'Back On The Ground (feat Izzy)' this March accompanied by a string of shows on the Sunshine Coast. You'll hear the new single along with a few other originals and Dave's take on popular covers from the 60s to today. His use of a looper creates an often entrancing one-man-band experience, layering multiple tracks of acoustic guitar, percussion and harmonies. Izzy will join Dave with vocals, ukelele & percussion.

Wed 19 March - King's Beach Bar

Fri 21 March - Currimundi Night Market

SOCIAL EVENTS

CHIT CHAT TUESDAYS TUESDAYS – 10.30AM HAPPY VALLEY BEACH

Connect with local women in the heart of Caloundra at Happy Valley Beach, where great company, delicious food, and stunning views come together. This free event brings women together to share meaningful conversations and lasting connections in a beautiful coastal setting.

Call Evelyn on 0407 624 650

OLD-SCHOOL SURFERS MEETUP EVERY THURSDAY 9-12AM WINDANSEA CLUBHOUSE

Old-school surfers gather at the WindanSea Boardriders clubhouse in Caloundra to reminisce about epic waves, legendary sessions, and the golden days of surfing. All surfers welcome to reconnect, share stories and support each other.

windanseaboardriders.com.au

RECESSION BINGO SATURDAY 22 MARCH QCWA HALL

Join the Country Women's Association for an afternoon of fun and laughter, with loads of pantry filler prizes and free bottomless tea and coffee. Doors open 12.30pm. Eyes down at 1pm. Bingo Cards - 20 games for \$12.

Contact 0450 062 543

2025 CENT AUCTION SATURDAY 29 MARCH CCSA HALL

Find unique items at bargain prices and make a meaningful impact in your community at Kidney Support Network's 2025 Cent Auction.

1 Gannawara Street, Currimundi.

CALOUNDRA **GOGUIDE**



CALOUNDRA EVENING VIEW CLUB TUESDAY MARCH 11 CALOUNDRA POWER BOAT CLUB

Ladies of the Sunshine Coast are invited to join Caloundra Evening VIEW Club, part of a national organisation supporting The Smith Family's education programs. Monthly dinner meetings are held at Caloundra Power Boat Club, featuring guest speakers or dancing. Members enjoy optional activities including morning teas, dining, movies, and walks, fostering friendships while making a difference.

The next club dinner meeting will present guest speaker Captain Ian Malcolm of the 2nd Light Horse Regiment who will speak about the Regiment's formation and activities.

Phone 0419678349 for details

MUSIC BINGO FRIDAY 28 MARCH CURRIMUNDI HOTEL

Think you know your music? Put your knowledge to the test at music bingo. Covering hits from the sixties to today, it is a fun night with great prizes up for grabs. Bring your team, enjoy the music, and see if you can take the crown.

Call (07) 3558 3310 to book a table

TRIVIA THURSDAYS MOFFAT BEACH BREWING CO.

Test your knowledge at Moffat Beach Brewing Co's weekly trivia night, with the possibility of winning \$200+ in prizes. There are 20 taps of award-winning beer, and American BBQ from the in-house food truck to enjoy. Booking is recommended.

Call 5491 4023



MARKETS

CALOUNDRA **GO**GUIDE

AURA FARMERS MARKET SATURDAYS, 7AM-12PM NIRIMBA

With an abundance of fresh produce and delicious eats, this is the place to visit every Saturday from 7am-midday.

**Corner of Central Avenue and
Whiteley Avenue, Nirimba.**

CURRIMUNDI LAKE TWILIGHT FRIDAY 21 MARCH CURRIMUNDI LAKE

The Currimundi Lake Twilight is a popular locals' hangout running on the third Friday of each month, 4pm-8pm. With the best food trucks, fabulous music and Your Mates beers, there's no better place to enjoy a sunset picnic.

CALOUNDRA STREET FAIR EVERY SUNDAY | BULCOCK ST

Featuring more than 120 unique stalls, the Caloundra Street Fair is the largest street market on the Sunshine Coast. Come and enjoy the markets that locals love. Held every Sunday, 8am-1pm, on Bulcock St, Caloundra.

AURA TWILIGHT MARKET FRIDAY 7 MARCH

Spend the first Friday afternoon of every month with us and enjoy a delicious array of street food, icy cold Your Mates beers and live music from 4pm - 8pm.

CALOUNDRA TWILIGHT MARKET FRIDAY 28 MARCH, 5PM-9PM BULCOCK BEACH

The Caloundra Twilight Market is our largest twilight market and pops up along the Esplanade at Bulcock Beach Esplanade on the last Friday of each month from 5pm-9pm. With a large range of both food and artisan stalls, there is no shortage of anything at this market.

PELICAN WATERS TWILIGHT FRIDAY 14 MARCH

A boutique offering set against the backdrop of the Pelican Waters Marina. Join us on the second Friday of each month for sunset dinner and drinks.

KIDS & FAMILIES

KIDS YOGA - THURSDAYS THE FARM, MERIDAN PLAINS

Primary teacher and yoga facilitator Thea, is passionate about equipping children with tools to promote their developing sense of social and emotional wellbeing by connecting to yoga, meditation, mindfulness and breathwork. Thea creates a joyful and inclusive space for children to embark on a journey of inner calm and physical well-being. Join her from 3.30pm-4.30pm Thursday afternoons at The Farm, 14 Sattler Rd, Meridan Plains.

judgelittlelovelots.com



HEALTHY FAST FOOD KAVA BOWL

Kava Bowl at Dicky Beach is now open for dinner on Thursday, Friday, and Saturday until 7.30pm. If you're after a healthy meal without the hassle of cooking, Tash and the team have you covered. Grab a fresh, delicious poke bowl (or more!) and head to the beach. It's takeaway that feels good, tastes great, and keeps the whole family happy.

2/14 Beerburrum St, Dicky Beach



CULTURAL EXPERIENCE MONDAY 31 MARCH NUNGEENA GLASSHOUSE MTNS

Nungeena Aboriginal Corporation for Women's Business warmly invites sisters to a special cultural experience beneath the stunning backdrop of Mount Beerwah. Enjoy a yarning circle, a craft workshop, and a shared lunch from 10.30am-2.30pm.

Call Hazelle on 0452 470 558 for more information.

FAMILY HISTORY MEETING THURSDAY 20 MARCH CORBOULD PARK ROOMS

Do you wonder what topics and methods others use when researching their family history? What led seekers to ask specific questions? Where did they look for answers? And what did they find? At the next CFHRI meeting, we will hear from our members in part one of a series of short talks. Come along and be inspired!

Visit caloundrafamilyhistory.org.au
To register your attendance, contact 0450 062 543

STREET ART WALKING TOUR THURSDAY 27 MARCH CALOUNDRA REGIONAL GALLERY

Starting at the Caloundra Regional Art Gallery, embark on a guided one-hour tour showcasing the town's vibrant murals, sculptures, and illustrations. An expert guide will tell the stories and inspiration behind each piece while exploring hidden gems along the way.

gallery.sunshinecoast.qld.gov.au



BIG little ART SHOW

FRI 28 MARCH
TALENTED FRIEND'S GALLERY

The BIG little Art Show brings together local artists, each working on identical 12-inch square canvases. From February 28, over 50 unique artworks will be on display and available for purchase at Talented Friends Gallery, located in Caloundra Village Walkway, Ormuz Ave.

Enjoy the exhibition throughout March and join us for the prize giving night on Friday March 28, 5.30-7.00pm where artists will receive two special awards: *People's Choice Award* – Voted by attendees, and *Heather's Choice Award* – Selected by gallery owner Robyn's mum.

To attend the prize night RSVP talentedfriends.art@gmail.com.



Caloundra Regional Art Gallery Latest and Greatest

with Stuart Peace

This month, Caloundra Regional Gallery proudly presents Latest & Greatest III, the third instalment in a series showcasing the Sunshine Coast Art Collection's newest additions from 2023 and 2024. This exhibition celebrates the diverse contributions of artists, collectors, and local enterprises, highlighting philanthropy's role in growing our regional identity. Latest & Greatest III runs until April 6, offering visitors a unique opportunity to explore the evolving collection.

Don't miss our exciting events related to the exhibition! On Friday, March 21, join us for an Up-Late event featuring interdisciplinary artists Tyson Illingworth (TyDi) and Jake Stollery. These talented artists invite you to delve into the intersection of sound and visual art through their collaborative digital work, "Unfinished Thoughts." The evening will launch with a discussion of their creative philosophies and recent projects, followed by an immersive auditory experience. As the vibrations flow through the Gallery, you'll have the chance to visually translate your responses using various media and materials. Tickets are \$45, including light refreshments and all materials. Bookings are essential as spaces are limited.

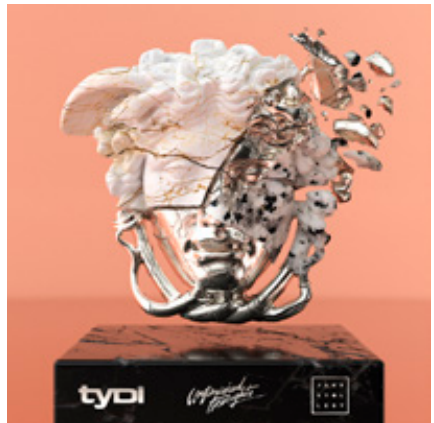
Additionally, we are thrilled to host live-streamed interviews with national artists Todd Fuller and Dagmar Cyrulla, whose works are featured in the "Latest & Greatest III" exhibition.

These interviews will be streamed live on our Facebook page – and then available to watch on the gallery website - providing insights into their artistic processes and inspirations.

Visit gallery.sunshinecoast.qld.gov.au for a full information on events, including both free and paid options.



Gerwyn Davies | QLD | 2014 | archival pigment print on paper, ed. 5/5 | 90 x 90cm (image).



Tyson Illingworth (tyDi) + Jake Stollery | Unfinished thoughts (animation still) | 2004-2024

WOMEN'S HEALING WITH REIKO

Did you know you could be carrying the trauma of at least seven generations of your ancestors? Unprocessed emotions, pain, and patterns of struggle can be passed down through your lineage, imprinted within your energetic and cellular memory. These inherited burdens often manifest as physical discomfort, emotional distress, or recurring life patterns that seem beyond your control. But you are not bound by them—you have the power to transmute these energies, freeing yourself and future generations.

Through energy healing modalities such as Reiki and Spinal Flow, you can release these deeply held imprints, allowing your body to reset and your soul to realign with its natural state of balance and harmony. Healing is not just about addressing symptoms; it is about reconnecting with the universal life force energy that is always available to you.

Reiki Healing: Restoring Balance and Well-Being

Reiki is a gentle yet profound healing practice that works on the physical, emotional, and energetic layers of your being. It channels high-frequency energy from the universe, helping to shift stagnant energy, restore harmony, and promote deep healing.

However, healing is not confined to the physical body—it is a multidimensional experience that transcends time and space. This is where Quantum Healing comes into play. By accessing the infinite intelligence of the universe, you can shift energy at its core, releasing old patterns and opening yourself to limitless transformation.

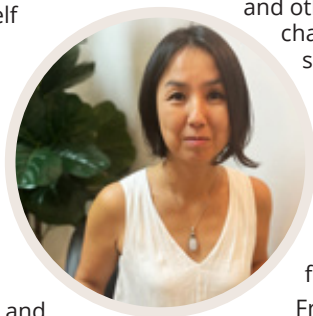
Spinal Flow: Unlocking Your Body's Natural Healing Potential

Your spine is the gateway to your nervous system and a vital channel for life force energy. When blockages form due to stress, trauma, or misalignment, they suppress energy flow, impacting your overall well-being. Spinal Flow Therapy works to release these blockages, allowing your body to return to its natural state of vitality and health.

Spinal Flow is beneficial for conditions like digestive issues, arthritis, sciatica, and other chronic pain or mobility challenges. By realigning the spine, Spinal Flow improves nerve communication and energy flow. The therapy supports the body's natural ability to function at its best, promoting improved posture, reduced inflammation, and greater flexibility.

From her healing studio on Bulcock Street, Reiko serves as a compassionate guide, acting as a pure channel for high-frequency healing energy. Through a holistic approach that integrates both physical and metaphysical healing, she helps you access the deep transformation available to you.

Call Reiko on 0431 245 071.



Reflections from my heart

with Rashida Cottrell



This is the motto by
which we try and lead:

Judge Little, Love Lots

In all that we do—family, spirituality, wealth, business, and relationships—this is our mantra: “Judge Little, Love Lots.” Every heart we meet is carrying something we cannot see, shaped by joys and wounds we will never fully know. Judgement builds walls, but love dissolves them.

In family, we choose grace over pride, remembering that love is always the greater truth. In spirituality, we seek the sacred in every soul, knowing that no path is lesser, no faith unworthy. In wealth and business, we measure success not by what we take, but by what we give, by how many lives we touch. In relationships, we hold space for flaws, knowing that love deepens not in perfection, but in understanding.

We will falter. We will forget. But if we wake each day with the intention to judge a little less and love a little more, we honour the life we were given. A life not of division, but devotion. Not of scarcity, but abundance. Not of fear, but an unstoppable, unwavering love.

And if nothing else, let this be our legacy.

We would love for you to check out all that we do as a family and all our offerings:

www.judgelittlelovelots.com



With over 30 years of experience in eastern and western medicine, Rashi combines the two modalities to facilitate profound transformation. This transformation sees people break free from the struggle of survival mode to help them lead a more peaceful life by healing past trauma and equipping them with tools to help deal with life stresses, challenges and relationship issues. She has two Stretch & Flow studios on the Sunshine Coast where she lives with her husband and children.

A qualified pharmacist, yoga teacher, sound healer, reiki practitioner, mindfulness coach and transformational facilitator, Rashi's expertise lies in combining Eastern and Western principles to help women reclaim their peace, passion, and purpose. It is a first-of-its-kind, unique holistic therapy where spirituality meets science.

Rashi has facilitated numerous workshops and retreats and brought mindfulness to schools and yoga studios, working with a range of women and students.

Food for thought

with Janice Johansen

Our gut is sometimes referred to as our second brain, and often people will say “I had a gut feeling”, or “go with your gut”. This is not surprising, as our gut has its own nervous system which is in constant communication with our brain. This is known as the gut-brain-axis and is carried out through our vagus nerve.

The vagus nerve helps regulate our digestion, stress responses, immunity and inflammation. When we are highly stressed, eat a poor diet, or both, this can affect the vagus nerve's ability to function properly, leading to digestive issues, mood disturbances and over time chronic disease.

Recognising our stress triggers and finding ways to self-regulate and calm the nervous system, keeps our vagus nerve toned. Mindful breathing, taking walks, exercise, limiting screen time, being in nature and eating a nourishing diet can all improve digestion and mood.

Our stomachs are filled with trillions of bacteria, known as the gut microbiome. These bacteria play an important part in controlling digestion, immunity, inflammation, mood and even weight gain. They feed on undigestible fibre and produce short chain fatty acids that nourish the gut lining. Eating high fibre foods, and foods like plain yoghurt, kefir, and fermented vegetables, all help to promote beneficial gut bacteria.



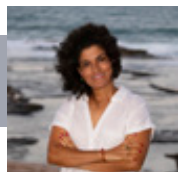
You can further support your gut and mood, by eating foods high in tryptophan, an amino acid that produces the happy hormone serotonin. Tryptophan can be found in eggs, lean meats, nuts, whole grains, fish, and cheese. Top up on Omega 3 fatty acids, by including oily fish in your diet three times a week and eat foods like walnuts and chia seeds - Omega 3's help support cognitive function and can reduce inflammation.

A well-balanced diet provides B vitamins, which also assist in producing the happy hormone serotonin. And let's not forget to stay hydrated, as water helps cells to function properly and keeps your mind focused! Remember a diet high in sugar and highly processed foods can have the opposite effect, leading to blood sugar imbalances, inflammation, poor sleep and mood disturbances.

What you put into your mouth and how you handle stress has a strong impact on your nervous system and mental and physical well-being. Prioritise a healthy diet and self-care for a healthier and happier you!

www.chrysaliswellness.com.au

Janice Johansen is a Wellness Coach with a holistic approach to nurturing mind, body, and spirit.



A SPACE OF WELLNESS

The Way Wellness Hub is a thoughtfully designed space for practitioners who value collaboration and community. As a sub-branch of Women and the Way, we provide a nurturing, professional environment for both practitioners and their clients.

We offer three versatile spaces:

Movement Space – Ideal for yoga, meditation, mothers' groups, and gatherings.

Gathering Room – A light-filled, spacious area perfect for larger group bookings or events.

The Whole Way – Full clinic rental, ideal for weekend workshops and group training.

We welcome like-minded wellness professionals, including kinesiologists, reiki practitioners, massage therapists, pregnancy practitioners, doulas, midwives, nutritionists, and naturopaths. Not on the list? If you have a passion for helping people, reach out—we'd love to chat and see if we're the right fit for you!

Whether you need a casual rental or a discounted long-term contract, we offer flexible options to suit your needs.

Phone 0415 537 784 to find out more.



**THE WAY
WELLNESS HUB**

2/700 Nicklin Way, Currimundi

0415 537 784

HOLISTIC HEALTH



Chrysalis Wellness Coaching
"Spread your wellness wings"

chrysaliswellness.com.au

YOGA



Yoga | Mindfulness | Yoga Teaching
Training | Retreats | Mentoring

0401 606 031

MIND, BODY & SOUL DIRECTORY

Showcase your wellness
business in our Caloundra
Business Directory, and get in
front of our local audience.

Caloundra Chronicle

PHONE 0411 115 141

TIPS, RIGS & TECHNIQUES

to help you catch more fish locally.



With Granny & Orry



GANGED HOOK RIG

The Ganged Hook Rig consists of multiple hooks linked together to form a gang. This rig is especially popular for whole dead baits such as pilchards, whitebait, or squid. Most gangs contain two to four hooks, with the three-hook setup being the most common. Hook sizes vary depending on the bait, ranging from as small as No.4 for whitebait to as large as 7/0 for garfish or pike.

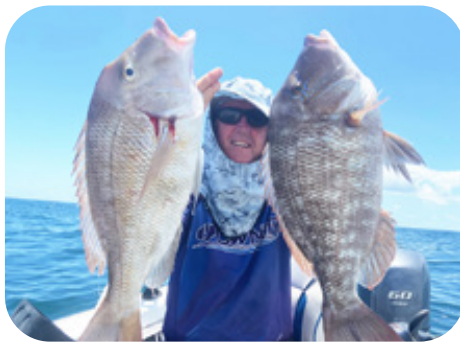
Ganged hooks are available pre-rigged, or you can assemble your own. Special pliers make it easier to open hook eyes for linking, though some hooks come with pre-opened eyes, requiring only assembly and closure with pliers. Swivels between hooks have become a popular addition, allowing greater movement, easier bait placement, and less lost fish. The Tru-Turn brand is well known for its swivel ganged hooks, with swivels designed to match each hook size.



Jaega with a horse of a Spanish mackerel caught off Caloundra



Granny with a quality lure-caught threadfin salmon from the Passage

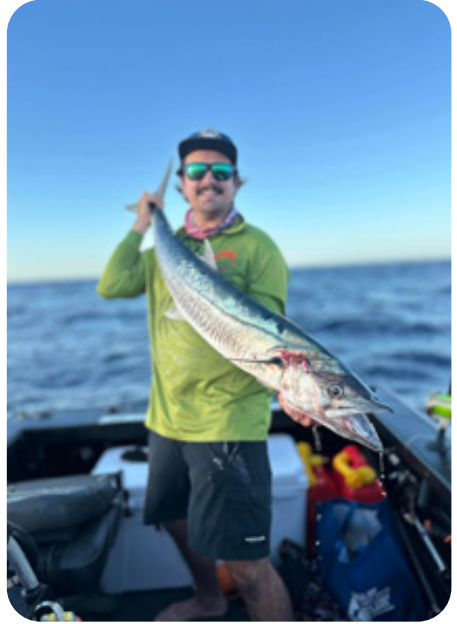


Darren with a couple of cracking sweetlip caught off Caloundra

CALOUNDRA CATCHES



Alex with a 55cm Mangrove Jack from Pelican Waters canals



Alex got this nice Spanish mackerel trolling a DTX minnow off Caloundra



Henry with a good Queenfish on a soft plastic near the Bribie Bar

Got a great Caloundra catch photo you'd like to share in the Chronicle?

Email your fishing photo to:
connect@caloundrachronicle.com



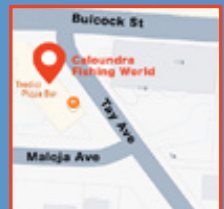
Fresh Bait | Live Worms | All Major Tackle Brands | Rod & Reel Repairs



FIND US HERE



7-9 Tay Ave Caloundra
CALL (07) 5491 4566



See Granny & Orry for friendly service and expert, local knowledge

Pumicestone Passage Pirates: Strength and Support

With Shane 'Fixo' Fixter

The Pumicestone Passage Pirates are officially an incorporated association, marking a major step forward in our mission to build a tight-knit, supportive fishing community—one that's not just about rods and reels, but about mental health awareness, suicide prevention, and standing against domestic violence.

We're also launching custom fishing shirts, designed to unite our crew and symbolise the Pirate spirit—resilient, strong, and always looking out for each other. On or off the water, these shirts will be a badge of honour for those who believe in transformation, healing and the power of mateship.

Expert Fishing Tips & The "Starting Out" Series

Our resident fishing expert, Mr. Mangrove Jack, has been hard at work creating the Starting Out series, sharing game-changing tips for both beginners and experienced fishers. His latest article dives into the fishing, crabbing, and prawning regulations in the Pumicestone Passage, breaking down how to use the moon and tide phases to your advantage. He also covers tackle and bait selection, ensuring you're always fishing smarter, not harder. **To tap into these expert insights, check out the full article on our website.**



President Shane Fixter with James Hallam who donated a Garmin Striker Vivid fish finder to fundraise for PPP's community boat build.

Coming Together in Times of Tragedy

The Pirates aren't just about fishing—we're a crew of changemakers, supporting each other through mental health battles, trauma recovery, and life's toughest challenges.

Recently, we stepped up to assist a GoFundMe campaign for the tragic loss of life due to a shark attack at Woorim Beach. Our Vice President, John Wadey, was interviewed by Channel 10, 7 News, and 9 News, speaking about both the incident and the Pirates' role in rallying behind the family.

We send our deepest condolences to those affected. This loss is a reminder of why we do what we do—creating a brotherhood and sisterhood where no one has to face their struggles alone.

If you want to be part of something bigger—a movement to lift each other up, support mental health, and break cycles of trauma—visit our website and join the Pirates: pumicestonepassagepirates.com.au.



PUMICESTONEPASSAGE
PIRATES.COM.AU

Premium Membership (\$100/year) includes:

- Free entry into our three major fishing competitions
- A Pirate's fishing shirt (hood & mask included!)
- Exclusive access to Mangrove Jack's fishing tips by Brett Weiler

Our Next Event: Mother's Day Fishing Competition
Sunday 11 May, 2025
Tickets selling fast!



Caloundra Coast Guard QF4

With Jerry Jurczak

A new era begins

Big changes are on the horizon for Caloundra Coast Guard. Soon to be the first flotilla to transition into Marine Rescue Queensland (MRQ)—a new statewide organisation established by the previous government to bring all marine rescue services under one banner. The full transition is set to roll out later this year, with MRQ taking charge of operations and funding.

Now under the umbrella of the Queensland Police and the Police Minister, Caloundra's dedicated volunteers are embracing the shift and looking forward to the improvements it will bring. While it's bittersweet to see the Coast Guard's long history come to an end, this new chapter promises better resources, improved coordination, and stronger support for boaties in need.

At the end of the day, it's all about keeping our waters safer—and with MRQ stepping in, that mission is set to reach new heights. Stay tuned for more updates as the transition unfolds!

Metropolitan Surf Life Saving Club Caloundra

With Ashley Robinson CEO

Metropolitan Caloundra SLSC is proud to patrol Kings Beach and be the go-to Surf Lifesaving Club for Caloundra and Caloundra South.

With the change in the river mouth swimmers must be acutely aware for their safety and family and friends, and that means swimming between the flags at all times. Volunteers from our club patrol on weekends and public holidays and of course professional lifeguards are on duty during the week at Kings and seven days a week at Happy Valley.

We are a proud community club so come and say hello and catch a drink or something to eat at our pavilion kiosk or upstairs in our bar and bistro.

See you at Kings!



Find Your Feet Surfing

With Lisa Wallis

Want to know a local's secret?

I believe that if I can surf, then anyone can. Learning to surf at Bell Street with my best friend at 12 years-of-age, was the most fun we knew of that Caloundra had to offer in the early 1990s. I loved it then, and I appreciate it even more now as a busy mum. Surfing is grounding, relaxing, energizing, and great for overall well-being.

Looking around the lineup, I see I'm not alone - surfing has become one of the fastest-growing sports for middle-aged women. And no wonder! Caloundra's beautiful beaches and welcoming community provide the perfect backdrop for learning to surf.

Want to know a local's secret? Surfing thrives on respect and etiquette.

Whether you're a beginner or a seasoned surfer, respecting other surfers ensures harmony in the water. Here are key points every surfer should know:



Surfing Etiquette

- 1. Know the Right of Way:** The surfer closest to the peak has priority. Don't drop in on someone's wave.
- 2. Don't Snake:** Paddling around another surfer to steal priority is unfair. Take turns.
- 3. Communicate Clearly:** Call out "going left" or "going right" to avoid collisions.
- 4. Paddle Smart:** Avoid paddling through the lineup where surfers are catching waves.
- 5. Help Each Other:** Offer support and encouragement - surfing is about community.

For more information please visit findyourfeetsurfing.com.au



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