

Caloundra Chronicle

Free monthly
feel-good news

#1: February
2025

Caloundra's Building Blocks

PAGE 4

Views to Dine For

PAGE 10

After Love and Loss

PAGE 14

5 Simple Ways To Feel Alive

PAGE 16



We've got going out in Caloundra sorted!



the real grocer
FRESH • LOCAL • ORGANIC

OPEN 7 DAYS. GOLDEN BEACH

- ORGANIC COFFEE
- FRESH JUICES & SMOOTHIES
- SALADS & RAW TREATS
- EAT IN OR TAKEAWAY
- ORGANIC FRUIT & VEG / GROCERIES



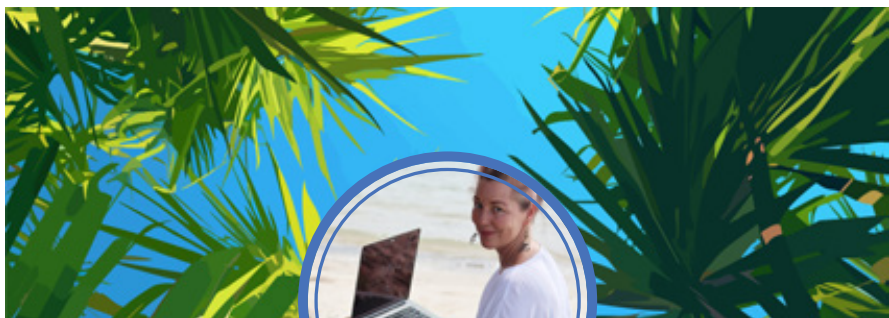
The pleasure is
Ours.

Mon-Wed:
5:30am-2:30pm

Thurs-Sun:
5:30am-9:00pm

14 Seaview Tce
Moffat Beach





Dear Readers

We've launched on Caloundra shores with feel-good news, people-centred stories, local insights, and cultural goodness aplenty.

The Caloundra Chronicle team celebrated our debut with a summer event that embodied the magazine's essence. Local people and businesses came together to connect and collaborate. Guests enjoyed a cruise with Caloundra Charter Company, while Bluey's Photography captured the day. Golden Virtues Catering welcomed us on Bulcock Beach with a brunch that matched the vibrant beachside vibe.

Thank you to the inspiring, open-hearted contributors who believed in this vision and the power of community.

This first edition offers a taster of what's to come, with many features planned, like the *Views to Dine For* and *Simple Ways to Feel Alive* showcases inside, along with in-depth stories about passionate locals.

WELCOME

Sno Carter's story offers a fascinating insight into the building blocks of our town, while Evelyn McCorkell shares a heartfelt reflection on life after love and loss.

At the heart of our vision is the Caloundra GoGuide – a central platform listing all local events.

Event organisers, whether hosting classes, workshops, live music, markets, or something bigger, I invite you to help build this guide by emailing your events to goguide@caloundrachronicle.com. There are affordable options for all budgets and free listings available.

Caloundra locals, subscribe to the GoGuide via our website to stay active and connected with our incredible seaside community.

Small businesses, let's work together to promote your products and services affordably.

We're here and we're set to receive your information and elevate the Caloundra experience.

See you out there!

Alana Hall
Editor

CREDITS

Publisher AceSharp
Editor/Designer Alana Hall
Sales Claire Polanski
Web David Shaw
Cover photo Bluey's Photography

Columnists
Janice Johansen
John & Janice Groves
Anne Wensley
David Granville
Shane 'Fixo' Fixter
Jerry Jurczak

Cartoonist
Peter Carnavas
With thanks to
Lola and Gavin Hall
Claire Polanski
Skye Staniford
Andy Griffiths



Sno Carter arrives at the Caloundra Panthers AFL Club in 2022 for his 80th birthday celebration.

Building Blocks of a Seaside Town

Sno Carter's journey from a humble truck driver to a multi-business entrepreneur is a testament to ambition, resilience, and vision. Arriving in Caloundra in 1968 with his wife Barb and their young family, Sno quickly recognized the untapped potential of the region—a place where he could lay the foundation for an extraordinary life. Today, from his rooftop penthouse with 360 degree views of his local empire, he reflects on the key moments and hard-earned milestones that have shaped his success.



On a bright summer day in the early 1960s, while on a holiday road trip from Victoria, Sno Carter drove his family into Caloundra for the first time. Cresting the hill on Caloundra Road and looking eastward, he was struck by the panorama before him: the sleepy town stretched below, and beyond it, the shimmering expanse of the Coral Sea with Moreton Island in the distance. In that moment, he knew he had found home.

The young family made the move from Victoria in 1968, and Sno started

working immediately at the local sand and gravel yard, which would later become Hunter's Sand and Gravel and then Tenkate Landscape Supplies. Within four years, Sno's relentless work ethic had paid off. He purchased two blocks of land and started his own company, Caloundra Sand and Gravel, soon expanding into a concrete block manufacturing

business, Caloundra Blocks.

Operating seven days a week, the company produced 5,000 blocks weekly using a small two-block



machine, which Sno later upgraded to a five-blocker to meet growing demand. The company—now Austral Masonry—continues to operate in the same area today.

Sno's entrepreneurial drive didn't stop there. He acquired 50 acres of land at Coochin Creek, where he established a sand dredging quarry. This operation

supplied the raw materials for his concrete block business, creating a self-sustaining production chain that set the foundation for further success.

Lifelong AFL fans, Sno and Barb brought their love of football to Caloundra. The couple was instrumental in establishing the region's first AFL club, initially located where the Caloundra Airport now stands. When town infrastructure demanded the grounds be relocated, the club found its permanent home at North Street, now known as Carter



Top: Caloundra Blocks. Middle: Caloundra Panthers AFL Club Bottom: The Carter family at Sno's 80th birthday party.

Park, named after Sno himself. In the early days, a cyclone destroyed the original clubhouse but Sno and the community rallied to rebuild it. Sno served as club president, Barb ran the canteen, and all five of their children were actively involved. Today, Sno remains a passionate supporter of the club, with his grandchildren continuing the family's legacy on the field.

After selling the sand and gravel and concrete block businesses, Sno and his family diversified into property development. They acquired additional land parcels in Caloundra, developing townhouses and commercial sheds.

"Bite off more than you can chew and chew like hell," Sno often says, embodying the determination that has defined his journey. He wishes he had another 20 years to continue

pursuing his business ventures, underscoring his unwavering passion for growth and development.

The Carters are also remembered for their community spirit. Their annual Christmas parties, held at the sand and gravel shed, were legendary. Open to customers and the wider Caloundra community, these festive gatherings fostered a sense of togetherness that became a hallmark of the family's legacy. Sno's 80th birthday celebration in 2022—complete with a jumping castle, bucking bull, food trucks, and live music—was testimony to their love of celebration and connection.

Sno Carter's story is one of vision, hard work, and tenacity. His contributions have left an indelible mark on Caloundra, helping to build not just a town but a strong community.

DE JERSEY

ESTATE CO

YOUR TRUSTED
PROPERTY
ADVISORS

dejerseystateco.com.au

Caloundra's First Newspaper

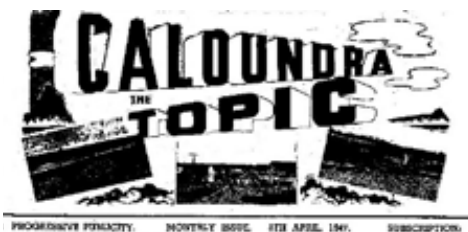
78 years ago, Caloundra witnessed a significant milestone in its history

By historians Anne Wensley, and John and Janice Groves

It was 1947, World War II had recently ended, and the town's population numbered just a few thousand. Basic amenities were limited—electricity had only been installed during the war and town water and sewerage were yet to be connected. Backyard thunderboxes were a feature of every day life. Despite these modest beginnings, the community was eager for a platform to share news, leading to the creation of Caloundra's first newspaper, Caloundra The Topic.

Courier-Mail typesetter Jack Crees and linotype mechanic Allan Mills collaborated to launch the monthly publication. Jack's nephew, John Ensor, hand-delivered each edition to residents. "I put it in every letterbox," John recalls, "it cost one penny (1d)." John's mother, Dorothy Ensor, served as the newspaper's reporter, gathering stories from across the town. She would phone her findings to the Courier-Mail offices in Brisbane, where the articles were typeset and printed.

Over the decades, other newspapers came and went, each contributing to Caloundra's growing sense of identity. Notable titles included the Caloundra Weekly (late 1950s), Caloundra City News (1996–2010), The Local (late 1990s), The Observer (early 1990s), and Sunshine Coast Weekly - Caloundra Edition. Broader



regional publications, such as The Weekly Advertiser, Sunshine Coast Advertiser, Sunshine Coast Daily, Nambour Chronicle, and My Weekly Preview, also featured Caloundra news, providing a wider lens on local life.

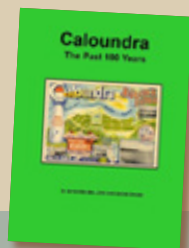
The editors of these publications were actively involved in the community, their editorials reflecting local interests and concerns. 'Gumnut', a columnist in The Observer regularly sparked lively discussions. Conservationist and "Citizen of the Century" Kathleen McArthur, along with historian Stan Tutt, were reliable contributors whose articles graced many pages over the years.

These newspapers were vital threads in the fabric of the community. Today, as we reflect on Caloundra's early newspapers, we honour the role they played in shaping the community's shared identity and preserving its stories for future generations.



Local historians, Anne Wensley, John Groves and Janice Groves have written many books about Caloundra's past. Books are available at the Book Shop at Caloundra and Caloundra Lighthouse, the 2nd and 4th Saturday of each month or direct from John and Janice Groves - 0434 680 312. Anne Wensley - 5437 0011.

L: 1917 Real estate brochure produced by Robert Bulcock Jnr for stage one sale of Bulcock Beach in 1917



Kids

Can you find Reggie?

Our resident soldier crab Reggie likes to play hide and seek. He is hiding 5 more times throughout the pages. The first person to give the correct answer over on our facebook page (caloundrachronicle) will win a Wonder disc!



BIRD SEARCH



k t p n z u j i h c c k r i s q
p c j n d h c d r v r o a j p o
e c u f z g c o o a e o i o o n
c t g d b c w m l n s b n x t i
b l i h d m w e w e t o b x t q
c d o k h e i q m h e o o a e k
c g r h k p n v q r d b w r d o
g v b n g c g a p o p n l e d z
v a b a d s a n m o i r o h o i
l l m w f v p l s m g e r s v q
q z n y p o f i b y e h i i e g
i c g i w p b m h t o t k f d a
g a l a h i w j g s n u e g u x
w h i m b r e l g u p o e n r x
y m c g r t y f d d r s t i x l
l i a t g a w e i l l i w k j n

black kite
dusty moorhen
kingfisher
rainbow lorikeet
whimbrel
crested pigeon
galah

magpie lark
southern boobook
willie wagtail
crow
ibis
maned duck
spotted dove

THERE'S A WORD FOR THAT!

Do you know the Japanese word for the habit of collecting books only to let them pile up unread?
You do now....

TSUNDOKU

BRAIN TEASERS

a) Billy's mother had five children. The first was named Lala, the second was named Lele, the third was named Lili, the fourth was named Lolo. What was the fifth child named?

b) It's as light as a feather, but the strongest person can't hold it for five minutes. What is it?

c) The more there is, the less you see. What is it?

a) Billy b) Breath c) Fog.

Every Boxing Day, the birds gather to watch dads fall off their new SUPs.



HOW WELL DO YOU KNOW... CALOUNDRA?

Join us on
facebook to
discuss the
answers

- 1** In what year did the Dicky run aground on Caloundra shores?
- 2** Name 7 of Caloundra's beaches.
- 3** Built in 1896, what is the oldest building in Caloundra?
- 4** In 1991 the Kings Beach Tavern was built to replace what hotel built in the 1950's?
- 5** 3 beaches are patrolled by surf life saving clubs in Caloundra, which ones?
- 6** Caloundra is named after what type of tree according to the Gubbi Gubbi dialect?
- 7** What was one of the previous names of Caloundra Shopping Centre?

February Fun & Games brought to you by The Wonder

Get your
own Wonder
disc with
10% off
using code

Sunny10 at
LocalDiscs.com.au



WONDER

The latest innovation in
Australian disc golf
An Aussie-made
straight flying
midrange beginner disc



Meet Bob & Dave, inventors of 'The Wonder' Disc



VIEWS TO DINE FOR

DISCOVER SEVEN CALOUNDRA DINING SPOTS
THAT BLEND STUNNING SCENERY
WITH DELECTABLE CULINARY DELIGHTS

KINGS BEACH SURF CLUB

Since 1933, Kings Beach Surf Club has stood proudly as a beacon of safety and hospitality, making it the premier destination for dining and relaxation in Caloundra. Perched above the iconic Kings Beach and its breathtaking ocean pool, the surf club offers unparalleled views of the sparkling coastline, golden sands, and beachgoers enjoying the sunshine.

The club's bistro serves up a menu that balances quality, flavour, and affordability, paired with refreshing beverages.

With live music enhancing the already inviting atmosphere, every visit becomes a special occasion.

The club's commitment to the community extends beyond dining. Proceeds from the bistro and bar support the Metropolitan Caloundra Surf Life Saving Club, helping to maintain beach safety and uphold the club's proud tradition of lifesaving excellence.

Kings Beach Surf Club is a must-visit destination offering a unique blend of history, community spirit, and coastal charm.

KINGS BEACH SURF CLUB
1 Spender Lane
Kings Beach

CALOUNDRA POWER BOAT

The Caloundra Power Boat Club is an iconic destination on the stunning shores of Pumicestone Passage at Golden Beach. With breathtaking views of the water, new Bribie Island Bar, and the Glass House Mountains, it's the perfect spot to unwind and soak in this natural beauty.

Known for its welcoming atmosphere, the Club offers an exceptional dining experience. The restaurant serves a delicious menu featuring fresh, locally sourced ingredients, paired perfectly with drinks from the bar. Whether enjoying a casual meal, a celebration, or live entertainment, every visit is special.

A true community hub, the Caloundra Power Boat Club combines great food, stunning scenery, and a vibrant social vibe. Discover why it is a beloved venue of the Sunshine Coast.

CALOUNDRA POWER BOAT CLUB
2 Lamerough Parade
Golden Beach



THE CORNER IN CALI

Opening in September 2024, The Corner in Cali has quickly become a vibrant addition to the Caloundra scene. Situated along the picturesque Bulcock Beach boardwalk, this welcoming restaurant offers stunning views of the shimmering Pumicestone Passage.

Friendly staff greet you with warm smiles and exceptional service, going above and beyond to make your visit memorable. Live music further enhances the laid-back atmosphere, spotlighting talented local artists.

The modern Australian menu celebrates fresh, locally-sourced produce and beautifully presented dishes.

Be sure to add The Corner in Cali to your must-visit list—their signature Nepalese Goat Curry is next level!

THE CORNER IN CALI
38 Esplanade Bulcock Beach
Caloundra

THE HAPPY TURTLE CAFE

Situated right on the beach in the stunning surrounds of Happy Valley Playground, Caloundra, The Happy Turtle Café offers creative cuisine alongside panoramic ocean views. This well-loved café is an inviting spot to enjoy a coffee, chilled drinks, or a wholesome meal by the seaside.

The menu, designed by Chloe Donaldson—a chef with a fine dining background—focuses on fresh, easy-to-eat-at-the-park food that is perfect for outdoor dining.

With a nearby children's playground, lush green grass for picnicking, and easy access to the beach, it's a popular destination for families and visitors.



Whether you're after a hearty breakfast, a light lunch, indulgent desserts, or the best hot chips in town, The Happy Turtle Café offers plenty of provisions for the perfect meal with a view.

Scan the QR code to download The Happy Turtle Café app to unlock special deals, and updates on seasonal menus.

THE HAPPY TURTLE CAFE
Happy Valley
Caloundra



KINGS BEACH BAR
1/8 Levuka Ave
Kings Beach

KINGS BEACH BAR

There's nothing better than settling in under the pandanus trees overlooking the ocean with your favourite cocktail in hand! Kings Beach Bar is the gem of Caloundra; nestled in their ultimate beachfront location under the Rolling Surf resort. A diverse, fresh menu is available all day every day from 6am and you can enjoy breakfast, lunch, dinner and everything in between at a time that suits you – the kitchen is always open! Gluten free options are available at no extra charge.

With live music three nights a week on Wednesday, Thursday and Sunday, Kings Beach Bar is a place for you to immerse yourself into the Beach Bar vibes, be yourself and enjoy being looked after by the wonderful friendly staff. You'll never want to leave!



TIDES WATERFRONT

Under the culinary brilliance of Chef Andrew Strange, Tides Waterfront Dining offers more than just an exquisite dining experience—it's a feast for the senses. Perched on a picturesque waterfront, Tides boasts sweeping views that perfectly complement its sophisticated cuisine. The sparkling waves and dramatic sunsets set a tranquil backdrop for every meal, making it a destination where ambience meets artistry.

Chef Strange, renowned for his innovative approach, crafts dishes that celebrate fresh, locally sourced ingredients with a creative twist. From succulent seafood to vibrant seasonal plates, every bite is as memorable as the view. Whether you're savouring a romantic dinner or enjoying a leisurely lunch, Tides Restaurant effortlessly blends natural beauty with gastronomic excellence, creating an unforgettable coastal dining experience.

TIDES WATERFRONT
Cnr Minchinton St
& Esplanade
Bulcock Beach

OURS. BY THE BEACH

Created by Moffat Beach restaurateur Niki Moran, Ours. By The Beach captures the dedication, heart, and local feels of its little sister, Ours. Café and Goods, but with a funky restaurant bar twist. Elegantly retro in design, the olive-green tones and soft ambient lighting create a laid-back, inviting atmosphere. Staffed by a vibrant, young crew who know how to have

fun, it's set to become your new favourite hangout along Moffat's lively Seaview Terrace strip. With views of Moffat Beach from the streetside dining area and the sea breeze tousling your hair, it's the perfect spot to unwind. Here, gourmet creations, artisanal cocktails, and craft brews take centre stage—the charcuterie share platter is an absolute must-try.

OURS. BY THE BEACH
14 Seaview Terrace
Moffat Beach



a cuppa with Evelyn McCorkell

Kings Beach Tavern Bistro

The Caloundra Women's Shed founder and cherished community go-getter opens up about her life, her loves and her losses.

In October 1973, Evelyn and her first husband, Roger, arrived in Australia from the United Kingdom with their two young daughters, Sue and Jacki. Settling in Brisbane amidst the jacarandas in full bloom, they felt they'd found the perfect place to call home. Almost immediately, Evelyn secured a secretarial job at Evans Deakin Shipyards in South Brisbane, just in time for the devastating Brisbane floods of 1974 to hit, wreaking havoc across the city and requiring an immense clean-up effort.

Evelyn spent eight years at Evans Deakin, working in five different secretarial roles and during this time her first marriage ended. She then met Ross McCorkell, who became the love of her life. Evelyn believes their union was destined. Both Capricorns, Evelyn and Ross shared a deep compatibility and shared values — both adventurous, generous, and with a “can-do” attitude. The couple often visited Caloundra on holidays with their children, partly because Ross grew up in nearby



Nambour. They would rent a classic old fibro house at Golden Beach during Christmas, where the kids would spend their days sailing on catamarans in the passage. One of their favourite holiday traditions was camping for six weeks on the surf side of Moreton Island with their children and grandchildren, creating many lasting memories.

In 1982, back in Brisbane, Evelyn made a career shift, briefly selling vegetarian sausages from an esky in the back of her car. However, that venture didn't last long, and she soon moved into real estate with Raine and Horne at Mount Gravatt,

which she loved. But another career beckoned. One day, Evelyn came home and announced to Ross that she was going to pursue a career in the insurance industry. Ross, who worked in insurance himself, wasn't surprised; he had been wondering when she would join him in the field. Evelyn interviewed with National Mutual, got the job, and spent 11 years with the company, becoming an agent in her own right. This was also a time when women were encouraged to take out their own superannuation, as divorce rates were rising. Evelyn built a strong client base, particularly among the medical receptionists on Wickham Terrace and women working at the Hilton Hotel in the city.

When Ross fell seriously ill with chronic fatigue, the couple decided to semi-retire and travel around Queensland in their coaster home. Over time, as Ross's health improved, he proposed selling shipping containers. Initially subcontracting for another company, the pair eventually decided to go it alone, launching Access Containers in 2011. Ross focused on sales, while Evelyn took care of the back office. Their goal was to sell ten containers a week, a target Ross never quite reached in the first few years.

In 2014, when Ross was diagnosed with cancer, Ross expressed a desire to return to Caloundra, so they made the move. During that difficult time, Evelyn kept the business running. Remarkably, the week that Ross

passed away in August 2014, Evelyn hit their sales target of ten containers for the first and only time.

After Ross's passing, Evelyn continued to run the shipping container business as a one-woman, home-based operation. Now, in her thirteenth year, she remains fascinated by the versatile use of shipping containers, particularly in affordable housing solutions.

Evelyn and Ross were married for 30 years, and his passing left her to navigate life as a widow. Realizing the importance of staying active for her mental well-being, Evelyn joined the Rotary club, where she was warmly welcomed. She served as president from 2019 to 2021 and has been an active member for over ten years.

As part of her work with the Rotary Club of Caloundra Pacific, Evelyn has also organised Broadway in the Hangar, an annual fundraising event showcasing performers from the Underground Opera Company at the Queensland Air Museum. The event, sponsored by Cirrus Aircraft, raised funds for several charities, including Angel Flight, Cycling Without Age, and Sleepbus.

Evelyn's latest venture is the Caloundra Women's Shed, which she founded in 2023 to address the lack of support for isolated or lonely women. The group provides a safe space for women to connect and find community. This year a strong focus of the group is to procure land in Caloundra and build their own shed.



View our activity calendar at
caloundrawomensshed.org

and join in the fun!



KEEP COOL IN COTTON

Tropicallday's stylish range of cool cotton clothing features vibrant prints and hues inspired by tropical islands and turquoise waters. Designed in Australia with a focus on comfort, each piece is crafted to help you feel as comfortable and relaxed as you look. From skirts and tank tops to dresses, many styles come with practical pockets for added convenience. This collection brings the essence of summer to life with an array of styles, colours, and prints that radiate joy and vitality.

Cotton clothing offers more than just style—it enhances your well-being. As a natural fibre, cotton is breathable, hypoallergenic, and gentle on the skin, making it perfect for sensitive skin and warm climates. Its moisture-wicking properties help regulate body temperature, keeping you cool and comfortable all day. Cotton's durability and ease of care also make it a sustainable, long-lasting choice for your wardrobe.

**Visit Tropicallday at 2/38
Esplanade, Bulcock Beach, and
explore the collection today.**

5 SIMPLE WAYS TO FEEL ALIVE

It's not rocket science, folks. Treat your body unkindly, and you will start to feel the effects. Give your body what it needs to thrive, and it will reward you with vitality and resilience. Check out these 5 simple upgrades that will benefit your physical and mental well-being, making you feel energised, inspired, and more connected to your purpose and the world around you.



ENERGISE WITH NATURAL FOODS

To run like a well-oiled machine, fuel your body with foods that nourish, energise and keep your mind and mood sharp! Choose nutrient packed foods like fruits, vegetables, whole grains, lean proteins, and healthy fats.

Ultra-processed foods like chips, lollies, biscuits, pies and cured meats raise your risk of chronic disease. They can contribute to inflammation, low energy and poor mood, so keep these foods to the occasional treat.

Fruits and vegetables are nature's powerhouse, packed with vitamins, minerals and antioxidants, which help support immunity. Whole grains such as oats, quinoa, and brown rice promote gut health and keep you feeling fuller for longer.

Snack smart with nuts and seeds. They're loaded with healthy fats, protein, and nutrients to fuel your day.



Choose lean proteins like legumes, greek yoghurt, skinless chicken, fish, eggs, pork, and red meat in moderation.

Changing your diet could change your life!

For personalised coaching, reach out to Janice at [Chrysaliswellness.com.au](https://chrysaliswellness.com.au)

GOLDEN VIRTUES

Personalised Catering, Collaborations & Special Events



Call Skye on 0417 535 593 | skystaniford@gmail.com

 [golden_virtues_catering](https://www.instagram.com/golden_virtues_catering)



WORKOUT FOR 45 MINS A DAY

OFFICIAL HYROX TRAINING CLUB

#TEAMTRAININGISLIFECHANGING

JOIN US EVERY SUNDAY
FOR HYROX SPECIALITY CLASS



TO JOIN SCAN
QR CODE



0498 611 990

Committing to 45 minutes of exercise a day offers numerous benefits, including improved endurance, mental clarity, and mood enhancement. When done in a group setting, it fosters a sense of community and accountability, making it easier to stay motivated and achieve fitness goals. One standout program that embraces these principles is F45.

The "F" in F45 stands for functional training, a dynamic blend of circuit-style workouts designed to help members master everyday movements. The "45" represents the total time it takes to complete each workout.

More than just a gym, F45 is a comprehensive wellness solution for all types of bodies. From the moment members enter the studio, they become part of the F45 family. The environment is inclusive and celebrates the individual, ensuring they feel at home.

The innovative, functional group workouts at F45 are tailored to build lean muscle and enhance cardiovascular health. F45 offers high-intensity, results-driven workouts that are fast, fun, and focused on helping individuals become their fittest, strongest, and healthiest selves.

Phone Courtney on 0498 611 990
Follow [f45caloundra](#) on instagram

THROWING CIRCLES
HAS NEVER LOOKED
SO GOOD

Local Discs
DISC GOLF



SCAN HERE AND USE
THE DISCOUNT CODE
SUNSHINE AT
CHECKOUT TO GET
YOUR DISC GOLF
JOURNEY STARTED
THE LOCAL WAY





DETOX YOUR BEDROOM

Experience the benefits of detoxing your home with natural materials and minimalist design, starting with your bedroom. By creating a sanctuary free from harmful chemicals and clutter, you can enhance your well-being and embrace a healthier lifestyle.

Zen Natural Beds and Sofas leads the way in combining 30 years of design excellence and craftsmanship with the principles of sustainable living. Their solid wood beds and custom-built furniture are designed to support a toxin-free environment, drawing inspiration from Japanese aesthetics.

Each bed features 100% natural organic latex core mattresses, which are biodegradable, non-toxic, and hypoallergenic. These mattresses provide superior comfort and contribute to a chemical-free sleeping environment, reducing allergens and promoting better health.

As a carbon-neutral, locally-owned, independent mattress and bed producer, Zen Natural Beds takes sustainability to heart. In a world dominated by mass-produced, chemically laden furniture, they offer an eco-friendly alternative to support your home detox journey.

Now at Corbould Park.
Explore more at zenbeds.com.au.

HAVE FUN IN THE SUN

Exercising outdoors in the sun provides a boost of Vitamin D, enhances mood, and contributes to overall physical well-being.

A great fun, outdoor summer activity is disc golf—a perfect mix of frisbee fun and golf strategy. Free to play and great for families or friends, disc golf replaces clubs and balls with discs. Simply toss your disc along scenic, tree-lined fairways, counting throws until you hit the target.

Meridan Downs Park at Little Mountain hosts one of the Sunshine Coast's permanent disc golf courses, so you can play anytime. The best way to start is by joining a monthly Social League day, where friendly locals can show you the ropes.

To connect with Caloundra's local disc golf community, visit scgolfdiscs.com.

See page 5 for a special 10% discount off the latest disc golf frisbee innovation the Wonder.





Shaped like a pregnant woman lying on her side, Mother Mountain guards the women's birthing site at its base.

NUNGEENA IS CALLING

BY ALANA HALL

Tucked away at the foot of Mount Beerwah, lies a serene haven on 16 acres of natural bushland. Originally known as “Mother Mountain” to the indigenous people of the area, this sacred ground is home to the Nungeena Aboriginal Corporation for Women’s Business, a not-for-profit organisation dedicated to healing, empowerment, and cultural preservation for Aboriginal women.

For 32 years, Nungeena has stood as a sanctuary—a place where women can reconnect with their spiritual roots, reclaim their cultural heritage, and rebuild their lives with pride. Its site manager, Hazelle Mace,

shares a deep connection to both the land and the mission of Nungeena, a legacy initiated in 1992 by her mother, respected Bribie Island elder Minnie Mace, alongside Aunty Eva Smith and Aunty Bubby Smith.



Today, Minnie is the sole surviving founder, carrying forward the vision of her late co-founders, with a dedicated board of Aboriginal women steering the way.

A Sacred Past

In Aboriginal mythology, Nungeena is the grandmother spirit, said to dwell within a hidden waterfall among fertile valleys. She is credited with creating the most beautiful birds, a legacy echoed in the lush surroundings of the property. The land itself has long been revered. For generations, it served as a birthing ground for Aboriginal women—a sacred place with mineral-rich waters that replenished the women after childbirth.

The Aboriginal name for Mount Beerwah, Benewah, means “high up over all,” a reference to its significance in the Dreaming. Here, Baiame, the Aboriginal Creator God, resides with his two wives Kunnan-Bielli and Birra-Gnooloo. Viewed from the side, the mountain resembles a pregnant woman lying on her side—a visual guide for Aboriginal tribes seeking the birthing site.

A Rich Heritage

The region also carries the history of the Nalbo tribe, a small community known as the “rainforest people.” They thrived in the Glasshouse Mountains, sustained by abundant wildlife, bush foods, and the nearby Stanley River. The last full-blooded Nalbo man, Richard “Dickie” Nalbo, was taken from the area in the early 1900s to Barambah Mission, now known as Cherbourg.

Today, Nungeena honours this history, preserving bush tucker gardens filled with over 20 species of

edible and medicinal plants, including native plums and other treasures.

A Vision for the Future

As a charitable organisation, Nungeena relies on donations, grants, and volunteers to maintain its vital work. Hazelle and her partner Jason dedicate two days a week to nurturing the grounds, alongside a small team of women who tend the gardens and maintain the facilities.

The organisation has ambitious plans to expand its offerings. Future developments include short-term stays for women in crisis, women’s events, retreats, and an educational bush tucker garden trail. Volunteers—whether landscapers, gardeners, carpenters, or general helpers—are always welcome. Contributions, such as shipping containers, tiny homes, or financial support, are vital to these efforts.

In 2025, Nungeena will host a variety of workshops and retreats, offering an experience enriched by cultural heritage and natural serenity. The site is also available for hire for alcohol- and drug-free events, making it an ideal venue for intimate gatherings or cultural ceremonies. Additionally, Hazelle envisions a collaborative project that unites elders and prominent women of the Sunshine Coast to exchange knowledge and share resources.

Join the Journey

To support Nungeena or learn more, connect on Facebook or email nungeenaevents@gmail.com. Your contributions—whether through time, resources, or donations—help preserve this sacred space and its mission to empower and heal Aboriginal women.



L-R: Willow, Sarni and Leisa
Real Grocer, Golden Beach

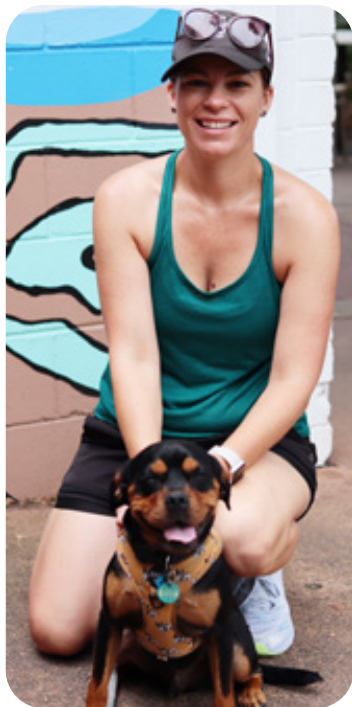


Mabel, Honey and Roberta
Pelican Waters

Dog's best FRIEND



Keep an eye
out around
town for
our junior
photographers
snapping local
dogs with their
BFF. You could
be next!



Lisa and Woody, Real Grocer



Trevor and Marbo, Golden Beach



Joyce and Teddy, Golden Beach



VJ and Jack, Golden Beach



DOG TALES

Over the holiday season, I was tasked with minding my sister's Maltese Shih Tzu, Milo. One morning, we discovered that the cheeky little rascal had somehow managed to sniff out and devour an entire box of chocolate Maltesers that had been sitting wrapped under the Christmas tree. Panic set in as we all worried about his fate. Then, in true form, Mum broke the tension with her signature dry humour, saying, "Well, we're in for a Malteser Shih Tzu explosion." Fortunately, Milo lived to bark another day, having miraculously survived his chocolate binge.

Jenny Lightfeather, Pelican Waters

Share your funny or heartfelt anecdotes about the best people - dogs.

Email your story to:
connect@caloundrachronicle.com

When an eighty-five-pound mammal licks your tears away, then tries to sit on your lap, it's hard to feel sad. - *Kristan Higgins*



Caloundra Chronicle is seeking a local Caloundra-based business to sponsor our Dog's Best Friend pages.

Phone 0411 115 141 if that sounds like you!



where real food meets real people

Six years ago, Katrina and Josh McKenzie, with help from Katrina's mum Vicki, transformed a Golden Beach convenience store into The Real Grocer—a bustling community hub celebrating real food, genuine connections, and heartfelt purpose. What began as a dream shared by Katrina has grown into a thriving enterprise with a team of 28, all driven by her passion for healthy living and community spirit.

In 2018, shortly after moving to Golden Beach with their daughter Lacey, Josh stumbled upon the perfect location for Katrina's long-held vision. While picking up dinner supplies, he learned the convenience store owner was selling. "It felt like a sign," Josh said, and Katrina's dream began to take shape.

Katrina had envisioned this moment for years. "I used to travel for work and plan my breaks around community hubs like this," she shared. Originally from Wagga Wagga, she had meticulously crafted a business plan but felt her hometown wasn't the right fit. Relocating to Golden Beach, with its serene waters and close-knit community, brought her vision to life. "It was exactly what I had imagined—right down to the big communal table, the expanse of still water and the sense of connection," she said.

Her goal was simple but profound: to make healthy eating accessible. "When Lacey was born, we lived on one income and struggled to afford organic food. I wanted to change that," she explained. Today, The Real Grocer offers affordable, seasonal, and organic produce sourced from local farmers and backyards.

Katrina's journey was deeply influenced by her personal experiences. An avid athlete during her teenage years, she played numerous sports while battling an eating disorder, which gave her a unique perspective on the importance of nourishment. "It taught me how food affects not just our bodies, but our minds, relationships, and overall well-being," she reflected. This realization guided her career path through business, personal training, and retail management, culminating in her current role. "It's wild how

everything aligned to lead me here," she said.

Golden Beach also held sentimental value for Katrina, whose childhood holidays with her grandmother created a lasting bond with the area. Upon moving, the family found themselves living just a block from her grandmother's former home.

Beyond its fresh produce and café offerings, The Real Grocer champions local artisans and suppliers. "We love showcasing small businesses and helping them grow," Katrina shared, citing examples of how in-store tastings have boosted sales for local products. The shop also serves as a hub for events like yoga, meditation, and wellness workshops, fostering connections among residents.

This sense of community is at the heart of The Real Grocer. "We see people from all walks of life come together here. Our communal table has sparked friendships, and even small interactions, like greeting someone by name, can brighten their day," Katrina said. She recounted a touching moment when a family member of a regular customer gifted the store a duck statue to honour their loved one, who had recently passed away, and who had often frequented the café with her best friend. Affectionately nicknamed "the old ducks," their story exemplifies the deep connections nurtured within this welcoming space.

Katrina believes in supporting local businesses over big chains. For The Real Grocer, it's all about real food, real service, and real connection. To experience this firsthand, visit The Real Grocer in Golden Beach, where you'll find not just quality produce but a welcoming community, and one of the best organic coffees in Caloundra.



ENTERTAINMENT



LACHY DOLEY GROUP

**SUNDAY 16 FEBRUARY
KINGS BEACH TAVERN**

Best known for his incredible skills on the Whammy Clavinet and the Hammond Organ, Lachy Doley has earned a reputation as one of the most dynamic and soulful musicians of his generation. With a unique style that blends blues, soul and funk into a high-energy, powerhouse performance, his electrifying live shows have earned him a dedicated following around the world.

Tickets from Oztix.

26 FEBRUARY 2025



CARAVANA SUN

**SATURDAY 22 FEBRUARY
KINGS BEACH TAVERN**

Caravāna Sun bring their massive Aus Summer Tour to Caloundra. Known for their wild live energy and festival-ready tunes, the band is set to light up the stage with their latest track 'Hearts Awake' and plenty more. This stop on their tour promises big vibes, raw energy, and a night of music that hits you right in the feels.

Tickets from Oztix.



FAWLTY TOWERS DINING EXPERIENCE

**THURSDAY 6 MARCH
CALOUNDRA POWER BOAT CLUB**

Fully immersive, highly interactive and 70% improvised, this hilarious show is a truly unique experience that features Basil, Sybil and Manuel serving a three-course meal. **Book your tickets by calling reception on 5492 1444.**

FURTHER AFIELD



KARL S WILLIAMS & SALLY WIGGINS

THURSDAY 6 MARCH
THE PRESYNCT, NAMBOUR

Karl S. Williams and Sally Wiggins make music that is steeped in delta blues, gospel and old-time folk, with poetic sensibilities that call to mind the classic singer-songwriters of yesteryear.

Joined by Caloundra-raised songstresses Janeyheart and Skye Staniford, a trip up the Bruce Highway to Nambour is well worth it to indulge in a sound bath by these accomplished musicians.

Tickets from Oztix.

SUNSET SESH

THURSDAY-SUNDAY
OURS. BY THE BEACH

For an unforgettable summer, join the effervescent team at Ours By the Beach for the ultimate sunset sesh at Moffat Beach. Sip on refreshing beverages and treat yourself to a gourmet pizza or a mouthwatering antipasto board. There's something to satisfy every craving.

14 Seaview Tce, Moffat Beach

PUBS CLUBS BARS

MONDAY DRAG BINGO KINGS BEACH TAVERN

Bingo with a twist & tuck! Join Miss Lady Saint diva for her sing and dance along Bingo at Kings Beach Tavern. Lots of surprises (and prizes) to be won. Doors open at 6pm. Bingo kicks off at 7pm. Tickets from Oztix.

MONDAY KIDS EAT FREE KINGS BEACH SURF CLUB

Make Monday nights family night at Kings Beach Surf Club! Kids eat free with every adult meal purchased. Treat the little ones to their favourites while you enjoy a delicious meal overlooking the stunning views of Kings Beach.

WEDNESDAY TRIVIA KINGS BEACH TAVERN

Consider yourself a bit of a trivia whiz? This one's for you! With our fabulous hosts, test your general knowledge, have a laugh, and enjoy some midweek fun. Free entry, from 7pm, plus \$21 parrmys.

WED / THURS / SUN LIVE MUSICIANS KINGS BEACH BAR

Ocean views, delicious food, beverages and live tunes. See you there!

SUNDAY FUNDAY KINGS BEACH TAVERN

It's family fun day every Sunday at the Kings Beach Tavern with free face painting from 12:30pm. Book a table to guarantee your spot.

SOCIAL OUTINGS

CRAFT, CUPPA, CHAT & CARDS



WEDNESDAY MORNINGS

On the first three Wednesdays of the month, join in the activities at the QCWA Hall on Kalinga Street, Caloundra, opposite the IGA. Enjoy craft, cuppa, chats and cards from 9.30am. Morning tea is included for \$5. Bring along your current craft work in progress.

facebook.com/qcwacaloundrabranch

VALENTINES DAY PIZZA IN THE PARK

FRIDAY 14 FEBRUARY

Don't spend Valentine's Day alone. Join the friendly faces of CWS for pizza in the park at Shelly Beach.

caloundrawomensshed.org

CARDS AT BELLS ON MAIN

SUNDAYS FROM 1.30PM



If you are at a loose end Sunday afternoon join the ladies of the Caloundra Women's Shed at Bells on Main, Bulcock Street to play Canasta, Bolivia, Hand and Foot, or 500. There are board games in the cupboard too. Lots of laughs to be had.

caloundrawomensshed.org



GOLDEN BEACH COMMUNITY GARDEN

NEXT MEETING TUES FEB 11

In 2024, a group of passionate, committed locals united to create a community garden in Golden Beach. Located on the grounds beside the Pelican Waters Bowls Club, the garden is gradually developing into a shared space for everyone to enjoy. Future plans include a bore, water tanks, and an education centre. Join the group on Sundays at 8:30am at the garden or at the monthly meeting held at the Caloundra Power Boat Club.

Call 0499 737 317, or join the journey on Facebook. More information at goldenbeachcommunitygarden.com.au.



SCONETIME

LAST WED OF THE MONTH QCWA HALL, CALOUNDRA

Hosted by Sunshine Coast Foodie, Martin Duncan, Sconetime creates meaningful community connections where seniors in our community come together with family and business owners to enjoy fresh hot scones loaded with home-made jam and freshly whipped cream. Last Wednesday of the month at 10am.





OPEN
7 DAYS
10AM - LATE

AMAZING VIEWS EACH AND EVERY DAY

— Portside Cafe

- from 10am each day

— Quarterdeck Restaurant

- Lunch & Dinner 7 days a week

— Golden Sands Gaming Lounge

- 10am to late

— FREE Courtesy Bus

- every day from 11:30am

- call 5492 1444 to book

— Club Raffles

- Wednesday 7pm - tickets from 5pm

- Friday 6:45pm - tickets from 5pm

- Saturday Coast Guard Raffles 11:30

— Live Entertainment

- Fridays from 7pm

- Saturdays from 7pm

- Sundays from 12pm





CONSCIOUS LIFE FESTIVAL

1-2 MARCH 2025 | BOKARINA

Step into a world of inspiration, connection, and conscious living at the Conscious Life Festival – Queensland's most anticipated health and wellbeing event.

Two full days of soul-nourishing food, mind-expanding workshops, and live music that will move the heart and soul.

With over 90 exhibitors, it's going to be a weekend of transformation, connection, and pure celebration.

This is your invitation to break free from the ordinary and dive into an experience designed to empower, enlighten, and energise.

consciouslife.com.au

ENERGISE YOUR SPIRIT

MONDAYS 10AM-1PM
CALOUNDRA GIRL GUIDE HUT

Looking for a space to connect, grow and share? Whether you're new to spirituality or deeply on your path, join us for a vibrant weekly gathering where we engage in uplifting conversations, explore various healing modalities, share and receive intuitive readings, and build meaningful social connections. \$5 entry.

Contact Dianne on 0499 994 921.
BeyondtheBalcony.com



HEALING HUB

SUN 9 FEB / SUN 9 MARCH
CALOUNDRA INDOOR BOWLS CLUB

Healing Hub is a welcoming space designed to nurture the body, mind, and spirit with a range of readings & healing modalities. Whether seeking spiritual guidance, energetic realignment, or physical relaxation, the Healing Hub provides the tools, practitioners, and environment to help you achieve harmony and balance. Visit the website for a full list of practitioners.

Contact Dianne on 0499 994 921.
BeyondtheBalcony.com



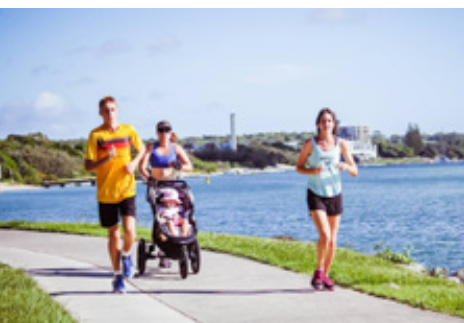
FOR THE KIDS

HAPPY LITTLE TURTLE ANIMAL EDUCATION

Located in Bulcock Street, Happy Little Turtle invites participants to connect with Australia's native animals, fostering a sense of stewardship for the environment. Believing that everyone can play a part

in protecting our unique fauna, their workshops are ideal for birthday parties, and homeschooling programs, also offering mobile demonstrations.

Explore the range of activities at www.happylittleturtle.com.au or phone 0404 459 939.



GOLDEN BEACH PARKRUN

EVERY SATURDAY, 7AM

Whatever your pace, Parkrun is a free, fun and friendly weekly 5k community event. You can walk, jog, run, volunteer or spectate, it's up to you. The event takes place at Golden Beach Esplanade, Roy Street. Register for free online before your first run. Afterwards, the group grabs a coffee in a local café along the Esplanade. Details are provided at the pre-run brief and everyone is welcome.

parkrun.com.au/goldenbeach

BIKRAM YOGA SC

4A LYNNE ST CALOUNDRA

Bikram Yoga is a series of Hatha yoga exercises, commonly known as postures or asanas. Often referred to as Beginners Yoga, it is suitable for individuals of all health, fitness, and injury levels.

All instructors at Bikram Yoga Sunshine Coast are fully qualified, having completed over 500 hours of training to achieve their certification.

The community at Bikram Yoga Sunshine Coast is friendly, inclusive, and supportive, made up of like-minded individuals who share a passion for yoga.

bikramyogasunshinecoast.com

Phone Belle on 0450 497 016.



HYROX & RUN CLUB

HYROX is a worldwide fitness race for both professional athletes and fitness enthusiasts. Designed to challenge participants of all levels, HYROX offers singles, doubles, and relay team entries, making it accessible to any body.

The race combines strength and endurance, featuring eight rounds of 1km runs followed by functional workout stations. Held indoors in expansive exhibition halls, HYROX creates an electrifying atmosphere where spectators cheer participants on.

With a consistent global format, racers compete on leaderboards and aim for the HYROX World Championships.

To train, F45 Training Caloundra runs HYROX specialty classes every Sunday and a Run Club on Fridays in Currimundi.

F45Training.com.au/Caloundra
Instagram: [@f45trainingcaloundra](https://www.instagram.com/f45trainingcaloundra)





GOLF MATES HQ

Golf Mates HQ is a premier indoor golf facility featuring cutting-edge Trackman iO 4K Simulators, a private driving room, PGA coaching, and a custom entertainment lounge—all in air-conditioned comfort. With 24/7 secure access for members, it's the ultimate space for golf enthusiasts.

Visit 2/5 Edison Crescent, Baringa, or book at golfmateshq.com.au.



Subscribe to our monthly event guide at caloundrachronicle.com
To book your GoGuide space, email: goguide@caloundrachronicle.com

RECREATION



CRUISE OUR WATERWAYS

Why travel afar when Caloundra's backyard offers so much to explore? Embark on an unforgettable journey with Caloundra Charter Company, exploring the tranquil waterways of Pelican Waters and the breathtaking Pumicestone Passage. As you cruise through these pristine landscapes, keep an eye out for sea turtles, diverse seabirds, and even the elusive dugong. Whether you are after a leisurely afternoon cruise, a golden sunset adventure, or a day packed with water activities, Caloundra Charter Company will ensure every moment is special.

www.caloundracharterco.com.au

BOAT TOURS

FISHING CHARTERS

SUNSET CRUISES



0421 752 382
Pelican Waters Marina
3 The Basin Pelican Waters
info@caloundracharterco.com.au

A LIFE SHAPED BY WATER

Lifelong water enthusiast, Wally Boor, brings his love for the ocean to his newest venture, Caloundra Charter Co., offering family-friendly fishing experiences in Caloundra.

Wally Boor has loved the water for as long as he can remember. "It's always been a happy place for me," he says. "As a child in Melbourne, in the middle of winter, I'd dive straight into the freezing cold water. No one in their right mind would do that, but there I was—this little kid with blue lips and no intention of getting out."

At just three years old, Wally reeled in three flathead in one afternoon—a moment that ignited a lifelong passion. "That sparked my love for it," he says. By the age of 10, he was cycling across town with a fishing rod and bait, spending entire days on the water.

Over the decades, Wally immersed himself in water-based pursuits: diving, spearfishing, and offshore fishing. He transitioned from being a carpenter to a dive instructor and eventually to running fishing charters. "I've fished pretty much everywhere in Australia," he says. His numerous fishing spots along the Sunshine Coast are a testament to a lifetime of dedication.

"When my wife and I moved to the Sunshine Coast in the early '90s, it didn't take long before I bought a little 13-footer and was out fishing every day after work," he recalls.



Fishing has always been Wally's refuge. "It's my go-to when things get tough," he shares. "It's not about catching the fish—it's about catching your breath."

When asked about the secret to fishing, Wally points to observation. "Reading nature, reading the water—it's almost spiritual. You've got to be observant. You learn to feel it. Sometimes I'll head out with no plan, but as soon as I'm on the water, I just know. I'll look left, look right, and think, 'That way.' And it usually works."

He also believes fishing is a valuable teacher for kids. "It gives them focus and keeps them out of trouble," he says, fondly recalling his son's early days fishing alone on the river—a passion that remains strong to this day. "Once it gets you, it owns you—in the best way."

For now, Wally's focus is on family-friendly fishing, sharing the joy that the water has always brought him. "Fishing levels everyone," he says. "It's about connecting—with nature, with yourself, and with each other. That's the real magic."



Set S.M.A.R.T Goals

with Janice Johansen

Goal setting is a powerful tool to help us create a vision for our future. Goals motivate, re-energise, and give us something to look forward to. By planning with intention and implementing actionable steps, embrace the SMART approach to achieving your goals.

S Specific: Clearly identify your goal. Rather than saying "I want to get healthier" make it actionable with "I want to exercise for 30 minutes, five days a week."

M Measurable: Instead of saying "I want to save this year," specify the amount of money you would like to save and how much you will put aside each week.

A Achievable: Make your goals challenging, yet realistic enough to achieve. If you're not super fit, entering iron man or woman may not be feasible, though entering a more reasonably paced triathlon would.

R Relevant: Align your goals with your personal values. Reflect on what's important to you and how it contributes to your personal growth.

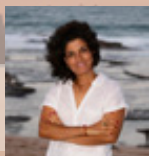
T Time-bound: Set dates for when you would like to achieve your goals. For example, "I want to sign up for a TAFE course in early January 2025, and complete it within the course timeframe."

Rather than having too many goals, focus on those that are the most important and will have the most impact. Write them in a diary that can be referred to regularly. This is an excellent way to measure how you're travelling and re-assess if necessary.

It's always interesting to look back on goals from the previous year - seeing what you've achieved, if your goals are still relevant, or if they've changed. Ticking off goals brings a sense of accomplishment, satisfaction, and self-confidence. However, goal setting is not just a to-do-list. It's about reflection, purpose, progress and finding your joy.

Discover more:
chrysaliswellness.com.au

Janice Johansen is a Wellness Coach with a holistic approach to nurturing mind, body, and spirit.



Chrysalis Wellness Coaching
"Spread your wellness wings"

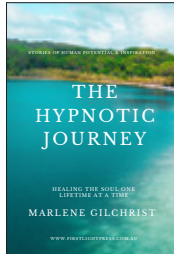


chrysaliswellness.com.au

Your Story Immortalised

with First Light Press

Everyone has a story worth sharing—a journey filled with unique experiences, lessons, and triumphs that can inspire others. Your life, with its twists and turns, is a legacy waiting to be preserved and shared.



Whether you've overcome challenges, achieved remarkable success, or simply lived a life of quiet strength, your story holds the power to connect, heal, and motivate.

If you've ever thought, "My story could make a difference," now is the time to turn that thought into reality. I specialise in taking the rich details of your life and transforming them into a beautifully crafted novel that reflects your voice, your truth, and your journey. Perhaps you would like to leave a legacy for your family, inspire others with your resilience, or simply see your life in print. Together we'll explore the moments that define who you are. No matter how big or small you think your story is, it matters. Your life deserves to be celebrated, and your story deserves to be told. Let's turn your journey into a novel that will stand the test of time and inspire generations to come.

Call Claire for a chat 0466 048 383 or email clairepolanski@gmail.com.



Crime, Family, and a Caloundra Connection: *Nowhere Else to Go*

Looking for a captivating read with a local touch? It's a rare treat to come across a book set in your hometown—especially one earning glowing five-star reviews on Amazon. Dani McDonnell's *Nowhere Else to Go* is exactly that gem.

With an intricately woven plot and richly developed characters, the story takes readers on a journey through Caloundra, Brisbane, Italy, and New Zealand. McDonnell's own family ties to Caloundra bring an authentic connection to the area, adding depth and realism to the setting.

Fans on Amazon praise its 'many twists and turns' and commend the author for tying up every thread in a satisfying conclusion.



NOWHERE ELSE TO GO

Moreton Bay author Dani McDonnell brings you this multi-faceted crime drama set across Sunshine Coast, Brisbane, New Zealand and Italy.

When two families become entwined in a complex web of corruption, deception and murder, it's inevitable that some won't survive. But, will those who suffered the most have their chance to exact revenge?

'Clever and insightful plot; wonderful debut novel by Brisby local.'

'I devoured it; what an absolute page-turner!'



Available at [Amazon.com.au](https://www.amazon.com.au)



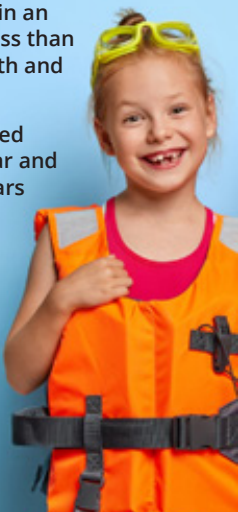
With Jerry Jurczak

New Life Jacket Rules

A lifejacket is an essential safety device that can save your life. Always wear your lifejacket before setting out on your trip. Remember, putting on a lifejacket in the water during an emergency is much more challenging.

From 1st December 2024 wearing a lifejacket is compulsory:

- when alone or accompanied only by children under 12 years in an open boat less than 4.8m in length and underway.
- during the crossing of a designated coastal bar in an open boat, as well as in any open area of a boat of any length, and on certain craft.
- while boating between sunset and sunrise in an open boat less than 4.8m in length and underway.
- children aged over one year and under 12 years must wear a lifejacket when on an open boat or in the open area of a boat of any length while it's underway.

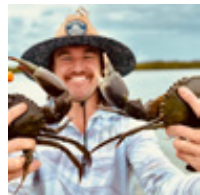


QF4 CALOUNDRA | (07) 5491 3533

Pumicestone Passage Pirates - Join the Adventure

With Shane 'Fixo' Fixter

As the captain of the Pumicestone Passage Pirates, I've seen firsthand the power of the passage not just as a fishing spot, but as a place of community, healing, and adventure. Our group, founded on the principles of inclusivity, conservation, and camaraderie, has grown to over 13,000 members who share a deep respect for the waters and each other.



Each month, we'll be sharing tales from the passage—highlighting the beauty of fishing, crabbing, and prawning, while ensuring we're conserving the ecosystem. For us, fishing is more than a hobby; it's a way to connect with nature and each other, and it carries immense health benefits.

Take for example the story of one of our young members, Hunter. Coming from a tough background, he initially found it difficult to integrate with the group. But after a few mornings on the water, casting his line, and learning from experienced fishers, he's gained confidence, purpose, and pride in his contributions. This is what the Pirates are all about: fostering connection and promoting wellbeing through the love of fishing.

In the months to come, we'll delve into tips and tricks for fishing the passage, profiles of our amazing members, and our mission to protect this vital waterway for future generations. So grab your rods, your bait, and your adventurous spirit—there's so much more to explore with the Pumicestone Passage Pirates.

The Pumicestone Passage Pirates is a passionate community united by our love for the water, the land, and the people who call this place home. We are adventurers, educators, conservationists, and advocates, sailing together with a shared vision to protect, empower, and inspire.

Learn more at:
pumicestonepassagepirates.com.au

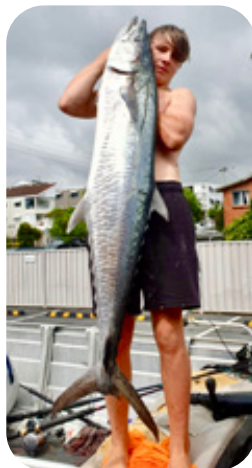
CATCHES



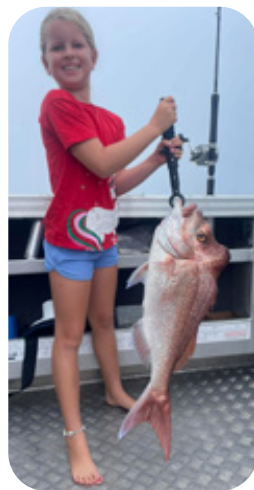
Brad with a ripper snapper



Maddox with a great spotty mackerel



River got this cracker
Spanish mackerel



Pip and her PB snapper



TIPS, RIGS & TECHNIQUES

With Granny & Orry

Each month the team at Caloundra Fishing World will bring you tips, rigs and techniques to help you catch more fish locally.

RUNNING BALL SINKER RIG

First cab off the rank is a very simple but effective running ball sinker rig. This is the stock-standard estuary rig for species like whiting and bream.

Start with a small running ball sinker on your main line. The size will depend on water depth and current, but a size 1 to size 3 is generally ideal. Then, attach a small barrel swivel, size 9 to size 12. Use 60cm to 100cm of light leader between the swivel and the hook. A 6lb to 8lb fluorocarbon leader is ideal.

Next, attach a hook suitable for the bait you're using. A number 6 to number 2 hook works well for local estuary species with baits such as worms or prawns.

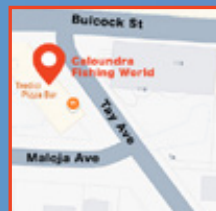


Fresh Bait | Live Worms | All Major Tackle Brands | Rod & Reel Repairs



FIND US HERE

7-9 Tay Ave Caloundra
CALL (07) 5491 4566



See Granny & Orry for friendly service and expert, local knowledge

PLUMBING

**MICK BURKE
PLUMBING**

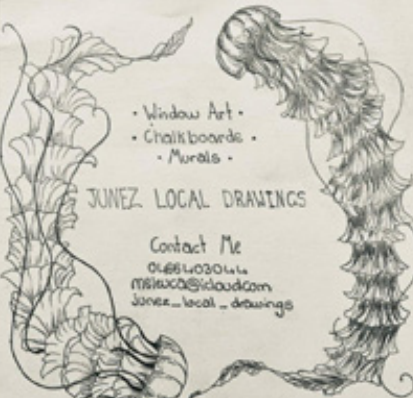


**QUALITY SERVICES
CALOUNDRA**

0407 738 025

QBCC 1162630 Lic No 19698

DECORATIVE ART



• Window Art •
• Chalk boards •
• Murals •

JUNEZ LOCAL DRAWINGS

Contact Me
0466 140304
mike@junezlocal.com
junez...local...drawings

ADVERTISING

**TRADES & SERVICES
DIRECTORY**

Get your trade or service in our
Caloundra Business Directory,
and get your business in front of
our local audience.

Caloundra Chronicle

PHONE 0411 115 141

ELECTRICAL



**Hi, I'm Grant
Your Reliable
and Local
Electrician**

0438 082 249

HOME MAINTENANCE



**MURCHIE'S
PRESSURE
CLEANING**

CALOUNDRA

0406 585 753



**SMASHING YOUR
TO-DO LIST!**

0405 160 912



ZEN BEDS

Inspired by Japanese style and Quality



Authentic Handmade Futons



Handmade Beds & Sofas



Quality Latex Mattresses

Experience the difference quality craftsmanship, natural materials & minimalist design can make

Bring in
this ad for a
10% discount
on all beds,
sofa beds and
natural
mattresses



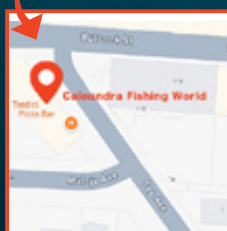
FOLLOW US ON FACEBOOK, TIKTOK & INSTAGRAM FOR REGULAR UPDATES



- ✓ **Locally owned small business**
- ✓ **80 + years combined local experience**
- ✓ **Friendly personalised service**
- ✓ **Open 7 days - 364 days a year**
- ✓ **Best bait on the Sunshine Coast**
- ✓ **Live worms**
- ✓ **All major tackle brands**
- ✓ **Rod and reel repairs**



FIND US HERE



7-9 TAY AVE CALOUNDRA CALL (07) 5491 4566